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Portugal risks breaching budget limit in 2010

Portugal's budget gap will break the eurozone limit of 3 percent of the GDP in 2010 unless government policies change, the European Commission said this week, but there is sufficient time "to adjust these figures." (See P. 3)

Exclusive: Oporto about to burst on the scene

Oporto City Hall Councillor for Culture, Tourism and Leisure, talks **The Portugal News** through new developments that are expected to launch Oporto to the top of the international must-see city list and at the same time boost tourism figures, which have a tour steadily, flourishing. (See P. 4)

Portugal hails Obama victory

Prime Minister José Sócrates has congratulated US president-elect Barack Obama on his milestone victory in America's presidential race, hailing Obama as the "voice of hope" whose election "represents an opportunity of change for the US and the world." (See P. 5)

"2009 will be bad for aviation, but not for low cost"

Just days before Ryanair announced a 47% drop in profits from its Half Year results 2008, **The Portugal News** conducted an exclusive interview with Ryanair's charismatic head of marketing, Daniel de Carvalho. (See P. 9)

Seven day weather outlook

Lisbon: The capital will enjoy a near cloudless week ahead with temperatures sitting consistently around the 20° mark. Faro: The Algarve will experience spring-like weather for much of next week, with temperatures at night no lower than 12°, while maximums will exceed the 20° barrier. Oporto: The north will not have similar fortune to regions further south, with weather being cold and rainy for much of next week.











Substantial interest rate cut set to be followed by more in December and next year



A Bank of England employee looks out between the iconic columns in London, as the Bank and its counterpart in Europe both announced interest rate cuts of 50 basis points on Thursday, the rate in England fell to 3.0% while the rate in the Eurozone was slashed to 3.25%. (Photo: EPA/Andy Rain)

State nationalises troubled Portuguese bank



Portuguese bank Banco Português de Negócios (BPN) has been nationalised by the Lisbon Government after running up accumulated losses of 700 million euros, the Lusa News Agency reports



BPN Chairman Miguel Cadilhe after a press conference on Monday when he criticised the Government's decision to nationalize the bank. (Photo: Lusa / André Kosters)

of BPN at the weekend, Lisbon's Minister, Fernando Teixeira dos Santos said he had rejected a rescue plan for the bank because it was not in the best interests of Portugal's taxpayers. BPN's problems lay in financial operations of "dubious legality," the Minister said.

Portugal's state-owned Caixa Geral de Depósitos (CGD) bank has taken over management of BPN. The bank's nationalisation was the first state acquisition of a bank since the flurry of state takeovers in the wake of the toppling of Portugal's dictatorship in 1974. Meanwhile, Cape Verde has called for the establishment of an international financial market in the islands and a change to laws relating to activities of offshore funds, Economy Minister Fatima Fialho said Tues

Praia said it has no concerns about this week's nationlisation of BPN and reports that a Cape Verde bank was involved in deals that resulted in the takeover of the troubled bank, she added.

For years, Praia has reiterated its objective of hosting a global financial centre by attracting private banks and international financial institutions, or IFIs, banks chartered in more than one state and, consequently, subject to international law.

Fialho said her Government wants to make the archipelago a financial centre with a "highly credible jurisdiction" over offshore banks, many of which are Portu-

Questioned on Cape Verde's Banco Insular and its possible involvement in the recent problems of BPN bank Fialho said investors had nothing to worry about "in relation to business carried out in Cape Verde.'

Some media reported the Cape Verde bank had shadowy or even possibly illegal dealings with BPN.

Marxist economics not the answer says PM

Reacting to calls from some Latin American leaders for a return to Marxist government to tackle the world's financial woes, Portugal's Prime Minister, José Sécrates, says so-called state capitalism died with the fall of the Berlin Wall as it offered neither freedom nor prosperity.

Prime Minister Sócrates told the Ibero-America summit late last week in the El Salvador capital: "I want to say clearly that [the international financial crisis] is the failure of thinking and of a single model...But this model is the second one to be defeated.

"There was one that failed around the year 1989. And if wild capitalism is today showing its deficiencies, which must be corrected, state capitalism proved at other times that it didn't offer freedom or pros-

The Portuguese leader's comments were in direct response to earlier calls from the Presidents of Bolivia and Nicaragua, Evo Morales and Hugo Chavez, respectively, for the resurrection of Marxist-style management of national economies.

The world's present eco-nomic turmoil is "serious, pro-found and global and nobody will emerge unscathed," Prime Minister Sócrates told leaders from 22 Spanish-speaking states in Latin America, Brazil and his country's Iberian neighbour, Spain.

Citing British economist J.M. Keynes' advocacy of state economic intervention, Socrates said the current turmoil in financial markets offers an ideal opportunity to reform world financial bodies like the IMF that have clearly failed to meet their responsibilities.

The world wide economic slowdown and financial and banking market collapse "has already ceased to be a problem of banks to become a problem for families and firms.

"Everything must change and all will change," said Socrates, stressing: "This is not an era of change, it's a change of

Prime Minister Sócrates also expressed relief over his country's adoption of the EU's single currency.

"I don't want to think about what this crisis would mean for Portugal is we weren't in the euro zone."

Ibero-American heads of state and government wrapped up their three-day meeting Friday by inking a slew of accords in areas including health and employment, the two flagship themes of the San Salvador summit.

The bloc's next summit takes place in 2009 in Cascais, Portugal under the banner 'Innovation and New Technologies' at a venue to be announced by Prime Minister Sócrates at the close of the El Salvador gathering.



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lawyers hired by his employers. The accident took place on October 20th at around 22h40, near Sandbach, 60 kilometres south of Manchester, on the M6 motorway, which is known for being the longest and one of the

The Portuguese truck driver

who was accused of killing a fam-

ily of six with dangerous driving

following a horrific accident on

the M6 has been told by British

courts he will be spending the next

few months in prison until a sec-

ond hearing is held on January

this week, on November 4th, and

resulted in a prolonging of the case.

the funeral of the six members of

the Statham family who were

Silva, who lives in Murcia, Spain

and works for Spanish company

Transportes Caballeros, is being

defended by Spanish and UK

The driver, 46-year-old Paulo

killed in the crash.

It was held on the same day as

A preliminary hearing was held

13th, 2009.

busiest motorways in the UK. On the night in question heavy rain fall had caused another accident on the same stretch of road, a few hours prior to the Portuguese driver's incident, in which well-known British rugby player David Myers was killed.

According to Paulo Silva's son, no warnings were posted on

swerved to avoid hitting an obstruction on the motorway, colliding with a Toyota people car-

Portuguese truck driver to spend Christmas in British jail

Travelling inside the Toyota was a family of six, David and Michelle Statham, aged 38 and 33 respectively, and their children Reece (13), Jay (nine), Mason (20 months) and ten-week-old Ellouise. All six were killed instantly.

The newborn was reportedly not immediately accounted for as her body was too small to be identified in the wreckage.

Three other vehicles were involved in the smash, including a cargo-carrier and a heavy duty lorry, which due to the impact were forced off the road.

Witnesses described the Toyota as looking like "a piece of mangled tin, folded like a concertina".

Four members of police and rescue teams needed psychological assistance after working on the crash.

In British law, the driver can only be accused of 'dangerous driving' if it is proved he was driving in an 'obviously dangerous manner, and 'well below the level expected of a competent and care-

However, the Portuguese driv-

er's tachograph disc, which registers rest times and speeds and which could have contributed significantly to his defense, was completely destroyed in the

"In the UK there is a preconception about continental lorry lish believe that they are a danger because foreigners are only used to driving on the 'wrong' side of the road'

Paulo Silva is currently being held in a hospital wing in Walton prison, near Liverpool.

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EU says Portugal risks breaching budget limit in 2010



Portugal's budget gap will break the eurozone limit of 3 percent of the Gross Domestic Product in 2010 unless government policies change, the European Commission said this week, but there is sufficient time "to adjust these figures."

EU Commissioner for Monetary Affairs Joaquin Almunia, presenting the bloc's twice-yearly economic forecasts, said the expectation for Lisbon to breach the three percent limit in 2010 should be viewed with caution, given present global uncertainty, the timeframe involved and also because the predictions are based on "unaltered policies", the Lusa News Agency reported.

Brussels will open talks early next year with Lisbon on its fiscalpolicies, the Spanish commissioner added, and "there is more than enough time to adjust these figures."

The EU's autumn forecast said Portugal's budget deficit will grow from 2.2 percent this year to 2.8 percent in 2009 and 3.3 percent the following year. Brussels' prediction for 2009 is based on the draft budget proposals for next year presented to Portuguese MPs a fortnight ago.

EU diplomatic sources told Lusa the gloomy GDP forecasts for the coming year are based largely on a downward revision of Portugal's growth prospects due to plummeting domestic demand. Brussels forecasts that Portugal's GDP expansion will slow from 0.5 percent this year to 0.1 percentin 2009, lowerthan predicted by Lisbon.

The EU said Portugal's jobless rate in 2009 will be 7.9 percent, higher than the 7.6 percent forecast by Lisbon and the IMF's 7.8 percent.

The EU had earlier in the week said that growth in the EU had slowed almost to a halt.

The European Commission's latest economic forecast projects a sharp drop in EU growth to 1.4% in 2008 (half the 2007 figure), 0.2% in 2009 and 1.1% in 2010 (with Eurozone figures slightly lower at 1.2%, 0.1% and

0.9% respectively). These figures are lower than the spring forecast.

The slowdown will however help ease inflationary pressures, the Commission said.

In addition to oil prices falling, there is less risk of knock-on effects triggering higher general inflation, it added in a press statement.

Employment is expected to increase marginally in 2009-10, while six million new jobs were created in 2007-08. The unemployment rate is expected to rise by about 1 percentage point between 2008 and 2010.

The worsening economic outlook looks set to eat into public finances. Overall, Government budget deficits are expected to increase from under one percent of GDP in 2007 to 2.6 percent in 2010 – assuming no policy changes. For the eurozone, deficits are forecast to reach 1.3 percent this year and two percent in 2010. But public finances – and public debt in particular – are hard to predict with confidence, due to uncertainties over the fiscal implications of Government rescue packages.

The economic situation is exceptionally shaky at present, warned the EC, in the wake of the financial crisis which deepened and broadened rapidly this autumn. There is a significant risk that these forecasts may have to be revised downwards.

The Commission publishes economic forecasts four times a year. The comprehensive spring and autumn forecasts cover growth, inflation, employment and public budget deficits and debts for all EU countries. The smaller interim forecasts – published in February and September–review developments since the preceding forecast.

Photo above right: European Monetary Affairs Commissioner, Joaquin Almunia during a news conference on Autumn Interim economic forecast at the EU headquarters in Brussels, Belgium, on Monday. The 15 countries using the euro have slumped into a shallow recession in the face of the worst financial crisis in generations, the European Commission has estimated. (Photo: EPA/Olivier Hoslet)

Galp drops fuel prices again

Portugal's largest fuel supplier and Spanish company Cepsa on Wednesday announced they had cut the cost of refueling at the pumps.

Galp reduced the cost of unleaded fuel by two cents, which now costs €1.249 a litre, while diesel went down by one

cent to €1.149 a litre.

CEPSA implemented similar cuts, with unleaded fuel costing €1.252 a litre and diesel dropping to €1.146 a litre.

to e1.146 a litre.
The cost of fuel at Total is exactly the same, as the company forms part of CEPSA Portugal.





news

Oporto about to burst on the scene



Dr. Gonçalo Gonçalves, Oporto City Hall Councillor for Culture, Tourism and Leisure, in his office overlooking one of the city's many impressive monuments.

For years, and while the rest of the country has been neatly organised into agglomerated regions, each promoted by their own respective tourism board (such the Algarve's 'RTA' Regional Tourism Board, and Lisbon's 'ATL' Lisbon Tourism Association), the northern region of Oporto and its metropolitan surroundings have been left to their own devices, dancing along to the tune of 'each to their own', resulting in regional promotion that is neither unified nor uniform. That is all about to change. Dr. Gonçalo Goncalves, Oporto City Hall Councillor for Culture, Tourism and Leisure, talks to **The Portugal News** through new developments that are expected to launch Northern Portugal to the top of the international must-see regional list and at the same time boost tourism figures, which have actually been quietly, but steadily, flourishing.

"Regrettably, what happened until recently was that mainland Portugal was divided into 17 different regions of tourism, with official entities, and Oporto wasn't covered by any of them. Up here each City Hall promoted its own tourism", explains Dr. Goncalves.

This inevitably prevented the metropolis of Oporto from projecting any sort of powerful im-

However, during the country's latest legislative period, the Government trimmed those 17 regions down to just five, causing all of Oporto's municipalities to unite in agreeing their region needed one, solid association to promote Northern Tourism.

As of next year this will be the job of the newly-created ACP, an association comprising the re-

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gion's 16 municipalities plus private investors from the restaurant and hospitality trades.

"Only now will this geographical area of Oporto and its metropolitan region be equipped with such an entity. We here at the City Hall were very involved in that law change because we felt it made no sense at all for our region's tourism to be divided to such an extent, with each region promoting a different brand. All 16 municipalities had decided that nationally and internationally we needed to promote one single brand.

"As long as we are all rowing in the same direction we will all benefit", he argues.

Despite northern tourism previously lacking structure, Oporto City Hall figures show that the region is in fact flourishing, "For the most diverse reasons".

There is no doubt in the councillor's mind that Sá Carneiro Airport and its recruiting of low-cost airlines, especially Ryanair, has contributed significantly.

Ryanair now operates 14 different routes from Oporto's Sá Carneiro Airport, which last year welcomed nearly three million passengers.

The number of passengers arriving at Sá Carneiro reached a peak in 2006, though somewhat dwindled in 2007, even though the number arriving from Europe has constantly increased.

"Nowadays tourism is dependant on air passengers and the arrival of aircraft. The Sá Carneiro Airport still has ample room for expansion, and it is used by many Spanish.

"But we here, up north, are very concerned with what may happen should our airport become privatised along with Lisbon's new airport.

"We consider ourselves to be a very interesting city, with lots to offer", said Councillor Gonçalves.

"The Algarve has golf and beaches, Lisbon is the capital, it attracts a lot of business travel and culture seekers, but this region is home to World Heritage. We have the historical centre and the Douro River, which are both classified as Human Heritage sites. We have a nice climate, not comparable with the Algarve, but when compared with the rest of Europe we have a good climate. We have good gastronomy, safety, and even religious and rural tourism, all within one hour's drive".

While its main market is the

national market, Oporto also draws much of its business from Spain, its second largest tourist market.

"Due to our proximity, it is relatively easy to bring our 'brothers' to Oporto. In the metropolitan area of our city there are an estimated 1.8 million habitants. Just an hour away by car is a region that has six million people".

Other unique points of interest are Oporto's University, which is the largest in the country and also contributes to tourism by organising international conferences, and the 'Casa da Música', an auditorium said to have the best sound quality in the world.

A survey carried out by Porto Turismo asking visitors what they considered to be the most characteristic regional icon revealed that 28 per cent believed it was Oporto's most famous export, port wine, and that an impressive 74 per cent had visited the Oporto wine caves.

At present Oporto's historic city centre is undergoing an upgrading that is expected to last years and will cost investors, mainly private financers, many millions of euros.

But one of the most significant boosts to drawing in international tourists is yet to happen.

In 2009, construction is to commence on a port for international cruise ships to dock, in Matosinhos, Leixões, which is hoped to be complete by 2012.

The councillor quips, "We are here on the coast and we just watch thousands of ships sail right on by".

Even so, this year's figures for the region are looking positive. According to data from the

According to data from the National Statistics Institute, total revenue for hospitality in the north rose by 1.8 per cent in the month of August, in comparison to August 2007, taking an approximate €24.4 million and being one of a few regions to report good news.

But Councillor Gonçalves believes there is always room for improvement.

"We have the necessary conditions to improve. I think for a while we lost the spirit, and for some time this country thought the Algarve, Lisbon and Madeira were its only tourist destinations. Today other destinations are being looked at with greater care.

Thanks to the fruits of modernity, any region can reinvent itself and that is the path to tourism development.

"This region has something very distinct to offer, and it has something for everyone. If we add low-cost flights to the formula, which is something we should invest in, then Oporto becomes the ideal destination for a two or three-night break. People don't go to the Algarve for a weekend break, they go for at least a week, but this region has everything necessary for the perfect short break".

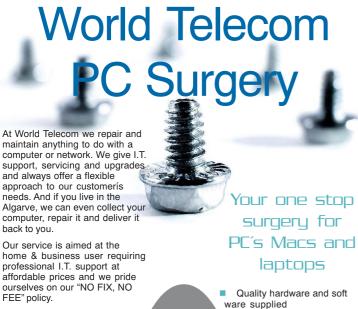
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A view of the City Hall building, in the heart of Oporto city centre.



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Portugal hails Obama's historic US presidential victory

congratulated US president-elect Barack Obama on his milestone victory in America's presidential race, hailing Obama as the "voice of hope" whose election "represents an opportunity of change for the US and

Obama election win offers hope for Africa, Cape Verde

Prime Minister José Maria Neves of Cape Verde said Wednesday that the landmark US election victory of Barack Obama now offers Africans the chance to say "yes, we can", the Lusa News Agency reported on Wednesday.

Barack Obama's victory in Tuesday's presidential polls gives Africa, "this tortured continent that needs radical and profound change," the chance to echo Obama's pithy campaign slogan and also say 'yes, we can', said Prime Minister Neves.

"We can transform ourselves into a more modern, stable and democratic Africa that is able to offer all its wealth to the service of all Africans."

The election of America's first black president is "a victory for the future, for youth and for the US and the world," added Cape Verde's leader. It also offers a chance "to build a new Africa with peace, stability and dialogue with the rest of the world."

Prime Minister Neves departed Praia on Wednesday for the US to visit representatives of Cape Verde's expatriate community. Many of these immigrants set up committees to support Obama's successful election campaign, said Neves

"I've always called on Cape Verdeans and their offspring...to have an active political life, as I know they will only be good Cape Verdeans if they are also good Americans.

Neves predicted Obama's leadership will improve the prospects for immigration of immigrants to the US



Democratic presidential candidate Barack Obama addresses a crowd at Grant Park in Chicago, Illinois, USA, to celebrate his victory on Election Day, 04 November 2008. Obama defeated Republican presidential candidate John McCain to become the 44th President of the United States and the first black president in US history. (Photo: EPA/Tannen)

Barack Obama's election victory, added Portugal's Socialist head of government, "also represents the possibility of a new stage in relations between the US and Europe in the service of peace, cooperation between peoples and more just and regulated globalisation."

Meanwhile, Portuguese President Cavaco Silva, in a letter sent to Obama, said America's next president will make a "decisive contribution to necessary coordination of efforts at international level" to confront the challenges being faced by the world.

Cavaco Silva, a former twoterm prime minister and Portugal's first conservative president. also expressed confidence in Obama's mandate to oversee a tightening of relations between Lisbon and Washington in many

Portugal's large US-based expatriate community is "an important link between our two countries," added Portugal's President.

Democratic Senator Barack Obama, 47, was elected in Tuesday's polls as the first black president of the US. His rival, John McCain, urged his Republican supporters to lend their goodwill to the incoming head of state.

French EU Presidency statement on US electionresults



The Presidency of the Council of Ministers of the European Union sends its warmest congratulations to Mr Barack Obama. President elect of the United States of America.

More than ever, Europe has followed avidly the US election campaign: firstly because American democracy brings great ideas and ambition and generates great debates; above all because Europe needs an America fully engaged in dialogue and coopera-

Because the world aspires to eace and stability, the European Union sees in this election the promise of a reinforced transatlantic partnership, a partnership that serves the universally shared values that inspire the people of Europe and the United States, a partnership that will enable us to face together the challenges of the 21st century.

The European Union is ready to work closely with Mr Barack Obama and his administration and to make concrete proposals at the appropriate time, in a spirit of mutual trust and dialogue

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Obama can help resolve MidEast and other conflicts - Ramos Horta



East Timor President, José Ramos Horta on Wednesday praised the landmark US presidential election victory of Barack Obama, saying the incoming Washington administration will play an important role in resolving the Israel-Palestine conflict and mediating in other world

But "from a moral point of view", America's president-elect should first turn his foreign policy attentions to "the Burma issue" before dealing with the Middle East situation, said Ramos Horta.

And Barack Obama's overriding priority as president will be the current financial turmoil afflicting the US. Timor's leader, a joint Nobel Peace Laureate in 1996, acknowledged too the enormous

weight of global expectation on the shoulders of America's first black president.

"It's is a huge agenda for one man. So we all must be patient and give him time." TPN/Lusa

Son shoots mother for drug money



A fourteen year old boy shot his mother in the head last week as she refused to give him money to fuel his addiction to cannabis. The teenager's uncle was also shot in the leg in the quarrel that took place in Travanca. Amarante, on 28th October.

The criminal's grandmother was outraged by his actions: "I don't understand what is going on with that boy, he has only given trouble. He doesn't go to school, doesn't want to work and just thinks of asking for money to buy drugs" she said, adding that since he began smoking cannabis he has become extremely violent "He was always a troubled child, but now he is unbearable" she was quoted as

telling the Lusa News Agency.

The boy's mother had just finished cooking him his meal when he asked for drug money. Ana Rosa, 45 years old, did not grant him his wish once again and he went crazy, screaming and smashing dishes, throwing his dinner on the floor and breaking a door. His mother ran to her mother's house next door and the boy followed them with a gun in his hand. On his way

over there he shot his uncle in the leg as he attempted to stop the boy from doing anything foolish. When Manuel arrived at his grandmother's house, he shot his mother in the head: "There was blood everywhere and the bullet hit my daughter's eye" said Laura, the grandmother

Fortunately the shot was not fatal and the mother was taken to Padre Américo Hospital in

Penafiel, together with her brother. The mother was later transferred to Oporto as she needed eye surgery and is now in a stable condition.

Manuel was caught by the local GNR and sent to a relative's home for the night. He was not arrested as he is a minor: "Somebody is going to have to find a solution for the boy, because he can't stay here" said the boy's grandfather.

Suspected robber arrested 15 times



PJ police in Lisbon have arrested a man believed to have carried out an armed robbery, of which a psychologist was the victim. It is the 15th time in recent years that the suspect has been arrested.

A PJ press release states the victim was stalked, held at gun point, and fleeced of €300.

On his arrest, police seized a hammer from the suspect, allegedly used for breaking car windows, and two weapons.

The press release read "The 29-year-old suspect has a vast criminal history and a record, particularly concerning thefts and armed robberies, and over recent years he has been arrested more than 15 times. There are strong indications he is a hard drug addict (cocaine and heroin)".

Lisbon's PJ police have, since the beginning of this year, made more than 150 arrests relating to violent crimes, with prison sentences being given to around 48 per cent of those arrested.

DRAG YOU DUNN NO THE PORT OF T

Handicapped man 'scissored' to death by A 38-year-old man from Macieira, Lousada, was stabbed to death with a

drinking buddy

The suspect, named as Ricardo Moreira, was reportedly an acquinatance of the victim's. He confessed to the crime shortly after carrying out the attack, allegedly bragging about his actions in the café where they had both been drinking that same day.

Despite being arrested by local GNR the suspect was not able to give a reason for murdering his supposed friend.

Locals are said to be in shock over the attack, and no one can explain why it happened. It has emerged the suspect narrowly escaped a public lynching.

Carlos Ferreira da Costa, the victim, lived alone and suffered from serious physical impediments and speech difficulties. He ate lunch and dinner every day at the same establishment, Café Requinte.

He was, however, described by neighbours and residents as a popular local, being something of a village mascot.

It was after he left Café Requinte, alone, at around 19h00 on Sunday evening that the attack took place. Before going home Carlos Ferreira da Costa is believed to have stopped off at another café, Café Palmeira, where he met his presumed attacker and where they had been drinking a beer ear-

lier that afternoon.

Described by locals as a 'delinquent', teenager Ricardo Moreira is notorious in the area and is believed to be responsible for a number of thefts.

The owner of the establishment, Paula Moreira, recounted, "They had both been here earlier that afternoon, and had had

a beer each".

whom he had been drinking a beer just moments earlier.

Later that evening, before the Benfica football game, they met up again but this time "they didn't ask for anything and both seemed pretty calm". Before the kick-off the two headed off in the direction of the victim's house, but after the game only the suspect returned, with blood on his hands and clothes, and confessed to a customer that he had killed Carlos Ferreira da Costa.

pair of scissors by an 18-year-old youth, also thought to be a local, with

He reportedly bragged about

killing the victim, telling another of the clients to "go and see if he's not full of holes".

"But he was so calm and he is known for telling lies" said Paula Moreira, "So nobody believed him"

Eventually, after the youth left Café Palmeira, one of the clients did go and check and found the man on his bedroom floorcovered in blood.

The GNR were called immediately and detained the alleged murderer around 01h00.

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News



Franco wanted to declare war on

Portugal



It has recently emerged that Spain was ready to declare war on neighbouring Portugal to stem the perceived threat of communism during the final months of General Francisco Franco's dictatorship.

According to declassified documents held in the American National Archive and made public on Monday via Spanish daily newspaper El Pais, General Franco sought advice from the US about a war with Portugal and Carlos Arias Navarro, the last Spanish prime minister to serve under General Franco, met with US officials to garner support for such a move.

Newspaper El Pais, revealed that General Franco's government was 'deeply concerned' by events across the border following the 'Carnation' Revolution of April, 1974.

The revolution, a 'pacific' overthrow by the Left which put an end to Portugal's authoritarian regime and let the nation free, set on the path to democracy, reportedly ignited worries that General Franco's own regime could go the same way.

Mr Arias privately assured the Americans that "adequate precautions" were being taken to prevent "the events in Portugal from spilling over the Spanish border," a report at the time claims.

Six months before General Franco's death in November 1975 his prime minister met with the US deputy Secretary of State to express Spanish concerns and win backing for a military intervention.

In a report concerning the meeting in March 1975, diplomat to the then Secretary of State Henry Kissinger, Robert Ingersoll, wrote "Portugal posed a serious threat to Spain, not only because of the way the situation there was developing, but because of the foreign support it might ultimately receive, which could be hostile to Spain,".

In his report Robert Ingersoll summarised, "Spain would fight the anti-communist battle alone if necessary but it hoped that it would have the cooperation and understanding of its friends, not only in the Spanish interest but in the interests of all who think



The Carnation Revolution in Portugal on 4th April 1974 - armed forces in the Largo do Carmo in front of the GNR headquarters. (Photo: Lusa)

PM Sócrates backs Spain's call for invite to upcoming

G20 meet



Portuguese Prime Minister Jose Socrates has backed Spain's demands to attend a meeting of the G20 group on November 15th in Washington to address reform of the international financial system, the Lusa News

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Multi-force takes part in EU antiterror exercise in

France

in an EU southern with chemical and biological weapons

The 17-member Portuguese team has been drawn from the National Author (ÅNPC), the Air Force and the National Institute of
Emergency Medicine (INEM), the group's chief Codeco, told Lusa.

Dubbed EU Terror Attack, the exercise, which involves the participation of other EU member countries, started on Wednesday and ends this weekend in the French cities of Toulon and Canjeurs.

Speaking at the annual Ibero-American summit in El Salvador, Prime Minister Sócrates told fellow leaders: "It is of the greatest importance that Spain is present at the G20 meeting".

The G20 group comprises 19 of the world's biggest economies. Spain's economy is ranked as the world's 10th largest. Some analysts say Washington's snub to Madrid is in retaliation for the decision to withdraw troops from Iraq after the election victory of Prime Minister José

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Various people experiment prior to the annual European Day Without Cars, by enjoying the Oeiras marginal which was cut off from motor traffic. (Photo: Lusa / André Kosters)

Cost of diesel cars set to soar

to become more expensive next year following revelations that the Government has opted to push up the car tax on these cars by up to 26 percent, while unleaded cars will experience increases of no higher than ten percent.

Over the past ten years, the sale of diesel cars in Portugal has outweighed that of unleaded cars by a ratio of 3 to 1. Penalising these cars by implementing highertaxes, is a sure way for the state to boost its coffers.

According to calculations by analysts, many top-selling diesel models are to become costlier by around €1,000, while unleaded cars can expect no bigger increase than €200 on the final price tag in

Previously, the government also awarded a discount of €500 on diesel cars with particle filters, but with this becoming increasingly standard on these cars, this In essence, all diesel cars will be subjected to a price increase of at least €500, while cars without these filters, will be paying €1,000

In a related story, a recent study showed Portugal is the European country which chooses vehicles that produce the least CO2.

The study, carried out by the European Federation for Transport and Environment (T&E), compared 18 countries and Portugal come first in the EU for having the 'cleanest' automotive

According to 'Quercus', the environmental association connected to T&E, Portugal was placed first because Portuguese like to buy vehicles that consume less fuel, therefore buying smaller cars that have lower carbon emissions. Adding to the 'cost' factor is the fact eco-friendly cars pay only 60% of the road tax as well.

Brussels urges car makers to stay on green path



The global financial crisis has already battered many European banks. Now it is hitting the EU auto industry, the world's largest producer of motor

Car sales have dropped sharply, forcing manufacturers to cut production and scale back profit forecasts. Some German and French factories have been temporarily closed amid growing concern the EU is heading for a recession, the European Commission argued in a statement on its website this week.

In light of the economic troubles, the commission is revisiting its strategy for the industry. A conference was held in Brussels on 29th October to review results and collect feedback.

EU debates legislation to cut car emissions of carbon dioxide by a fifth-to 130g/km by 2012. Participants agreed on the goal of developing eco-friendly cars as a way to both fight global warming and keep the industry competitive. A task force to promote green cars will be set up.

Cars account for some 12% of CO2 emissions. The conference agreed that efforts to reduce emissions should target not just vehicles but also fuel, drivers and roads. And research should focus on the most promising technologies, like hybrid, electric and hy-

Half of Portuguese families have a computer at home

In 49.8 per cent of Portuguese family households there is a computer, a survey by the National Institute for Statistics (INE) assessing IT development revealed

The survey, carried out during the first three months of 2008. also revealed that 46 per cent had access to the Internet, and of those, the majority (85.5 per cent) had broadband.

It summarises "In comparison to 2004 there has been a rise in the number of households that have these technologies, translating as an annual growth of around 35.2per cent amongst those installing broadband and 5.9 per cent of

drogen cars

The commission drew up its strategy for the auto industry in 2007. This comprehensive plan aims to reduce regulatory burdens, improve access to overseas markets, foster innovation through research and make transport safer.

Car makers have pressed the EU for a €40bn loan to help develop greener vehicles. The idea gained support in Europe after the US recently approved €20bn (\$25bn) in low-interest loans to the American auto industry to finance more fuel-efficient cars.

The limits on car emissions are part of a climate-change package that the EU aims to pass by the end of the year. The Commission has urged EU governments not to let the package fall victim to the economic slowdown.

A key barometer for the European economy, the car industry represents some 3% of GDP and 7.5% of manufacturing as a whole. Employing more than 2 million people directly, it supports at least 8 million other jobs.

Taxman cleans out nightclub

The entire moveable stock and assets of a Lisbon nightclub were cleaned out by tax inspectors just as another session of Saturday night clubbing had come to an end, the Correio da

Manhã newspaper reported. The club was targeted by the taxman at 5am on Sunday morning, they were executing a seizure order for debts owing by the venue which exceed €500,000.

Chairs, sofas, tables, speakers, beer barrels, tills: nothing was left behind, as Inspectors cleaned out Nell's Club in Campo Grande, Lisbon.

Short Term Letting in 2008 Implementation Issues by Dennis Swing Greene

In this series, we examine implementation issues surrounding the new Holiday Let Licensing legislation

1º - Taxation: Business vs Rental Income

3º - "Simplex and Property Problems

4º - Rental Agent vs Property Manager

4 - Rental Agent vs Property Manager

The growth of self-catering apartments and villas has proven a boon to the activity of Property Management throughout Portugal. Despite some ups and downs, a combination of ingredients makes this business highly promising in the foreseeable future. In addition to traditional factors such as climate and political stability, new components like ever increasing demographic mobility within the EU and the advent of lowcost air travel throughout Europe promise to make residential tourism a yearround phenomena rather than a one-off high season event.

2º - Lawyers and Contracts

However, confusion generated around the holiday let licensing issue has led a number of agents to move their business operations outside of Portugal. Even so, the properties themselves cannot be moved and potentially remain vulnerable to attack if not prepared. Smaller operators often cannot afford to take refuge abroad.

How can Property Managers protect themselves against the pitfalls of Decree Law n° 39/

In addition to the "3 C's" for individual property owners -Comprehension, Clarity & Compliance - there are additional ways that Property Managers can better organise themselves to defend against potential problems associated with tourist developments:

a) **Separating Services**It should be obvious that Property Management is one activity, being a Rental Agent is quite another. The latter

requires a real estate operator's licence issued by "INCI" (formerly "IMOPPI"). (formerly Although not incompatible, the two activities should best be kept separate. In the initial registration of one's business, the Classification (CAE) would better be described as Property
Management for Others rather than providing providing Furnished Accommodations for Tourists.
b) Internet Advertising

It is essential to be seen as a service provider, merely acting as outsourcing Agent on behalf of the Owner. Any advertising should make explicitly clear that the rentals are contracted directly between Owner and Renters.

The Owner may also outsource certain services such as marketing, rental administration, etc. Nevertheless, the purpose and applicable legislation must be clearly stated. In a set of agreed rerms and Conditions" for any lets, it is essential to be explicit regarding which legislation should apply. On Internet Listings, you should have a Legal Disclaimer in Portuguese as well as in English to clarify the intended statutory purpose of the listings.

Outsourcing Client

Accounts

Many Property Managers run internal client accounts where

they collect money from the Owners for expenses as well as credit income from rentals. This in-house arrangement can work when the business is small but often becomes stained as volumes grows and eventually can easily spin out of control. More importantly, the practice blurs the essential distinction between

Property Manager and Owner by mixing accounts and moneys together.

If, in the other hand, separate bank accounts were to be used by each Owner with the Property Manager intervening to make and receive payments on behalf of the Owner, the line of demarcation would always remain clear. An Owner's funds go directly in and out of the Owner's bank account; Property Managers would reckon separately and be paid accordingly for services rendered. This "outsourced" banking arrangement can usually be set up without charge to either Property Manager or

Villa Management $\begin{array}{ll} d) & \textbf{Villa} \\ \textbf{Compliance} \end{array}$

Not only do Owners have to be compliant with Fiscal Representation requirements and filing of annual income tax returns, Property Managers have their own compliance obligations to be met. The initial business registration mentioned above in a) is only the first of a number of necessary steps when operating a business in Portugal. If your business is to be a true success, playing by the rules is essential in the long run. If you act solely as Property Manager or merely as an agent for the Owner in administering holiday lets, being on solid, defensible ground is all-important when facing a challenge from inspectors. As is always the case, clarity, compliance & common sense will provide an excellent foundation for any ongoing, successful business

"2009 will be bad for aviation, but not for low cost"



Just days before Ryanair announced a 47% drop in profits from its Half Year results 2008, **The Portugal News** conducted an exclusive interview with the low-cost carrier's charismatic head of marketing, Daniel de Carvalho, during whirlwind stop-off at Faro airport to officially launch four new Ryanair routes to and from the Algarve.

If Ryanair is suffering with the currenteconomic crisis, Daniel de Carvalho, a key member of the company's management, does a good job at projecting a positive image.

The four new Faro routes, to East Midlands, Liverpool, Glasgow (Prestwick), and Dusseldorf (Weeze), were launched with pomp and circumstance at an incredible €1 one-way all-inclusive give away offer, onthose and other routes, 250 in total.

So it may be common sense to ask how the company can afford to do this, especially given the present financial times.

"We haven't noticed losses in sales", Daniel de Carvalho explained. "What we did was lower our average fares. We were the cheapest [airline] in Europe and we became even cheaper", he adds.

Obviously the crisis is having an effect but we are still trying to persuade passengers to travel by making it affordable.

"We believe next year it will be a very bloody year, a bad year for aviation, but not for low-cost", be continues

This belief was reflected last week by Ryanair chief executive Michael O'Leary, who said a recession 'could kill off all but four of Europe's airlines'.

In his opinion, only British Airways, German carrier Lufthansa, Air France and Ryanair would survive in the long run.

Ryanair representatives said the company expected to make losses over the next six months, but that average fares would dip by between 15% and 20%.

However, for this low-cost carrier, a recession also seems to entail benefits. "A recession gets rid of rickety, loss-making airlines and it means we can buy aircraft more cheaply", he said.

Ryanair are in fact awaiting the

Ryanair are in fact awaiting the arrival of 30 new aircraft over the next few months, to be distributed throughout the company's 31 European bases.

Portugal, it has emerged, could also be in the running to become home to a Ryanair base.

"Ryanair is expanding, we will have more aircraft by next Spring and we need somewhere to base those aircraft", Daniel de Carvalho told **The Portugal News**, "Along with other international airports we are negotiating with Portuguese airports and representatives of ANA, not only of Faro and Oporto, but it really depends on our competition and other factors".

As yet in Portugal, Ryanair fly to only two national airports, Faro and Oporto, though it has been rumoured the future Beja (Alentejo) airport is negotiating with the carrier.

"Ryanair has a longstanding

policy concerning rumours and speculation, especially regarding routes and destinations, so I won't comment on that", De Carvalho said, adding, "Lisbon is a very congested airport and it is hard to turn an aircraft around quickly there. Ryanair needs to turn around quickly", so it seems unlikely any new routes will emerge from the capital.

Last year Ryanair introduced two new routes, to Madrid and Barcelona, from Faro, which despite having incredibly low fares, failed to meet expectations and were subsequently withdrawn, Barcelona after approximately four months, the Madrid route lasting around one year.

So what makes the company believe the four new routes will be successful, long-standing ones?

"At Ryanair we believe the final decision is made by passengers, we go with a system of trial and error. These routes have fantastic prices. Normally if a fare is kept low it will attract passengers even if they are not familiar with the destination.



Daniel de Carvalho, Ryanair's Head of Marketing. (Photo: The Portugal News)

"But there are exceptions, which we withdraw. Time will show if the formula still works, as it has for 24 years now".

Many airports used by lowcost carries such as Ryanair can, however, be described as 'secondary airports', which despite having the name of a main city, like Düsseldorf or Barcelona, are actually situated a considerable distance from the respective city, in some cases over 100 kilometres from the destination, entailing extra travel expenses. Such is the case with Ryanair's Düsseldorf (Weeze) airport (closer to Neiderhein) and Barce-

lona (Gerona). So how does this work to a passenger's benefit?

"Many passengers believe flying to Beauvais (Paris) is actually better than flying to Charles de Gaulle", De Carvalho explains, "People lose a lot of time in larger, congested airports. Smaller airports are quicker and cheaper. We once had to divert an aircraft to Frankfurt International due to bad weather and because of congestion we lost that aircraft for six hours".

According to recent reports,

Ryanair's half year fuel costs more than doubled, from €392.7m to €788.5m. Traffic grew by 19% to 32m (and, according to Daniel de Carvalho, is expected to keep growing), and average fares (including bag charges) fell four per cent to €47.

With this, Ryanair's total revenues by September 30th 2008 grew by 16% to €1.8bn, in comparison to the same period of 2007. It seems the formula is still working.

Carrie-Marie Bratley



Fiscal Representation for Non Residents

Fact: By law, all non-resident companies and individuals owning a property in Portugal are required to appoint a fiscal representative.

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US AFRICOM official in Lisbon

to 'listen, learn'



US Africa Command (AFRICOM), Ambassador Mary Carlin Yates talks to journalists at a press conference on Monday in Lisbon. (Photo: Lusa / António Cotrim)

Portugal sets up humanitarian organisation to aid in catastrophes, developing countries



A group of Portuguese engineers plan to create a humanitarian organization for action in catastrophes and to aid social infrastructure projects in needy nations, the head of Portugal's bar association said.

"In an era when the role of engineering in new technologies is increasingly apparent, most of the world's peoples continue to live in Middle Age conditions", Fernando Santo, president of the Ordem dos Advogados (Portuguese Bar), told the Lusa News Agency. He said the non-profit or-

 $ready\,counted\,on\,many\,young$ volunteers from the engineering schools of the universities of Aveiro and Minho.

ganisation would take official

form on November 22 and al-

Financing would "not be a problem", he added, because the United Nations had abundant funds to back such initia-

The future organisation, Santo said, would be ready to send volunteer teams to respond to post-catastrophe emergencies and to aid developing countries to carry out infrastructure projects, such as low-income housing, potable water and sewerage systems.



The top civilian official in the US Africa Command (AFRICOM), Ambassador Mary Carlin Yates, says the newly established military structure will likely maintain its headquarters in Germany at least through 2012.

"The base will remain in Stuttgart for the near future and probably will not leave before 2012", Ambassador Yates told journalists in Lisbon earlier this week.

Yates, who was on a two-day visit for talks with Portuguese military and civilian officials, said it was premature to speculate as to a possible future location for AFRICOM

The sixth US regional military command, the first devoted exclusively to Africa, came to life formally last month under the command of Gen. William 'Kip'

Yates said Gen. Ward was "very enthusiastic" about his first contacts with Portuguese officials during a visit last June

and had asked her to return to "deepen the dialogue"

"It's very important for us to hear and learn from our European partners, especially a nation like Portugal with a history in (Africa) which I think has many lessons to teach us", she said.

"Portugal is important in Africa beyond the (five) Portuguese-speaking countries", the Ambassador said. "There are many other countries where there are many Portuguese and there are contacts and information here".

Yates was to meet with senior military officials in Lisbon, as well as with the justice and interior ministers and officials of the eight-nation Community of Portuguese Language Countries (CPLP).

She said the creation of AFRICOM would help make US security ties to Africa "more effective", adding that "improved security will bring more prosper-

The Ambassador declined to comment on the impact of the US presidential elections on African policy but said "the global and strategic importance" of the continent were "well defined" in Washington.

She underlined what she called bipartisan US consensus to "back economic growth, support stability, and increase democracy and governing capacity" in Africa. TPN/Lusa

Gulbenkian Foundation to fund further restoration of historic Uruguayan city

Rebuilding of the Portuguese-built historic quarter of the Uruguayan city of Colonia do Sacramento could again be funded by the Lisbon-headquartered Gulbenkian Foundation, sources involved in the project say.

Gulbenkian Foundation managers met on Friday in the Portuguese capital with a delegation from the Uruguayan province of Colonia, of which Colonia del Sacramento is the capital.

The Portuguese private foundation has already financed rebuilding of the historic Uruguayan city's wall and its Portuguese museum. Municipal authorities are now seeking funds to restore the original Portuguese fort of São Pedro de Alcântara.

Colonia del Sacramento, lying accross the River Plate from Buenos Aires, was designated a UNESCO World Heritage site in

1995. The city was founded in 1680 by Portugal and later became contested by Spain, which settled the southern bank of the River Plate. Colonia became a 'bone of contention' between the two crowns for decades and finally fell into Spanish hands in



Church blames 'lack of information' for general acceptance of euthanasia



A recent European survey has revealed that over half of the Portuguese nation is in favour of euthanasia and 47.5 per cent say the matter should be put to referendum.

The Church believes this tolerance is due to "lack of information" and "confusion"; an opinion the General Doctors' Board contests.

PS Deputy Maria de Belém believes these results show future discussion of the matter is inevitable.

And whilst the Church is completely against the topic, it does believe Catholics need more and better information regarding euthanasia.

"I think there could be some confusion about the meaning of the word euthanasia", the President of the Portuguese Episcopal Conference, Jorge Ortiga, said, adding "there are people who associate euthanasia with a dignified death and we have to enlighten Christians about the matter, and also about artificially extending life".

Assisted suicide is a matter being debated in many European countries at present, and Portugal is not an exception. It will be one of the most controversial matters to be discussed in the new legislation.

Maria de Belém said "It is an extraordinarily sensitive topic that we will have to discuss. There is no alternative".

"Very sick people wouldn't survive if it wasn't for the highly sophisticated health systems of the West. Many times we assume a position regarding this issue because we know or have heard of one case in particular. But it cannot be like that, we cannot decide based on our own experiences".

In the Church's opinion, voiced by Portuguese Cardinal José Saraiva Martins, "life can not be put to a referendum".

The National Board of Doctors has refused to voice its opinion on the matter, instead quoting article 57 of its most recent code of deontology, which states "The doctor is forbidden from assisting suicides, euthanasia, and painful deaths".

Article 58, however, reads that in the case of advanced or progressive illnesses, the doctor "should tailor his actions to the patient's well being".

"Palliative care makes for the most common form of treatment in these situations and the best way to conform to human dignity."

According to a study commissioned by the Portuguese Association for Palliative Care, only 38 per cent of the nation knows the meaning of the expression (Palliative Care). But only 10 per cent of patients who are terminally ill or have serious diseases have access to that care.

Health minister calls for improved healthcare in Lusophone Africa

Portuguese Health Minister Ana Jorge this week said that satisfactory healthcare has to become "a reality" in Lusophone African states, stressing too that cooperation in this sector between Portugal and Brazil can benefit the Community of Portuguese Language Countries (CPLP).

Dr. Jorge, a paediatrician turned politician, told a Lisbon conference on bilateral health cooperation between Portugal and Brazil that CPLP states need vital assistance to train medical staff. Improvement of maternal and newborn care and combat of infectious disease are the priorities in most Portuguese-speaking African countries, noted Dr. Jorge. TPN/Lusa

Lisbon tightens Moroccan ties with consular accord

Portugal's State Secretary for Expatriate Communities, António Braga, who begins a visit Monday to Morocco, has signed a bilateral consular cooperation

Beyond meetings with Mo-

roccan officials, Braga was also scheduled to visit Portuguese businesses operating in the North African kingdom with which Lisbon has increasingly close diplomatic, trade and investment ties.

TPN/Lusa



A photo, released 23 September 2006 from the website 'Lucascioni.it' of Italian Piergiorgio Welby who was suffering from a progressive distrofic disease. Welby wrote to Pope Benedict XVI and to Italian President Giorgio Napolitano asking for permission for euthanasia. Welby, who was confined in bed and unable to move, was the co-president of the Italian commission of 'Sweet Death', as euthanasia is called in Italy. Welby died in December 2006. (Photo: EPA/STAFF)

EU looks to boost protection of animals used in lab tests



The European Commission this week presented a proposal that aims to strengthen the protection of animals still used in scientific procedures in line with the European Union's Protocol on Animal Welfare, ensure a level playing field throughout the EU for industry and enhance the quality of research conducted in the EU.

The new provisions will also contribute to minimising as far as possible the number of animals used in experiments.

European Environment Commissioner Stavros Dimas said: "It is absolutely important to steer away from testing on animals. Scientific research must focus on finding alternative methods to animal testing, but where alternatives are not available the situation of animals still used in experiments must be improved".

In a press statement, the Commission explained the objective of the proposal is to strengthen the EU legislation in force on the protection of animals used for experimental purposes, notably by requiring ethical evaluations to be carried out before projects using animals are authorised and by laying down minimum requirements on housing and animal care.

The proposed directive includes within its scope animals used in basic research, education and training. It covers all live nonhuman vertebrate animals plus certain other species likely to experience pain.

The use of non-human primates is subject to restrictions, and the proposal also introduces a ban on the use of great apes –

chimpanzees, bonobos, gorillas and orangutans – in scientific procedures.

Only when survival of the species itself is at stake, or in the case of an unexpected outbreak of a life-threatening or debilitating disease in human beings, can a Member State exceptionally be granted permission for their use, the EC explains.

At present it is not possible to ban outright the use of animals for safety testing or biomedical research. The proposed revision thus seeks to ensure that animals are used only where no other means are available. Their use must be fully justifiable and the expected benefits must outweigh the harm caused to the animals. The proposal would also ensure that animals receive suitable care and treatment such as appropriately sized cages and an environment adapted to each species. These provisions would be continually monitored.

The proposed revision would also require projects involving animals to be authorised by a competent authority before they can go ahead. Organisations wishing to breed, supply or use animals would be obliged to seek authorisation for their activities and for the personnel working with the animals.



isbonnews

Oeiras to build twelve new hotels



Oeiras' tourist capacity is set to double in the next five years as the Council has just approved a plan to build twelve new hotels. One of the Oeiras Tourism Strategic Planning's objectives is to cater to the growing interest tourists have in Oeiras, a council which has had a 100% rise in hotel reservations between 2003 and 2007.

On a press day at Oeiras, Carlos Oliveira, Oeiras Tourism Councillor, said the council wants to add other types of tourists to the business tourist perspective by promoting art, history, cultural buildings and gastronomy; areas which so far haven't been explored by the Council. Oeiras will be investing in Nautical Tourism as well because Recreio Port (the only portinPortugal with a Blue Flag) is always full and with a waiting list that exceeds twice its capacity: "We are planning to build at

Cultural Centre, "This study

shows us it is possible to re-es-

tablish traffic in both directions,

because there are four lanes in

each stretch, with the advantage

of being able to split the lanes,

which will give alternatives to drivers entering Cascais and fa-

vour those leaving" said António

Capucho, Cascais Mayor. The

plan presented to the Mavor also

suggests a tunnel that will allow

drivers to avoid the entrance

roundabout in Cascais, but he is

hoping it will not be necessary

due to the elevated costs and fu-

ture renovations at the train sta-

tion nearby, which might cause

The Mayor promised two big

changes for January: allowing

traffic to pass in both directions

near the Baía Hotel, for tourism

and traffic flow reasons, and re-

moving the traffic lights at 25 de

Abril Avenue, forcing traffic

coming from the village to take

an alternative turn off near the

problems.

Paço de Arcos and another in Cruz Quebrada" said Carlos Oliveira. With no specific details, the councillor also pointed towards sport as an important aspect of attracting tourism, speaking of the possibility of renovating the Jamor Stadium.

To support these new strategies, the council will bring in twelve new hotels in five years, adding 2,200 beds to the current 2.049. The hotels will be built at Tagus Park Golf, Fontaínhas, Fundição de Oeiras, Lagos Park and Palácio de Arcos, among other areas.

Cascais to redirect traffic

Lisbon lights

As of November 15th Lisbon will be lit up in all its festive glory, spread throughout 24 streets and 15 squares, including areas that have never before been decorated, like the riverside.

For the first time ever the City's Christmas lights, which will be officially switched on on November 15th, have been fully financed from private funds, contracted through a public tender.

The total investment has been calculated at between two and three million euros, footed by Multimédia Outdoors Portugal. whose imagery will be 'integrated' in the project, 'but not excessive', said a spokesperson.

Local councils are to put forward €200,000 for parishes and neighbourhood illuminations.

Some flaws have been found

in the study, such as the lack of

bus lanes in residential areas, the

lack of parking spaces in the

Council and the poor supervi-



Christmas tree at the Praca do Imperio, in Belem, Lisbon. (Photo: Inácio Rosa/Lusa)

Killer gets sentence longer than his age



A 17 year old gang member from Sintra has been given a nineteen and a half year sentence after killing a young rival over a hat and consequently fatally shooting a friend by accident. The Court considered the sentence 'light' due to the severity of the crime and by the fact he did not show any regrets for killing two people of his age.

"You killed the young man mercilessly when he was with his back turned to you. All because of a Lacoste hat" said the judge, confirming the young man's anti-social behaviour and his involvement in other criminal acts.

The murder took place when the Rio de Mouro gang met with the Cacém gang to settle quarrels over a Lacoste hat that was stolen from the individual. Edgar . shot his rival, Osvaldo Beagi, in the head and kept on shooting, accidentally killing his friend, Francisco Silva, during the attack.

The jury considered the individual's actions even more sinister as he used his loaded 6.35 mm handgun in a public place with the knowledge it could kill: "What happened was very serious. You killed a young man in the most barbaric way and then continued shooting. And you accept this with no remorse, not showing any emotions by the fact you killed two young people your age" Judge Américo said Lourenço.

His sentence was reduced as he confessed to the the Judiciary Police by handaround your thirties, you can

bought for €50 The judge also explained that his age made the sentence more lenient: "You will have a lot of time to reflect. I hope that one day, when you are

ing over his gun, which he

get a job, have a family and a faultless life", also speaking of him purchasing the weapon for 'vanity': "That exhibitionism is unacceptable. Reflect on your pos-ture and behaviour in jail."

See Patricia Westheimer's column on the travel page this week

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

	1		9				
	8			4	2	7	
				6	1		5
1		6	7				
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				5		2	

Last weeks solution

For <u>tips</u> on how to solve

Sudoku puzzles, browse

the **forums**, go to

9 5 8 4 3 6 1 3 4 2 7 9 6 8 5 3 9 4 1 2 6 7 4 3 5 9 8 5 3 9 8 2 1 7 6 4 7 4 8 5 6 9 3 1 2 4 6 2 3 9 7 8 5

Cascais Council put forward a "The mid and long term plan will favour pedestrians, public proposal to a private company which presented their idea last transportation access to the cenweek, October 30th, at the Cascais tre of the village and comple-

mentary measures which will

both directions.

favour mobility" said António

sion of cars wrongly parked in places reserved for residents

The centre of Cascais will soon be having several traffic alterations

council's roads. Traffic coming from the Marginal will be split and,

in January, the road near Baía Hotel will have traffic heading in

in order to ease the flow that constantly clogs up the coastal

Seven arrested at Lisbon Airport



Judiciary Police arrested seven men, from Argentina, Brazil and Guinea, at Lisbon Airport last week after authorities found over 60,000 individual doses of cocaine in their possession.

The men were being used as drug 'mules' and hid the drugs in their clothes and in secret compartments of their suitcases. Four of them hid the cocaine in their bodies and spent several days in hospital under medical supervision. They were all aged between 26 and 56 years of age and their purpose was to transport cocaine and

sell it in Spain, Portugal and

The men had been targeted beforehand in investigations carried out by the Portuguese Drug Enforcement Agency (DCITE), in conjunction with similar foreign agencies and Interpol, and with the cooperation of Immigration Control

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algarvenews 13

It was all treat and no trick for the Algarve Wine Society

at Halloween



The Algarve Wine Society celebrated Halloween last Friday with a sumptuous tasting of twelve different Estremoz wines at the Boca do Rio Resort Hotel near Portimão. It was indeed a treat, with no tricks attached. Many of the Society's members arrived dressed for the occasion, which added considerable colour (mainly orange and black) and fun to the proceedings.

The format for this tasting was a unique one, with three different producers presenting their wines to the 70 members attending. First up was Luis Louro, representing both his father's Quinta do Mouro winery and his own Adega do Monte Branco. The Casa dos Zagalos 2005 and the Ouinta do Mouro 2004 were revelations and the Alento 2007 white and red were felt to be wonderful value for money. The white, in fact, was so good the Society immediately decided to include it in the menu for their traditional Christmas lunch in December

Luis was followed by Thomas and Maria José de Lima Mayer. two old and dear friends of the Algarve Wine Society. Thomaz presented his Subsidio and Lima Mayer wines (the latter a delectable blend of syrah, aragonez, cabernet sauvignon, petit verdot and alicante bouschet that together give the wine a beautiful ruby colour and a striking fruity aroma). His pièce de résistance, however, was his entirely new Petit Verdot 2006, a single varietal that is rather uncommon but which proved to be superb. This is a wine that, thanks to its 14 months of aging in French oak barrels, has great complexity and an enduring finish. Only 3,000 bottles were produced and the Society was honored to be the first to be given a taste.

The third and final producer was Encostas de Estremoz. Duarte Silva presented five of this winery's excellent products. First were the Terras de Estremoz 2007 white and 2005 red, two wonderful but very reasonably priced wines. They were followed by the Quinta da Esperança 2005, a lovely soft red that was so good it was served with the dinner that followed. Last, but certainly not least, were two Encostas de Estremoz single varietals – a Trincadeira and a Touriga Franca 2004. Both were fine examples of the winemaker's art and much appreciated by the tasters.

Following the tasting the Boca do Rio served everyone with a fine 3 course dinner featuring roast veal 'lafões style'. A spirited raffle, with a large number of wine and wine-related prizes, finished off the evening.

The Algarve Wine Society's 2008 programme will end with its Christmas lunch at the Sheraton Pine Cliffs Pavillion on December 10th, but planning is well under way for next year's calendar, which will start with a tasting on January 23rd and the AGM and Gala black tie dinner at Vila Vita Park on February 21st

At the moment membership in the Algarve Wine Society is at its upper limit and there is a waiting list for entry, but if you would like further information about the organization please contact the Secretary, Larry Hampton, by email - hampton@mail.telepac.pt.

Remembrance

Social e Cultural de Almancil)

To Loulé To Faro

To Quinta do

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ALMANCIL

Roundabout

To 4 Estradas

Samaritans' Purse Charity Students at the International School São Lourenço beat last

vear's record for giving Christmas Shoe Boxes

Every year students at the International School São Lourenço take the time and effort to put to-gether Christmas Shoe Boxes as part of the Samaritans' Purse 'Operation Christmas Child'.

The Samaritans' Purse charity has been established for over 35 years and aids the world's poor, sick and suffering. The charity is an effective means of reaching needy people in countries around the world, helping to provide food, medicine and other assistance.

The shoe boxes are filled with gifts for either a boy or a girl, and are given to children in need around the world. Some times this gift will be the first a child has ever re-

The students are encouraged to support this charity as part of their fundraising programme. During assemblies and Personal, Social and Health Education lessons the students learn where the boxes go and how support is given by the charity. This year the students managed to prepare 140 boxes, which surpassed their

target of 100, proving again what a caring and thoughtful body of students there are at the International

Christmas Child brings joy and hope to children in desperate situations.

Estoi Rotary Club appoint new president



Bill Mahoney has been appointed the second President of Rotary Club Estoi Palace International taking over from Leif B. Axelsson following the successful formation of the club and its inauguration lunch on 26 October 2008.

Bill Mahoney has been associated with the Rotary organisation for some years first in China and later with the Rotary Club of Canary Wharf in London. In the Algarve he was a charter member of Rotary Club Almancil International. Subsequently Bill, along with Leif B. Axelsson and Agnete Sylvan, as founders worked to form the new club in Estoi. Bill said he is honoured to be president of the club and looks forward to sharing the fellowship, social activities and service that Rotary is noted for.

Leif B. Axelsson has been involved with Rotary since 1973 and has now been the Charter President of three clubs, one in Sweden and two in the Algarve. He was the



Leif B. Axelsson, with Bill Mahoney and Agnete Sylvan.

first President of the Almancil Club and then the Estoi Palace Club. His record of commitment, service and achievement in the Rotary organisation is of the highest order. Leif will, of

Estoi Palace club.

Information about the Rotary Club Estoi Palace International is available at their website: www.rotaryestoipalace.org .

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The Midsummer Night's fairies from left to right: Alice Dunn-Ribeiro, Phoebe Smythe, Cindy Worthington (TITANIA), Carmen McClusky, Simon Tubb (OBERON), Lydia Dunn-Ribeiro

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A magical merry spell that is not to be missed



The A Portada Theatre Group is intensifying the number of rehearsals and preparations for their latest, and biggest, production - 'A Midsummer Night's Dream' by William Shakespeare.

Whilst it is certainly no easy task for a small theatre group to put on such an ambitious production, the dream is now definitely close to becoming a reality. This is a production by Priscilla Morgan, who is herself an ex Royal Shakespearean actress and has been the A Portada Theatre's Group's Director for the past 10 years. Rehearsals are now being held almost daily $in her studio\, at\, Boliqueime.\,\, Dance$ steps are also being practiced by the King and Queen of the fairies, Oberon and Titania, as well as by all the smaller fairies that inhabit the forests surrounding Athens. The same is being done by the crew of bumbling Athenian labourers who, as one of the subplots, are rehearsing their own play that they plan to perform at the nuptials of the Duke of Athens who is due to be married to the Queen of the Amazons

Meanwhile, much of the preparation by the back-stage crew is also in hand. Props, light and sound effects and, not to forget, the finishing touches to the fabulous costumes, are all being furiously worked on. Lesley Sweeney, the

Established

group's professional set and costume designer, is determined to have audiences mesmerised! For all the members of cast and crew, the adrenaline is flowing and their excitement about this new production is almost tangible.

This Shakespeare comedy is generally considered to be vastly entertaining and it is still funny to contemporary audiences of all ages. Even if you're not a Shakespearean scholar, you'll be able to follow the action and storyline of 'A Midsummer Night's Dream'. Originally written to be acted in front of Queen Elizabeth I, it has been performed for over 400 years. This must surely be the best indication that this famous English playwright has written

something that endures. In modern times and throughout the world, audiences still laugh with genuine delight and leave theatres with that 'feel good factor' after having seen this play. On that note, the A Portada Theatre Group will undoubtedly ensure that their audiences in the Algarve will be no exception! You can expect an evening of fairies and fun, sprinkled with far-out fantasy, jealousy and love.

The two venues chosen for the six performances of 'A Midsummer Night's Dream' are the beautiful Teatro Lethes (also known as the mini 'La Scala' in the Algarve) in down town Faro, and the comfortable Auditório Municipal in Lagoa.

Teatro Lethes: Friday 21st and Saturday 22nd November at 8.30pm. Sunday 23rd November at 5 pm. Tickets: €14.50 for adults – children and students €7.00

Auditório Municipal, Lagoa: Friday 5th and Saturday 6th December at 8.30pm. Sunday 7th December at 5pm. Tickets €12.00 for adults – children and students €7.00

For bookings please call 911 058 191 or email: aportadatheatregroup@yahoo/com



The Myklerud School Children's Orchestra from Norway who visited the Algarve in October. As a result, the Norwegian Consulate obtained permission for them to play free of charge in Lagos, Portimão, Faro and at the International School in Porches.

(Photo supplied by Marianne Vikre of Airpass)

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The Portugal News • 8 Nov 2008 Algarve too hot for tourism?



If a recent study is to be believed, by the year 2100, due to global warming, most of the Portuguese coastline will be waterlogged and temperatures in the Algarve will soar, becoming a playground for swarms of bugs and parasites and forcing tourists to head

The study, exploring the effects of climate change on Iberian destinations to the end of the 21' century, was carried out by the Estoril Higher School for Tourism and Hospitality (ESHTE), its predictions being described as "worrying", by Eunice Gonçalves, head of the ESHTE's directive board and co-author of the study.
"The study was devised to

warn people that if nothing is done to prevent the predicted future there are strong probabilities this catastrophic scenario will become a reality", she said.

Rises in average temperatures of up to six degrees are forecast by the study for the Algarve, figures that have been predicted by other recent studies and surveys.

As a consequence, it has been predicted that tourist flows will start to head north, in search of cooler temperatures, and that winter will become the high sea-

Barringtons Bazaar

Taking place this year on bank holiday Monday, 8th December from 11am-6pm, Barringtons popular Bazaar has free entry and festive snacks available throughout the day.

Barringtons in Vale do Lobo has hosted its famous Christmas Bazaar for over ten years now, and stall-holders offer everything you will need for Christmas, including cards and crackers, jewellery and toys, clothes and cakes, flowers and decorations, and a good selection of stocking-fillers and

Some stalls still available - call Sara on 289 351490 or email: sara@barringtons-pt.com

son for the Algarve and southern

Those responsible for the research said climate change won't be the 'death' of the Algarve, "but as a destination it will start to thin out and cause other regions to fatten up", like Northern Portugal, Madeira and the Azores.

One of the most worrying effects is the average rise is sea levels, because of which experts predict a large part of Portuguese coastline will become waterlogged and submersed.

On a global scale, this century the sea has risen by 10 to 20 centimetres due to the melting of ice-

Algarve school ranked amongst 100 best

Colégio Internacional de Vilamoura is among the top 100 schools in the country in a nationwide ranking, based on final exam results (equivalent to A-levels), was published last week by the Jornal de Notícias newspaper.

Colégio Internacional de Vilamoura was placed 50th in the whole country with exam results averaging 12.46 (out of 20), downgraded from last year, when it was placed 24th.

Escola Secundária Poeta António Aleixo, in Portimão, was the second best school of the region, 105th nationally with an average of 11.72.



São Martinho Fair returns to Portimão



The Portimão Fairground has opened its doors for the traditional São Martinho Fair until 16th November. The tradition has been maintained for hundreds of years and serves to remind people that good deeds are not forgotten.

The traditional fair dates back to a rainy day in 1662 when Martinho, a Roman soldier, came back home from Italy, to France, and was approached by a beggar who asked him for some change. The soldier, feeling sorry for the man, proceeded to cut his red cape in half with his sword and gave one piece to the beggar. As the soldier prepared to continue his voyage, the skies opened and the sun shone for three days, a divine

Portimão keeps this tradition alive by organising a fair with masses of entertainment and exhibitors, selling food products, toys, jewellery, foot-wear, crockery and much more. The main feature of the tradition however are the chestnuts, the seasonal delicacy of São Martinho.

Join the high spirits and visit the Portimão Fairground until

November 16th and take part in one of the most well known traditions of Portugal.

The São Martinho Fair is open everyday from 10h00 until midnight, except for the last night, when it closes at 23h00. Both entrances are open for the fair, by the riverside and by the bus sta-





Remembrance Sunday

9th November 2008

10.50 a.m. St. Luke's Church, Monte de Palhagueira,

Gorjões, near Sta. Barbara.

Service of Remembrance and Choral Eucharist led by Fr. Haynes Q
Hubbard SSC Chaplain to the Royal British Legion, Algarve,
with the British Ambassador in attendance.

(for more info. Tel: Sandra 919 055 959)

12 noon, Igreja da Nossa Senhora da Luz, Village Church in Luz, near Lagos. Service of Remembrance and Choral Eucharist led by Fr. John Wilson. (for more info. Tel: Joyce 282 788 104) 104





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16 etters to editor

necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be no more than 300 words to: The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@the-news.net

SIR. I write to you as President of the Associação de Cidadãos Auto-Mobilizados, to inform you that our association's title in English isn't "Association for Vehicle Owners" but "Association of Self-Mobilized Citizens". I'm certain that the readers of The Portugal News will appreciate knowing the exact name of our association. Therefore, I ask you that you take the opportunity in the next issue of your newspaper to correct that information, which appeared in the 18/10/08 issue, in a report with the title "Road death statistics wrong?" that is otherwise very correct.

MANUEL JOÃO RAMOS, By e-mail

Ref. Sarah Palin

SIR, By the time this letter is printed uninformed voters will have elected the next leader of the free world. I say "uninformed" because, as is evidenced by the five letters directed at me last week, a lot of people obviously don't know what the issues are. Instead, these people have been titillated by the media's coverage of Sarah Palin's wardrobe, her husband's traffic ticket 20 years ago, comedy $skits from \, Saturday \, Night \, Live \, and \,$ the Daily Show, the fact that Madonna has banned Palin from her concerts, etc. I doubt if these five writers could actually articulate Obama's abortion and gay marriage views, how he would handle the very real threat of a nuclear armed Islamic alliance stretching from Syria to Pakistan, the saberrattling of Hugo Chavez, etc. I unthinking suspect these dupes have been dazzled by the

charismatic style and well-fitted suits of a guy who, while aspiring to the most powerful job on earth, can't answer simple question that any kid who has ever bought a condom can answer, namely, when does life be-

Finally, Rosmund Gale must have me confused with Michael Baugh. Like her, Sarah Palin and I believe in the God-given dignity and right to life of handicapped people. It is Michael Baugh and Dr. Mengele who think such people would be better off dead.

JAMES ROSS, By e-mail

Re: Animal rights

SIR. Further to the news item -'Àctivists press Parliament for new animal rights law'- that you carried in the edition dated 1 November 2008, we are writing to tell you of our experience.

We have been living in our fifth floor flat here in a small town in central Portugal for the last eight years. Below we can see into the front garden of a detached house where a Husky dog has been chained up for almost all of this period, living under a set of steps on a chain about two meters in length. We think we have only seen it let off the chain on two or three occasions in all these years. The house is fenced all round, so the dog could easily be freed to run round the whole property without escaping. The owners feed the dog regularly, but never pat or stroke or talk to it, though it still wags its tail in anticipation of some kindness and attention when it sees them.

When family and friends visit us they can never understand why or taken action to officially report the situation, and wonder sadly how it is that some animals can be treated so cruelly here in Portugal. We have always explained that as far as we knew there was no appropriate animal protection organization to complain to.

But now we would like to add our voice and signatures to the petition mentioned in your news item, as a first step in hopefully being able to put an end to the misery of our neighbouring dog's life with the backing of a strengthened animal protection law.

LORINDA LANGE BRIAN WILLIS, By e-mail

Parcels by post

SIR, Recently two parcels of books have been sent to me from the $U.K.\ Both\ have\ been\ returned$ to the sender with a statement that they were incorrectly addressed. In fact the parcels were properly and correctly addressed with leg-

Enquries at the local Post Office elicited the information that delivery of parcels is by private contractors not the Post Office, and there is no mechanisim by which the Post Office can trace

Is this a usual problem, or have I just been unlucky? Could any reader let us know how this prob-

IOHN WEBSTER Tavira

Money gets cheaper



Analysts were this week forecasting interest rates in the Eurozone to fall to as low as two percent next year, in the wake of the European Central Bank announcing a cut in the indicator for the marginal lending facility by 50 basis points. With rates in the U.S. at an all time low, coupled with the Bank of England's dramatic and unprecedented slash of 1.5 basis points in its rate, the move announced on Thursday afternoon by the ECB was widely anticipated by market analysts. A second cut, to at least 3.0 percent, from the current rate of 3.25 percent, is expected just before consumers are set to rush out for last-minute Christmas shopping or gearing up to take advantage of winter sales. Meanwhile, home owners in Portugal can look forward to cheaper repayments, which in many cases will amount to three-digit savings.

Portugal's main stock market, the PSI-20 climbed by 20 percent earlier in the week, as the shares of major players in the country climbed in anticipation of an ECB rate cut.

While the market has remained steady this week after earlier recording six successive and considerable rises initiated last week, it is

still short of recovering the 45 percent wiped off share values since January.

The rate cuts were deemed necessary not only to install confidence in troubled European markets such as Lisbon, but also to stimulate growth in the buckling Eurozone economy.

In the summer, the ECB were in the midst of consecutive rate hikes, with soaring fuel prices, which resulted in higher inflation. the justification for the unpopular

But with growth now expected to fall well beneath one percent in the Eurozone in 2009, inflation is expected to dwindle, irrespective of lowering interest rates.

Earlier in the year, inflation was sitting at four percent and at imminent risk of rising further, but this indicator has now fallen to 3.2 per-

Expectations are that this figure will have plummeted to around two percent at the end of next sum-

Coupled with oil costing around 60 dollars a barrel, the ECB's rate cuts are at little risk of provoking a spending frenzy, despite being intended to encourage consumers to take advantage of cheaper credit.

Analysts believe that the ECB is ready to reduce interest rates further, but fears that a massive cut will be seen as a desperate move and annul the desired effect of boosting consumer confidence and subsequent growth.

The impact for mortgage lenders is expected to be positive in the coming months, and should serve to kick-start a stagnating real estate market.

Should rate cuts persist in the coming months as has been predicted, monthly repayments will drop by around 20 percent.

A mortgage of 100,000 euros contracted for 30 years, will therefore become cheaper to repay by around 100 euros a month, which equates to slightly more than ten percent of the average national sal-



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 $Portugal\ News\ and\ I\ will\ send\ them\ back\ corrected.\ The\ Portugal\ News\ -\ Apartado\ 13,8401-901\ Lagoa.\ Tel:\ 282\ 34\ 11\ 00.$

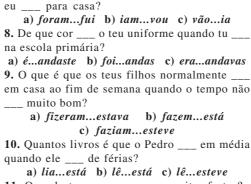
Na lição de hoje vamos resolver um exercício de escolha múltipla com o Presente, o Pretérito Perfeito e o Pretérito Imperfeito do Indicativo. Até à próxima lição, Emília Rosendo.

Exercise: Choose the combination of verbs -(a), (b) or (c) - which best complete the following sentences.

- 1. Quem ___ aquela rapariga alta com quem tu estavas a falar quando eu ____ ?
- a) é...entrava b) foi...entro c) era...entrei 2. Que idade ___ os teus irmãos quando eles _ a aprender música?
 - a) tinham...começaram
- b) tiveram...começam c) têm...começavam 3. Que horas ___ quando vocês ___ de casa hoje
 - a) foram...saíam b) são...saem c) eram...saíram
- 4. A Ana ___ a melhor empregada do passado mês de Setembro e, por isso, ___ um prémio.
- a) era...ganhava b) foi...ganhou c) é...ganha 5. O agente da Brigada de Trânsito perguntou-me se eu ___ os documentos do carro e eu ___ -lhos.
 - a) tinha...mostrei
 - b) tenho...mostrava c) tive...mostro

- 6. Hoje em dia, durante a semana, eu nunca à noite porque ___ que descansar o suficiente.
- a) saía...tinha b) saio...tenho c) saí...tive
- 7. Aonde é que vocês ___ ontem à tarde quando

- 11. Quando tu ___ novo ___ a muitas festas?
- a) eras...ias b) foste...vais c) foste...foste
- 12. Os teus avós ainda ___ vivos quando tu ___ ? a) foram...nascias b) eram...nasceste
 - c) são...nasceste
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worldview 17

Likewise for prickly customers like China and Taiwan: when a high-level Chinese delegation arrived in Taiwan on Monday for landmark talks on closer relations, the Taiwan police even prevented people on the

Taiwan-China: Porcupines on a Mating is a notoriously tricky business for porcupines, but even the first date is an awkward transaction.

first date

The two countries (or one country, if you prefer) broke apart almost sixty years ago, and until this week it was not even possible to travel directly between them: Taiwan-China flights had to go through Hong Kong, and ships had to stop off en route at the Japanese island of Okinawa. The 180-km-wide (110-mile-wide) Taiwan Strait remains one of the most heavily militarised regions in the world, with an estimated 1,300 Chinese missiles pointing at the island of

Even under the new government of President Ma Ying-jeou, which is committed to improving relations with the mainland, Taiwan keeps its defences up. Taipei recently signed its largest-ever arms deal with the US, agreeing on a \$6.5 billion package of guided missiles, attack helicopters and other advanced weaponry. Beijing retaliated by cancelling a series of scheduled meetings between Chinese and US generals - but it did not cancel the visit of Chen Yunlin, the most senior Communist official ever to set foot in Taiwan.

Chen is not formally a member of the Chinese government, because Beijing sees Taiwan as a renegade province, not a legitimate state. He is officially the head of a non-governmental organisation called the Association for Relations across the Taiwan Strait, and his host, Chiang Pin-kung, is the chairman of a similar Taiwanese NGO, the Straits Exchange Foundation. But that is just a charade to save everybody's face: this is really a serious encounter between two governments.

The first results of the encounter are already known: in future, cargo ships will be allowed to sail directly between Taiwanese and Chinese ports, and there will be over a hundred direct flights a week between cities in Taiwan and China. There are hopes, especially in Taiwan, that this will lead to greatly increased trade between the two sides, and the next round of talks (which will be held every six months) will focus on closer financial ties as well.



Gwynne Dyer.

Gwynne Dyer is a London based independent journalist whose articles are published in

45 countries. His book, "After Iraq", has just been published in London by Yale University Press.

But where is all this leading? Reunification? The opposition Democratic Progressive Party (DPP) in Taiwan fears so, and a million of its supporters demonstrated against the meeting across Taiwan last week, but President Ma swears that he will make no moves that compromise Taiwan's sovereignty.

Well, then, could there be a permanent two-state solution in which Beijing and Taipei recognise each other as legitimate governments of independent countries? Beijing's leaders would rather die in a ditch, and so would many ordinary Chinese for whom the unity of the motherland is sacred. The truth is that neither side really knows the destination of this voyage, but they are nevertheless setting out together.

There have been great changes in China, where prosperity has soared and the ruling Communist Party has scrapped most of its ideology over the past quarter-century, but Taiwan has changed even more. Sixty years ago, after all, the Nationalist Party that ruled the island for so long was almost identical to the Communist Party in its structure, its nationalism, and its authoritarian style.

Both parties were formed in the wave of nationalist fervour that swept China after the 1911 revolution overthrew the monarchy, and Chiang Kai-shek, who led the Nationalist Party for fifty years until his death in 1975, was just as autocratic as his great rival Mao Zedong, the leader of the Communist Party. But the Nationalists lost the civil war in 1949 and withdrew to Taiwan, where American seapower prevented the Communists from following, and so Taipei became the seat of the government-in-exile of the Republic of China.

That, at least, was how Chiang saw it, and he harshly suppressed any expressions of Taiwan separatism. His dream was to return to Beijing in triumph as the leader of a reunited China. But in the quarter-century after Chiang's death the Nationalist Party in Taiwan, while remaining dedicated to a united China in principle, gradually moved towards a fully democratic system — and so lost power in 2000 to a separatist party that wanted to declare an independent Taiwan.

There was genuine support for that goal in Taiwan, especially in the south, but it was never a real possibility: Beijing made it clear that a declaration of independence would trigger an invasion. So after eight years of economic stagnation and growing corrup-tion, the separatist DPP lost power in last March's elections, and the Nationalists returned to power under Ma. They remain committed in principle to the reunification of China, but not under a Communist dictatorship.



Improving trade with China is very important to Taiwan, which has not done well economically in recent years: the average Taiwanese still earns about five times as much as the average mainland Chinese, but the gap is narrowing

fast. However, closer political ties are more problematic, and the military still stand ready on both sides of the straits. The two governments may be setting off on a voyage to nowhere, but at least it has

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Magna Carta says 'Give a | Treat your feet! book for Christmas'



That time of year is coming round again and Magna Carta is an excellent place to start looking for those special Christmas presents; books are always an ideal, personal gift that can be cherished forever and books are what Magna Carta does best!

As ever, Magna Carta is packed with books to suit all ages; from children's favourites to the top-10 UK bestsellers.

The shop also offers a usedbook credit-exchange system, which allows customers to 'buy' secondhand books at the lowest price, and get a refund on returning the book

As part of the 'Do give books Christmas Campaign', Magna Carta is helping people to make Christmas shopping uncomplicated. If you are on a budget this year but still want to give something special to your friends and family, Magna Carta are welcoming e-mails or written lists of people you want to buy presents for (including what type of book/subject they might like, their relation, age and gender) and how much you're willing to spend in total.

Leave it at the bookshop and they'll come back to you with a suggestion of titles. (Please allow a minimum of €10 per adult and €5 for children books). The books will be gift wrapped and delivered if you can't make it to the shop (by arrangement and for orders of €50 or more.)

Magna Carta urges "Do give books - religious or otherwise for Christmas. They're never fattening, seldom sinful, and permanently personal".

Hardback books are always popular at Christmas and Magna Carta has a fabulous range, including Nigella Lawson's Christmas recipes, the Guinness World Book of Records 2009 Jamie and Oliver's 'Ministry of Food'.

There is also a selection Portuguese books that may be hard to come by elsewhere, including 'Plants of the Algarve', History of Portugal', and a collection of Portuguese recipes, as well as a section dedicated to literature for the 'Mind. Body and Spirit'

Complementing the books is a range of Christmas accessories, like boxes of cards, crackers, wrap ping paper, calendars for 2009. and exclusive handmade cards that can be personalized-to-order. Hung on the bookshop's walls are photographic portraits from local artist Ann Lewin, beautiful pieces of art that make an ideal gift or home decoration.

A Christmas catalogue will soon be in, so for more information on new arrivals, soon-to-bepublished books or literature tipped to be the next big thing, as well as everything else that is al-



Susana Parker, owner of Magna Carta

ways in stock, pop in to Magna Carta and ask to see the catalogue, or keep an eye on their website: www.magnacartabookshop.com.

Orders can be made, and, as long as they are in stock, books will be delivered within five working days. Alternatively, books can now be directly delivered to UK addresses. Posting books to clients (in Portugal) now costs €3.80 regardless of amount spent/number of books on order.

For more information, visit Magna Carta in Alvor, (phone: 282 496 001, or see website for directions and opening times), or e-mail: info@magnacarta book shop.com.



For six months of the year they are exposed to the elements, the other six months kept smothered; they do all the running, all the walking, and are often squeezed into shoes of incredible shapes and sizes. So is it any wonder feet deserve special attention?



Happy Feet specialises in exactly that: keeping feet happy and healthy

Established for nearly 18 months by English-speaking, German-qualified resident CarFeet is one of few companies to specialise in treatments for foot funguses and diabetic's feet, having all the appropriate equipment and products.

men Becker, Happy

She also offers specialised pedicures, stress-relieving massages for feet, and other treatments, all using state-of-the-art equipment and leading products.

Also to be introduced now for winter is a relaxing foot spa, comprising a mask, paraffin bath, and deep relaxing massage

Over the past 18 months Carmen has gained a healthy regular clientele, mainly thanks to her popular home vis-

Clients travel from all over the Algarve to visit her salon in

Alvor, which is relaxing and spa-

Corns, calluses and funguses are no challenge for Carmen, who says, "It is amazing what I see on feet, but most things can be treated and cured, as long as the patient also continues treatments at home. Some people tend to give up, but it takes patience!"

Carmen has recently introduced relaxing body massages to complement her services, as well as hot stone massages, perfect for warming up in winter, and lymphatic drainage massages, by appointment.

"People usually love to have their feet done", says Carmen, 'and if they are done properly and taken good care of on a regular basis, this can help the rest of the body keep a healthy balance"

For more information or to book an appointment, at home or at the Happy Feet salon in Alvor (located in the new Dunas building in Alvor, opposite the school and just behind Remax), contact Carmen on: (+351) 966

'Collections', on the move and always in fashion



With its first fixed venue now open for just over one year, stocking all the latest fashions and in sizes ranging from 8 to 24, what started off as a 'travelling shop' has found its foundations and become a staple part of the Algarve's fashion scene.

The first 'Collections' shop opened in Alvor on October 4th 2007, and recently celebrated its first anniversary

'Collections's success was attained over years of fashion road shows held across the Algarve, and has seen its clientele base range from ages between 16 and 94, offering something for everyone.

Despite having a dedicated shop, Alison Slater, owner of 'Collections', still takes the 'travelling shop' across the Algarve. Next week she will be in Loulé/Almancil (see advert for times and location).

show stock hundreds of separates from more than 20 suppliers, for which 'Collections' is an exclusive outlet.

bow of this season's vogue colours, catering for causal daywear to sophisticated

In the shop there is a range of highly fashionable accessories. including head adornments like 'fascinators' colour-coordinated iewellery. scarves, etc. so the perfect outfit can be created for

any occasion. Clients v will also be able to find shiny, sparkly garments for the Christmas season, ready for seasonal festivities



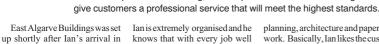
evening wear.

Both the shop and the road-

These include jackets and wraps, trousers, shirts, cardigans, jumpers, and all in a rain-

Alison Slater established 'Collections' eight years ago, with the aim of "taking fashion to the people". The business expanded considerably, resulting in the first 'Collections' shop. For more information, contact Alison Slater on: (+351) 919 959 819, 282 358 014, or e-mail: greening@sapo.pt.

Alternatively, visit the shop in Alvor, just down from the Pestana Country Club, open Monday to Friday, 10h00–13h00 and 15h00-18h00, and Saturday 10h00-13h00. Shop telephone: 282 476 574.



EastAlgarve Buildings

Portugal and he soon got phone calls for jobs to be carried out. more will come naturally. Providing free quotes, East Al-Happy customers quickly passed their satisfaction on: "So far, in fourteen months, we have had countless jobs in all areas of work" he said, adding that "the recipe for success is ambition and hard The company does any sort of

done, his reputation will grow and

Ian Shaw moved to the Algarve just over fourteen months ago seeking a

better lifestyle and a good location to bring up his daughter. With over a

decades experience in building, he set up his own business seeking to

garve Buildings, as the name says, only work in the Eastern Algarve, from Faro to Spain, sometimes even going past the border. When approached by clients, Ian always recommends which materials are the best to use, what stores give the most competitive prices; he can also assist with planning, architecture and paperwork. Basically, Ian likes the customer to have the least hassle possible and will do his utmost to certify everything is finished on time and within budget.

All jobs have a guarantee after completion, the period varying depending on the materials used and the job carried out. If you are interested in East Algarve Construction's services, please call Ian on 964508128 or email: ian.shaw72 @hotmail.co.uk.

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takes a managerial role if needed. Having several jobs at once does not affect the time each individual job will take to be completed as

construction work, from building

new homes to renovations, paint-

ing, plumbing, tiling, electrics, car-

pentry, etc. and his ambition to

grow is clearly visible. Depend-

ing on the size of the job, Ian hires

experienced local workmen and

will carry out several jobs at the

When this happens, Ian takes

charge by delegating and visiting

all the jobs to ensure everything is

going smoothly and to hear the clients' ideas and opinions.

Jeff, Ian's right hand man, also

puts down the tools at times and

same time if needs be.

A 10 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 8 Nov 2008

PROPERTY 0 н

Countryside or coast? Why not have both!



Location doesn't get much better than this. Situated centrally between the beautiful Algarve coastline and the EN125, just a few minutes drive from the city of Lagoa and the award-winning Praia da Marinha beach, this week's featured property is a spacious countryside vivenda located in one of the region's most soughtafter areas, in Salicos, near Caramujeira.

Surrounding the property are sprawling green fields and rural flora, its elevated position offering views over Lagoa and out to the Monchique mountain

It is an ideal family home with an unusual layout. Bicycle lanes criss-cross the fields for miles,

and it is just a short distance to the nearby Porches International School.

The property itself sits on a plot of 3,000 square metres, fully fenced, divided into a natural rural area at the bottom of the rectangular-shaped plot, ideal for children or animals to play and explore.

The grounds surrounding the property are landscaped; stepped, gravelled, and comprises mature indigenous flora, including bougainvillea arches and water-resistant plants.

Despite not having a garage there is plenty of outdoor space for private parking, and to build a carport. Planning permission has been authorised for a swimming pool.

Through the property's main entrance we come into a hallway. To the left there is a good size

board fronts, granite work tops. a separate storage room, and space enough for a dining table. The vivenda's lower floor is

exactly the same size as the first floor and is currently set out as an open-plan two-bedroom apartment.

It is self contained, having no direct access from within the property.

This lower floor is fully legalised and not a garage-conversion. It is registered on the property's deeds as a living space, and can therefore be rented as such offering excellent prospects for an income.

Inside the self-contained apartment there is, to the right, a single sleeping area plus a huge bathroom with double-size shower; there is an open-plan living/dining area and a fully fitted kitchenette. The front of this area is hexagonally shaped, given loads of light through a series of win-

To the left of the apartment is a second, double size sleeping area, which could also be used as a study, office, etc.

If renting out is not an option, this lower floor could easily be incorporated into the main property, by creating a staircase, offering the fantastic possibility to become a home gym, library, games room, home cinema, additional living/sleeping space, etc.

Outside there are a number of outhouses, including a storage shed and a laundry room, as well as a barbeque area.

Well kept and ready to move into, the property is priced at €445,000.00 (negotiable), including furniture.

For more information on this very versatile and excellently located property, please call Abode on: (+351) 282 356 865, e-mail: leohbraun@hotmail.com, or see website: www.aboda-pt.com.





guest WC, and right, a spacious guest bedroom with ample fitted wardrobe space and a large ensuite bathroom.

Second left there is another bedroom, the master bedroom, which comprises a very generous sleeping area, complete with fitted wardrobes, and an equally generous en-suite bathroom with a shower and a sunken tub.

All windows are double glazed and have mosquito nets fitted.

Straight ahead from the entrance hall is the living room, an open plan space with two seating areas, a wood-burning stove and double-aspect patio doors that open onto a raised terrace from where beautiful views over the countryside can be enjoyed.

Right, off the living room is a big kitchen. Modern, fully equipped with solid wood cup-



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Vilamoura

3 Bedroom / 3 Bathroom detached villa with private swimming pool. Located within a few minutes walk of the new Hilton Spa resort, the villa also offers a large basement suitable for a gym/cinema room or 4th Bedroom

Price: € 575,000



Vilamoura Luxury 3/4 Bedroom luxury villas ocated next to the "Old Course" in Vilamoura. The villas are luxurious and offer the highest quality of inishing's and fixtures. The property has a large garage and basemen area suitable for a further 4th Bedroom or Games Room Price: € 590,000



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Price: € 330.000



Vilamoura – 'Old Village' Bedroom townhouse located at the Old Village. This house offers a nice lounge/dining room with wood-burning fireplace and has a nice roof terrace with golf and sea views.

Price: € 375,000



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Attractive 3 / 4 bedroom villa with A/c throughout, garage, swim-ming pool (40 m2), prepared for mains gas, on a plot of 991,60 m2 consisting of attractive garden, situated less than 2 kms from Altura / beach and 8 mins. drive to

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ery nice modern 3 bedroom single storey Villa with pool on quiet location. Good road access Must be seen. Construction size approx 156m2 & plot 6000m2

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Vilamoura

Located in a quiet area, two bedroom apartment composed of one bathroom. lounge with dining area, equipped kitchen and terraces. Parking space in the basement. Communal swimming pool and garden area. Construction area - 70 sq.m.

Price: € 160,000

Ref: A1273



bedrooms, 2 bathrooms, lounge with dining area, equipped kitchen, storage, laundry room and terraces. Storage and parking space in the basement. Communal swimming pool and garden area. Construction area

Price: € 215,000

Ref: A1277



Excellent villa, located in front of the golf, composed of 3 bedrooms. 5 bathrooms, lounge with fireplace, dining room, kitchen, laundry room and office. Terraces, barbecue, swimming pool and garden. Garage and basement. Plot area - 400 sq.m. Construction area - 320sqm. Ref: V12575 Price: € 1,300,000 Ref: V12575



Luxurious villa, composed of 6 bedrooms bathrooms, lounge with fireplace equipped kitchen, laundry room and storages. Office, basement with lounge and garage. Barbecue and various terraces. Swimming pool and garden. Sea view. Plot area - 2.300sqm. Construction area - 629sqm. Ref: V12592 Price: € 1,500,000



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My own personal favourites

Tulips should be grown in sun

They thrive in fertile, well-

Planting can be delayed until

into multipurpose compost be-

risk of bulbs rotting. Place your pots on plant feet to ensure the

damp doesn't come up through

the pot, which will also rot your

If you want earlier flowers,

you can force bulbs by planting

I always keep my container

Try out new types of tulips





If you haven't planted your spring-flowering bulbs yet, tulips can be planted in November and December to produce fantastic flowers from February to late May.

There are so many varieties available, it's difficult to know which to choose, which will withstand harsh winds without falling over, which are better for a formal bedding display or a tub, and which will match your exist-

ing plants. Researchers from Which? Gardening, the Consumers' Association magazine, put some new tulip varieties on trial last spring to find out the bestlooking, longest-flowering and sturdiest new tulips.

Among the best buys were the lily-flowered 'Purple Dream' (Peter Nyssen, 0161 747 4000, www.peternyssen.com), whose long-stemmed purple flowers reached 19cm across and formed a block of brilliant colour, open-

up the pots in November and keeping them in a cool, dark place. When the buds appear in Decem-

bulbs.

ber, they can be moved to a cool, light spot - and after two weeks

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can be brought indoors for flow-Increasingly, tulips can be left

in the ground over the winter to emerge again next year, but if you live in a cold area with heavy soil, it's best to lift bulbs after the flowers and leaves have died down to increase the likelihood of getting flowers next year.

Of course, tulips are well known for making striking, uniform displays in borders, but they can be incorporated into a wealth of schemes, even the humble vegetable patch. Plant early cabbages and other veg between the rows, and soon the dying foliage of the tulips will be camouflaged by the growing veg-

Thinking of Christmas? Which? Gardening is a subscription-only magazine published 10 times a year. For details on how to receive three issues for £3, telephone 00 44 (0)199 282 2800 or visit www.which.co.uk

Hannah Stephenson

Three ways to...

Make the most of spring bulbs in pots

- 1. Plant varieties such as muscari (grape hyacinth) closely together as stand-alone specimens in terracotta pots to make more of an impression.
- 2. If you don't want to plant winter bedding while waiting for the bulbs to emerge, sow grass seed over the compost once the bulbs have been planted to provide a green surface over the pots and a lovely background for the bulbs as they grow.
- $3.\,For a \,succession \,of \,flowers \,in \,one \,big \,pot, \,plant \,in \,layers.\,On$ the top, use dwarf, early-flowering bulbs. Beneath these, plant early-flowering narcissi, and on the lowest layer plant late-flowering tulips.

From plot to plate



Self-blanching

It may be a more challenging veg for the average gardener, but the crisp texture and wonderful flavour of celery you've grown yourself far outweighs any you'll find in a supermarket.

If you use self-blanching varieties which don't need trenching. the job will be easier, although these varieties can't be left in the ground once the first frosts come.

Celery is best grown in a vegetable patch and prefers an open site with a fertile soil that holds moisture well. If the soil is acid you'll need to add lime to raise the pH to 7.0 (neutral).

Self-blanching celery should be grown in a block, with plants close together so they shade each other, thus lengthening and blanching the stems.

Sow seeds under heated glass

between mid-March and early April. They need light to germinate, so sow them on the surface of the compost and cover them lightly with vermiculite. When they have four to six leaves, thin them out and harden them off after the last frosts.

For self-blanching types, dig a bed in April, adding manure or compost and rake in a general fertiliser in May, prior to planting.

Keep the plants well watered in dry weather, and with selfblanching celery tuck straw between the plants which form the outside lines of the bed. Harvesting should begin in August and end before the first frosts.

Good varieties include 'Victoria', 'Lathom Self-Blanching' and 'Pink Champagne', one of the few pink self-blanching varieties.

Top tips for:

Creating focal points

- 1. Place several tall obelisks within your vegetable garden to host runner beans. Sweet peas can be planted with them to encourage increased pollination from bees and therefore better
- 2. Invest in a generous-sized container to place among foliage which will enhance its architectural line. The container can often remain unplanted.
- 3. Stone statues often look great against a deep green background, but also look wonderful surrounded in winter by the frosted foliage of plants such as rosemary.

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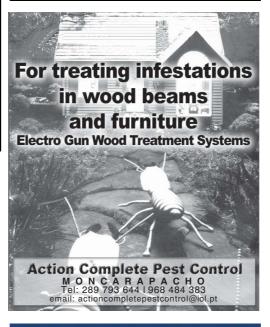


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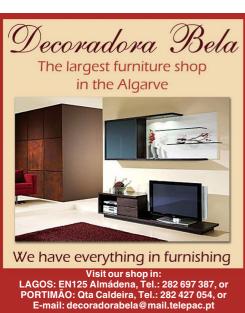
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30 parenting

Greetings from Semonkong





It is one of the poorest of Lesotho's ten districts Men plough and farm to support their families, or leave to find jobs in the South African Mines. The miners bring home the big bucks and sadly, we believe, also the Aids infection.

There are many orphans here. We opened the Semonkong Children's Centre in February 2006 with eleven orphans. Today there are seventy-eight orphans living-in. One big happy family. My youngest daughter Tara (she used to work for the News!) and

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When the orphans first arrive they hate snow! They come from the poorest families and their huts are cold. They have no chimneys and are heated by burning a mixture of cow-dung and bracken on a large metal plate in the centre of the hut. The thick smelly smoke has to be seen to be believed! Blankets are threadbare and its a battle to keep warm.

her husband Patrick run the

S.C.C. They emigrated from Holland in Nov 2008 with their

three children, Melissa, Luke and

Joel. It is not an easy move from

time-orientated, super-efficient

Holland to slow-moving Lesotho

what day is it?.. but they have

Surviving your first winter in

Semonkong is the locals test and

they have passed it! The family

brought sledges (and all their

household effects) with them.

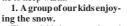
What fun all the kids have hur-

tling down snow covered slopes.

Sledges are one up on sitting on

all settled well.

plastic bags!



They quickly learn to make and throw 'mean' snowballs. The lit-



tle girl in the striped purple top with blanket over her head is Tina, a dear little one who is totally deaf. She copies everyone and is fully accepted and much

2. Making a snowman

 ves. I promise this is Africa! The kids also enjoy cutting blocks of snow and trying to make igloos. One of their favourite cartoon characters is 'Pingo' who lives in an igloo!

All our children are warm and well-wrapped up, thanks to clothing which is given by friends. With the faithful support of kind and generous friends and church families, we are able to help increasing numbers of vulnerable orphans.

3.Baby Motseliso.

Isn't she adorable? She is much loved and nicely spoilt by everyone. Our bigger girls all want to help with the babies. Motseliso is one of four babies we have living-in. Sister Agnes at the nearby R.C.Clinic helps us with milk formula for our babies. Sadly one baby is HIV infected but happily is thriving on good nutrition and A.R.Vs. Why do we bring an orphan baby into care? An elderly Grandmother battles to cope with carrying a baby on her back and working in the fields. If she is poorly educated then she cannot tell the time and cannot reliably give A.R.Vs. Generally, the baby is safer with us.

4. Children on Bench.

A group of our girls watch the boys play football. We give thanks for all the warm clothing and a wonderful Aga stove that warms the main building all winter. Bernard, we all thank-you for choosing not to have flowers at your funeral. You blessed many

orphans with your parting kind deed of a big Aga. You are fondly remembered.

5.Making Candles.

Two of our bigger girls, Agnes Fobo and Jacinta, pour hot wax into a jug and into molds to make fluted candles. The wax is coloured with old wax crayons. They make nice fun colours and we sell them for R.5.a pair. This is one of our small income producing projects. The girls also make Vaseline. In summer we grow many vegetables.

6.Food Parcels.

Once a month we give out food parcels to vulnerable children living in the nearby villages. The poorer kids will survive on mealy-pap and cabbage. We supplement this basic diet with oil, beans, rice, soya mince, salt, soap and instant pap. Clothes are given as and when they are needed. This is Patrick helping give out parcels.

7.Prince Seeiso (saveeso) visits our Semonkong Shepherds School..

Prince Seeiso is the younger brother of our King Letsie 3rd. He is also founder of 'Sentebale' along with our own Prince Harry. Prince Seeiso enjoys singing with our students and he is a big encouragement to all. Julius Majoro is in charge of the Shepherds School and he has more than fifty local shepherds enrolled. They study 4 nights a week. WE give them a hot meal too. Just to set the record straight, someone thought that we were training boys to be shepherds! Not so! There are more than 60,000 shepherds in Lesotho and most have no education. Julius teaches basic literacy. This year the Gov't of





Lesotho set exams for the shepherds. We wait the results!

Photo 2

8. Fusi in winter!

It's a wonderful photo! This is what all our boys look like when it is bitterly cold. Everyone wears many layers to keep warm. Even the Police will cover their uniforms with a big Basotho blanket. You are not considered to be properly dressed if you do not wear a blanket.

Fusi is 10 years old. He was orphaned and sent to the Cattle Post when he was 8.to learn to be a shepherd. Its a tough frightening life living in the open on the high mountains. His Uncle Thema, a Zion Minister, brought him to us to live-in. He started school and is consistently No.1. in class. He also has a big brilliant smile but sorry, you can't see it in winter! Our winter is Portugal's summer.

With the number of orphans steadily increasing in Lesotho, we are very grateful for every prayer and any donations. Its hands-on giving and we have no office expenses so your gift goes to help an orphan. Thank-you and God bless you, Jill.





If you would like to help the children of Lesotho, my Bank details are:

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As I rarely receive a Bank statement, please let us know if you make a deposit - we would like to say 'God bless you and thankyou.' If you have no spare cash, then please 'Keep on praying for us.... We want to do the right thing at all times' Heb. 1:18



Island Café is situated at the entrance of Presa de Moura, in Sesmarias, near Carvoeiro and offers American casual dining in the relaxing atmosphere of their new, modern restaurant. The restaurant has an airy 'garden' feel, from the moment you pass the many plants on your way in, to the very large open windows leading onto the terrace. Your host Tony Trinder says his brilliant staff will serve up-market American food which is exceptionally good value. The wine list offers a very good selection and there is a separate children's menu. There are plans for live music twice a week during the winter and reservations are recommended.

Faja Lobi is in fact an indigenous flower of Suriname and the words mean fiery passion, which is how chef Farida ap-proaches her love of cooking, using receipes learnt from her mother and grand-mother. Situated in Alvor and believed to be the first and only such restaurant in the Algarve, dishes are largely influenced by Indonesian cusine, though Farida and her husband Peter are happy to make dishes as spicy or mild as clients wish. There are smoking and non-smoking areas. Try their daily Surinam Ricetable or something else from the New menu. The restaurant is open from 5pm -10pm. Lunches are available

ALMANCIL

Shanghai

Almancil

ALVOR

Cuisine

838 484

til late, late

Tel: 282 457940

Food Passion

22 00

Faja Lobi

Tel: 963 731 736

Shanghai Restaurant

Open: Daily 12.00-15.00 & 18.00-23.00

Rua do Comèrcio, 94 R/c,

The Battering Plaice
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Mon-Thurs, Sat & Sun

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Above Caixa Geral Bank,

Tel: 282 314 276 / 912 159

Seattle Style American Bar & Chowder

Open: Daily from 10.00am

On right of Alvor harbour

next to the Lifeboat Station

Open: from 6.30pm

Almancil Tel: 289 397 642

Delicious dishes from

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Shanghai Chinese Restaurant offers excellent quality, and only fresh produce in all its delicious dishes from Shanghai. These regional dishes are not found in other Chinese restaurants. Your hosts Wen and Ying, along with their friendly staff give a fast and efficient service, which includes take-away. They will even prepare your favourite special Chinese dish! Just give them time to make it. However, you might like to try their Sizzling Prawns with ginger and onion or maybe Canton Spicy Duck, or how about their sweet Thailand Fried Rice. They are easy to find, on the Almancil road going to Vale do Lobo - look out for the fishpond in the front.

The Cornish Range in Burgau offers a taste of Cornwall in the Algarve in their air conditioned premises or as a takeaway treat. Their range consists of traditional Cornish pasties, sausage rolls, scones and muffins, clotted cream, homemade desserts, sand-wiches, 100% pure apple juice and award winning ice cream. Hmmm ... sounds delicious. Parties are catered for and they have a membership scheme for surfers and golfers.

Seattle Style describes itself as an Amercian Bar and Chowder House and is located

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The Cornish Range – O Sabor da Cornualha

The taste of Cornwall in

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Shop 282 098 268

Mobile 933 831 358

Island Café
American casual dining

Open: Everyday from

Entrance of Prese de Moura in Sesmarias.

Tel: 282 353 406

LAGOS/LUZ

Restaurante

Tel: 282 687 204

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CARVOEIRO

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Rua Dr. Guerreiro Tello,

BURGAU

Restaurant guide

on Alvor's harbour next to the Lifeboat Station, overlooking nothing but the river, fishing boats and sailing yachts. As well as traditional dishes from the U.S.A. they offer steaks, seafood, giant prawns and Tex Mex - served in typically American portions - inside or outside on their large terrace. Children are welcome and there is live music every night. The Barhas Sagres, John Smiths, and Fosters beers, and also Strongbow cider on tap, plus American cocktails and fresh fruit Margaritas are a house specialty. There are wheelchair facilities

Tel: 282 457 940 American Bar Chowder House

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Sagres, John Smiths, Fosters, Strongbow on tap American Cocktails Fresh Fruit Margaritas House Speciality

DINNER THEATRE AT ALVOR AT

Restaurant Faja 2

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Pumpkins soups

Chicken and pumpkin Laksa

Paste:

2 bird's eye chillies, chopped

2 lemongrass stems, white part only, chopped

4 red Asian shallots, peeled

1tbsp chopped ginger 1tsp ground turmeric

3 candlenuts (optional, and if these can't be sourced macadamia

nuts are a good substitute)

The soup: 110g (3 3/4oz) dried rice noodle sticks

1tbsp peanut oil

250g (9oz) butternut pumpkin (squash), cut into chunks 800ml (28fl oz) coconut milk

600g (1lb 5 oz) chicken breast fillets, cut into cubes

2tbsp lime juice

1tbsp fish sauce

90g (3 1/4oz) bean sprouts

15g (1/2 oz) torn basil 10g (1/4 oz) torn mint

50g (1 3/4 oz/ 1/2 cup) unsalted peanuts, toasted and chopped 1 lime, cut into quarters

Put all the paste ingredients in a food processor with one tablespoon of water and blend until smooth.

Soak the noodles in boiling water for 15-20 minutes. Drain.

Meanwhile, heat the oil in a wok and swirl to coat. Add the paste and stir over low heat for five minutes, or until

aromatic. Add the pumpkin and coconut milk and simmer for 10 minutes. Add the chicken and simmer for 20 minutes. Stir in the lime juice and fish sauce.

Divide the noodles among four deep serving bowls, then ladle the soup over them.

Top with the bean sprouts, basil, mint, peanuts and lime.





Iron Plate, sizzling duck with ginger and Vietnam fried rice

do Comercio 94, Almancil



American Casual Dining

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Reservations

Tel: 282 353 406



They are on their way!



Operation Christmas Child has had another successful campaign in the Algarve, thanks to so many people filling shoe boxes with gifts. The boxes are being sent to children in far away places, who would normally not receive gifts at Christmas or, more than likely, not at any other time or the year either.

For the 7th year running, churches, schools, Ladies Groups, Sports clubs and individuals across the Algarve have turned up trumps with their generosity and love. This year over 1330 boxes from the Algarve, will be given to children who may never have had a present before. The look of joy on those children's faces says it all. They cannot believe that someone they have never met actually cares about them. This can be a lifechanging experience for them and on their behalf, I would like to say a huge "Thank You!"

Operation Christmas Child is part of a registered charity called Samaritan's Purse, and it aims to reach out to children who are victims of war, famine, poverty, disease and natural disasters across the world.

The shoe boxes from the Alarve first have to be sent to the UK. Here they are all packed into specific loads for each different country. These countries could be in Eastern Europe, in Africa or Asia. Further boxes are sent from the USA to South American countries. The donation of €3 in each box, goes towards the transport costs from the UK to these countries. If you are able, do check on the web site to see the children's faces as they open their box!. www.samaritanspurse.uk.com

It is impossible to thank everyone individually, but this year, we must say a special thank you to St. Vincent's Chaplaincy and other individual benefactors. who donated the money needed towards transport of the boxes back to the UK. In previous vears, we have always been grateful for the free transport offered by transport companies here in the Algarve, and we do realise that this year, in the present economic climate, this was impossible to expect. Therefore, we are extremely grateful to A.I.M., for providing transport this year at cost price. The boxes will be arriving in the UK this weekend!

A very BIG THANK YOU to all who took part

Gill Rhodes e.mail: jtgbrhodes@yahoo.com





American Casual Dining

Cracking Christmas 2008

4th - 30th December: Menu as follows:-Canapes Bruschetta - Home-made Tomato Soup Prawn Cocktail - Roast Turkey with trimmings Roast Beef, Yorkshire Pudding and Vegetables Pan Roasted Salmon - Christmas Pudding Coffee & Mince Pie - ½ Bottle of House wine & Water Café & Liquer - Christmas Crackers

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The creative art of laving a table

Christmas calling charity

event



Raising funds for the charity Friends of Cambodia, the 'Art of Dining Exhibition' can be seen at Galeria Corte-Real in Boliqueime on 29th and 30th of November.

This unique event brings together a group of skilled interior designers who have prepared 20 perfect tables, each one set for a special occasion and presented in a particular style. Displaying high standards of creativity, it is surprising how much there is to learn about the art of laying a table!

The gallery - situated inside Boliqueime railway station - will be transformed for two days to accommodate the exhibition. The entrance fee of 10

Raffle

Offers

Sanctuary

All proceeds to

euro will be donated to the charity. Christmas gifts will also be on sale.

On Saturday 29th, early in the evening, a chamber choir - part of the cultural association, 'Ideias do Levante' - will entertain guests with sacred music, Christmas songs and carols.

Alongside promoting local artists, the owners of the gallery also support up and coming musicians. Over the year some inspiring performances have been held on Saturday evenings, coinciding with the openings of new art exhibitions

The 'Ideias do Levante' chamber choir, directed by maestro and flautist Francisco Brazao, was founded in the year 2000 and is based in Lagoa. Their objective to promote musical culture in the region has met with great success. The 40minute performance has been specially prepared for the event. Carol singing led by the choir will follow. It is suggested that tickets for Saturday

evening are booked in advance. Telephone: - 918 980 199

The 'Art of Dining Exhibition' is open on 29th and 30th from 11am until 5pm.

At other times the gallery is open from Wednesday to Saturday from 11am until 5pm.

From the EN125 at the Fonte de Boliqueime roundabout, follow signs for the railway station & gallery.

The charity, 'Friends of Cambodia' is registered in Portugal/#498645

Countdown to Christmas Christmas treats - traditions to tummies

of international decorative table settings

The pull of much of Christmas relates to its history - our personal stories of the wonder of our Christmases past and the hundreds of years of tradition packed into the morsels which make up this special holiday.

Food carries much of this sensory significance. Think of the spicey smell of a freshly baked gingerbread, popped in your mouth. Savour the first spoon of Christmas pudding.

The pudding we now associate with Christmas dates to the 15th century. It was a first course containing meat (beef or mutton), onions, root vegetables and dried fruit. As more dried fruit became available in the 16th century, these were added and the meat and vegetables cut back until only suet and sometimes carrot are the remains of this more savoury pudding. By 1670, this pudding was specifically associated with Christmas.

Holly, and a sprig of arbutus, topped the pudding to keep away witches. The insertion of charms and coins could date from Stuart or Victorian England. Only the coin remains of the six objects traditionally mixed into the pudding for luck: 2 rings for love, a sixpence for prosperity, 1 trouser button for the bachelor, 1 thimble for the spinster and 1 little pig for the glutton.

It is not recorded who made the first cake with fruit, honey, nuts and alcohol, but it dates from before the birth of Christ. Initally a bread with fruit, rich fruit cakes as we know them originate in the 18th century and were made to reduce spoilage and for their travelling quali-

Oueen Elizabeth I is credited with the first gingerbread men. She favoured important visitors with likenesses of themselves stamped in this spicey dough. Initally the shapes were beautifully carved wooden moulds and the designs were impressed rather than cut.

Sweet Narilyn has made a delicious reputation supplying cakes and puddings to the Algarve including yummy Christmas puddings with brandy butter, moist fruit cakes and crisp gingerbreadmen. You can contact her at 282 458 391 or treat yourself at the Women's Network Christmas Fair, being held as usual on Dec. 1 from 11 am to 5 pm at the Hotel Garbe Armacao de Pera. There will also be many other wonderful stalls can inspire your Christmas decorating and gift giving.

Christmas Free Hot Mulled Wine & Cookies Christmas Goodies & Starts Here! Free Draw Ticket with every purchase Saturday 15th November Special

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ALVOR - 282 476 574

34 health

Demystifying chemotherapy



Cancer treatment chemotherapy has long been associated with painful side effects, including hair loss and nausea. Here we attempt to demystify the treatment and hear from people who have undergone it, as well as offering advice for those caring for friends and family as they go through chemotherapy.

Chemotherapy is hailed as a life-saving drug, but the thought of the side effects it brings, from nausea to hair loss, strikes fear into most cancer sufferers.

In the past decade though, vast improvements in the treatment mean that many side effects have been minimised and it has less of a life-altering impact.

There are more than 200 types of cancer and 50 different chemotherapy drugs used to treat the disease, which work by rapidly destroying cancer cells. Breast cancer is one of the cancers which has most benefitted from chemotherapy.

As with any form of cancer, treatment depends on the individual and not everyone diagnosed with breast cancer will receive chemotherapy, but it is most often used after surgery to stop cancerous cells from reproducing and spreading.

In the UK around 44,600

people are diagnosed with breast cancer each year, and just over a quarter of those will die, but survival rates are improving worldwide thanks in part to improvements in treatments available.

Oncology nurse Maria has been helping breast cancer sufferers since the early 1980s and has seen many changes over the years in the way chemotherapy

"One of the biggest changes is the different combinations in drugs we now have for breast cancer, which has impacted on the survival of breast cancer treatment," she says. "And with the advances in anti-nausea drugs. there's now a lot more that can be done to reduce the symptoms

chemotherapy produces.
"If you had chemotherapy back in the 80s, the chances were you'd have had to stay in hospital over several days, whereas now people will have the treatment as an outpatient, which is better as people prefer to be at home around their family and get some normality in their lives.

'Most people get through chemotherapy reasonably well.

ment," Maria continues. "Because of the side effects, I think chemo will always strike a degree of fear into people, but it's amazing how many people can cope with the treatment and the side effects

WHAT CAN YOU EXPECT?

Chemotherapy for breast cancer is given as an infusion, a combination of drugs specific to the patient, depending on fac-tors such as the type of tumour and the patient's age and general

Most commonly, the drugs are drip-fed alternately with saline solution directly into a vein for anything between half an hour to several hours, before the patient is given a rest period of three to four weeks.

day or two after the treatment. so it's best not to have any commitments and just take a couple of days to rest, says Maria. Most people start to recover a week or two after treatment.

The cycles of treatment and rest will last up to six months and side effects vary between patients, depending on the drugs, so it's up to the individual whether they take time off work.

"There are no hard and fast rules about working when you have chemotherapy, but the most important thing is to do what feels right for you," Maria

says.
"It can be quite difficult trying to do a stressful and demanding job whilst having chemo and many people find taking time off and then staggering their return to work helpful."

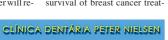
Hair loss or thinning will usually be a side effect of the type of drugs used to treat invasive (primary) breast cancer. "This can be one of the difficult things for women to adjust to," says Maria.

"Many women will have had breast surgery, so it adds to the problems of body image that they're already trying to deal



A chemotherapy drip.

Nausea levels vary quite a lot between patients. Maria adds. "Chemo will inevitably produce some degree of nausea but the severity will depend on the individual. It can last for a day or two whereas some people even get anticipatory nausea, so even the sight of the clinic can bring those feelings on.





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Some patients can get a sore mouth during the therapy, which means that bland foods or dairy products may be easier to eat. Other patients have reported a metallic taste which alters the flavour of food, so stronger foods like curry are good to counteract it.

People may put on weight during chemo, so Maria recommends sticking to a normal healthy diet to maintain body weight and being as active as you can.

Once the course of treatment is over, the immediate side effects, such as vomiting, will re-

Optica_

duce in a few days, but it can take a few months for hair to grow back and fatigue, one of the biggest side effects, may linger.

COPING WITH CHEMOTHERAPY

Wendy Peake, 55, was diagnosed with breast cancer and had a lump removed. When her body didn't respond to hormone therapy, her doctor suggested she have a course of chemotherapy to make sure the cancer didn't return.

"I refused," says Wendy. "I thought to myself 'oh well it's gone, so why do I need to have

chemo?' I didn't want to lose my hair, I didn't want all the side effects."

Even when her doctor explained that it would improve her 10-year survival rate by 8%, she was still reluctant. "It didn't sound a lot for everything I would have to go through, but the doctor said most people would bite his hand off for a two per cent improvement '

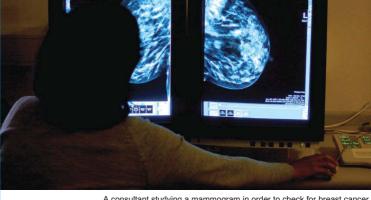
Wendy's doctor booked her in for a chemotherapy appointment for a couple of weeks time and told her to go away and think about it. During that time Wendy did as much research as she could about the treatment.

Having decided to go ahead with chemotherapy, Wendy met the oncology nurse to talk through the procedure and possible side effects. "The only thing they can tell you for sure is there's a 99% chance you'll lose your hair. They tell you what happens to most people and then you think the worst and that you're going to get every single side effect."

She remembers the first treatment, when she was put on a drip. "You haven't got a clue what's going to happen. You're there for three hours thinking 'I still feel OK' other than the fact you're bursting for the toilet!" she adds, with a laugh.

Wendy admits she might be an unusual case, but says that during the course of treatment she never once felt sick.

"The first three days after treatment I was absolutely fine, then I would have a weekend when I didn't feel great. I was



A consultant studying a mammogram in order to check for breast cancer.

never sick, but I was quite tired and lethargic and the anti-sickness drugs made me feel bloated and constipated.

Just before her second treatment, Wendy's hair started to fall out, so she took control. "I remember the day that I tugged it and it came away in my hand and I thought 'now it's going to go'.

"I couldn't face the thought of watching it slowly disappear down the plughole, so I rang my hairdresser and she came round and clipped it down to a number one cut for me.'

Over the coming months, Wendy admits she couldn't face going out without something on her head, whether it be a wig or a scarf with a false fringe.

"I thought I would brazen it out and go out there with a bald head and attitude, but I just

couldn't do it, because I didn't want people looking at me as if I was ill.

Today, more than a year after her course of chemo finished, Wendy still has very little hair, but she's slowly learning to cope with the way she looks.

"I've been hiding it for a year, I just feel so unfeminine with-out hair. But I just spent 10 days in the States on a motorcycle ride for breast cancer survivors. There were 20 of us and being with them gave me the confidence not to put anything on my head."

HELPIS AT HAND

For those who are facing chemotherapy, Wendy says: "Find out as much as you can before it starts, use all the facilities available, expect the worst

Health, Wealth & Wellbeing

and hope for the best and then go for it.

HeadStrong, Breast Cancer Care in the UK offer a peer support service for people to talk to others who have been through cancer. Details can be found at: www.breastcancercare.org or call their helpline on 000 44 808 800 6000.

Those with cancer and their friends and family can contact the Cancer Counselling Trust, based in the UK, who offer free counselling sessions. Go to www.cancercounselling.org.uk for more details.

In Portugal the Portuguesa Contra O Cancro runs the Linha Cancro (Cancer Line) tel. 808 255 255. Has Portuguese and English speaking

Kate Whiting







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China Revisited: Shanghai and Beijing



Most of my preconceived ideas about China were wrong. Instead of the rice paddies and pagodas I'd imagined, I saw skyscrapers and super stores, inhabited and frequented by vibrant, hardworking and dynamic Chinese, Over a year ago, friends from the US asked Don and me to join them on a tour of China and Tibet. The idea of a tour was new for us and bothersome. We wondered how much control the tour would exert on our days and nights, balked at compulsory visits to factories and showrooms, and wondered about the others who would be on the tour. What tipped our decision to go was the fact that China, we thought, would be difficult to navigate on our own, and Tibet perhaps impossible. One week after the invitation, we signed up for the tour and never looked back. Overseas Adventure Travel (go to: www.oattravel.com) prides itself on small groups, abundant contact with the locals and experienced guides in all cities. In all areas, they kept their promises.

First stop: Shanghai, Don and I flew from Lisbon to Zurich on TAP and then to Shanghai with Swiss (a Star Alliance Partner). The 11 hour, 40 minute flight to China was the longest I'd ever endured. Sleep came fitfully as we flew mainly in daylight and on a packed plane. (Whomever the global, financial crisis affected, we rarely saw signs of it

in China.) I was so excited when we arrived at our hotel (all prebooked by the tour company) that I grabbed Don's arm and said, "Let's hit the streets." One minute outside of our centrally located and comfortable Bund Hotel, an old man peddling a Pedi cab waved us in. Don, considerably more conservative than I, balked. "I'm going." I said, and he jumped in too. The "driver", with

no English and few teeth, pedaled us around streets packed with Chinese celebrating one of their most important holidays: a week long commemoration of the founding of China in 1949. Finally after a 40 minute ride, weaving in and out of cars, bicycles and pedestrian traffic all crisscrossing the main streets like Nanking Road with no order at all, we tapped the man on the back and signaled that we wanted out. After some unsuccessful haggling about the price (we were still novices with the Yuan then) Don and I alighted into the mass of people only to be approached within minutes by a Chinese young man with glossy pictures of many French and Italian "knockoffs" we had heard were sold in China. Feeling quite daring after the open air ride thorough town, we followed him across large and small streets into a series of rooms filled with other foreigners and display cases full of purses, watches, clothes and even golf clubs sporting the biggest brand names in the world.. I'd been told in Paris earlier in the year that if one is spotted with a Louis Vitton or Prada copy, authorities could confiscate it and fine the person with it. In truth I've never had much interest in the copies, shunning the sellers of them along the Paredão in Cascais and never having patronized Canal Street in NYC. But in China, it seemed a game, and I admit to participating in it. On my return I've just read an article entitled "Can Knockoffs Knock Out Your Business?" in the October issue of the Harvard Business Review that has dampened my desire for the knockoffs. ..well, for future ones, not the ones I already bought!

Of course Shanghai and then Beijing were not about shopping, but I will tell you that at the Silk Market in Beijing, the copies (and excellent ones) are not clandestinely displayed at all, and prices even lower (with playful bargaining) than in Shanghai. Many years ago a friend said, "Shopping is just a vehicle to meet the people," and for sure he was right when it came to China. From "Angel" to "Sugar", the Chinese merchants we encountered were charming, intelligent and and skilled bargainers. All of them carry calculators. (We learned that in their teenage vears many Chinese choose Anglicized names. One guide called himself Andy because he said, "A is the first letter in the alphabet, so people will remember me better.") The merchants there present a stark contrast to the Chinese I've encountered in the Cascais shops



In addition, the merchandise here is inferior to what we saw in China. Why, I'm still not certain.

Shanghai had a earthy and chaotic feel while Beijing seemed more controlled and cool in temperament with it's imposing buildings, business like people and impressive historical sights. On one taxi ride from the outskirts of Beijing into the city I thought I was in LA. In addition, the city seemed spotless, perhaps sanitized for the summer Olympics. We saw the famed Cube and Bird's Nest but were told they were temporarily closed. What wasn't closed was Tiananmen Square where a huge picture of Mao looms over the crowds. Before we entered the Square our local guide, Angie, told us to curb our political questions and conversations. Even on the bus she was reluctant to give us very thorough explanations of the events of 1989. Regarding censorship, I'd also been told that in China, 'Googling' the 3T's: Tiananmen Square, Tibet and Taiwan would yield nothing. I did manage to find links to all three topics but when I clicked on them, a 'Server Not Found' notice dominated my screen. In general, though, we were free to talk openly about most topics with no fear at all. Tibet was an exception, but I'll save that for a later column.

It's often the offbeat that one remembers more than the historic sights. As we exited the Square, three of us women on the tour told Angie that we needed to use the rest room. Inside we encountered 500 women, mostly Chinese, crammed into a room with about 30 stalls containing Asian squat style toilets. We waited in separate lines, like at Jumbo, each hoping that ours would open up first. Finally, Peggy's line, next to mine, started to move. The Chinese women signaled to her that they were going in two at a time, and Peggy did the same! (Happily, the women in my line did not adopt the same strategy.)

I keep a list of "must do's before I die" and walking on the Great Wall of China has always been one of the top items. The tour group visited the Wild Great Wall, a remote, and apparently authentic and unreconstructed section, but a part not accessible for long walks. I passed on that tour and instead walked on Mutianyu section, kilometers northeast of Beijing. Don and I hired a taxi driver from the hotel who took us there and waited for 6 hours as we ascended the wall in gondola like

vehicles, walked for 3 hours on narrow stones and climbed up and under tunnel like structures. Coming down consisted of steering individual toboggan seats through the twists and turns we'd passed on the way up to reach the Wall. When we finally got down I panicked momentarily as couldn't locate the driver. Then we saw him, smiling and asking about our adventure.

Tip: If you go on a tour be sure to do advance research and assume some responsibility for your sightseeing. After three days at home. I broke my midtrip resolution and went out for Chinese food. The owners, who came from near Shanghai, were delightful and seemed surprised that I could say "Hello" (Ni hao) in Chinese. However, I didn't tell the eager to please proprietors that the dumplings just didn't taste the same...

Pat Westheimer, E-mail: patwestheimer@gmail.com

Next column: Xian (Farmer Home Stay); Chengdu (Panda Sanctuary); and Tibet

Oporto, no oil

Having lived in Portugal for 17 years and seldom gone any further north than Lisbon I was actually quite excited when the opportunity to do some 'work' in Oporto arose. Yes, it would entail a pretty long drive and yes, it would be considerably cooler than the Algarve, but you can't live in Portugal and not visit one of its most charismatic cities, can you? Car packed, tank full, directions in hand (passenger's, not driver's), off we went to find out if Oporto had more to offer than just Port.

ix and a bit hours later (including a few stops the easily negotiated motorways for relieving and refilling) and there it was: Portugal's 'Second City', piled grandly on the north bank

of the River Douro, sitting proudly across one of six bridges that cross the waters and give the city its nickname 'City of Bridges'

Now the best way I can describe Oporto is by comparing it to a Monet masterpiece; looks

very impressive from a distance, but up close it gets a bit, well...

What from a distance looks like charming, colourful townhouses, built neatly in rows with some sort of uniform organisation, up close are actually incredibly nar-







painting but a real masterpiece

row multi-storey building of haphazard shapes and sizes, with mismatched tiling, identical windows and doors, all looking rather 'worn' and many have (not-so) attractive corrugated iron sheet exterior finishings on walls and roofs.

In fact, corrugated iron seems to feature heavily throughout the city, something the locals don't seem to notice. I found this out after asking a presumably knowledgeable city employee why so much corrugated iron was used in local construction, only to be answered with a rather confused gaze and the question "what iron?'

There is a very fine line separating charming and quirky from degraded and neglected.

However, taking into account that Oporto was in fact, at one point in Portugal's history, the heart of national industrialism and boomed with productivity. mainly in the textile trade, the number of abandoned warehouses should come as no surprise as over the years productivity dwindled and imports from Asia proved strong and more affordable competition.

Nevertheless, the City is fascinating, if not somewhat bewil-

Contrary to what immediately greets the eye Oporto in fact covers a huge area.

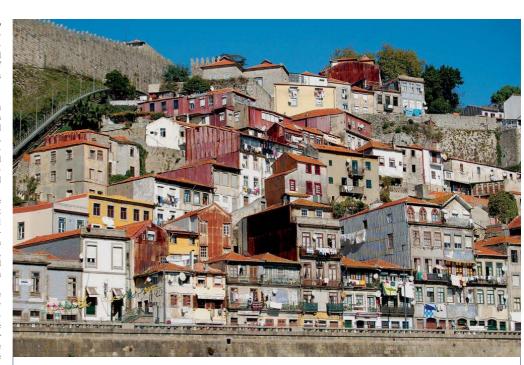
With a population of over two million people, the Greater Metropolitan Area of Oporto is divided into various districts and parishes, the most famous of which - its historical quarter - is classed a 'World Heritage Site' by UNESCO.

Navigating the city is quite a mission as the roads don't seem to follow any basic system and one-way streets are, reportedly, inverted on a regular basis. Traffic is intense most of the day, and a GPS system is strongly recommended. Not for the faint-hearted or timid drivers.

Nevertheless, Oporto is home to some of the country's most characteristic and wonderful traits; people are genuinely welcoming as mainstream tourism has not manipulated hospitality. there is a real sense of history and culture, and, on the whole, a pretty laid-back feel.

Taking a cruise along the Douro, whether for an hour, a day or a week, can prove a very relaxing experience and offers some incredible views along the river banks. Northern Portugal is rife with greenery and even in the built-up metropolis this is evi-

Oak trees replace the Algarve's palms, being particularly beautiful when the leaves turn a stunning red and gold, contrasting with the region's lush, rich



Pictured above: A colourful 'hotch-potch' of houses clinging to the rock face above the River Douro, and below: An ancient church on the river side displaying the cross of the Crusaders and a traditional mural of typical blue and white Portuguese tiles 'um painel de azulejos'. Opposite page - top: One of the traditional boats used to transport casks of port wine along the River Douro; middle: A view from the Câmara de Porto (Oporto City Hall) in the centre of the city; bottom: Three of the six bridges, ancient and modern, that span the river from Vila Nova da Gaia on the southern bank to Oporto on the northern bank. (Photos: Carrie-Marie Bratley)



green fir trees

On the opposite side of the river, in Vila Nova de Gaia (or just Gaia) it is the region's history of Port wine production that dominates, with tours round some of Portugal's most famous caves and wineries available all year

Oporto also offers some of Portugal's most unique gastronomic experiences. Whilst visiting the city, be sure to try a 'Francesinha

Literally translating as 'Little French Girl' in Portuguese, a Francesinha is a traditional Oporto delicacy,

'doorstopper' sandwich stacked with wet-cured ham, linguiça (spicy cured sausage), fresh sausage, steak or roast meat, covered with melted cheese and a hot thick tomato and beer sauce

Nightlife is one of Oporto's fortes and ranges from quaint riverside haunts to modern nightclubs. Plays, concerts and other theatrical events are hosted all year round.

Oporto is a generally very safe

city to enjoy

Whereas the Algarve is all about leisure and is generally tour-ism-based, Alentejo lives off agriculture and Lisbon is the sophisticated business centre of Portugal, Northern Portugal has little more to offer than the essence of nature, the roots of Portuguese History, and a unique identity to which few are left indifferent. Not what I expected, but certainly worth the trip.

For more information on what to do and see in Oporto, or how get there, www.portoturismo.pt.

(For a suggestion on where to stay in Northern Portugal, and be pampered at the same time, see next week's edition of The Portugal News.)

Carrie-Marie Bratley





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40 clubbing



 $US\,Real\,Estate\,mogul\,Donald\,Trump\,poses\,on\,the\,famous$ $Swilken\, bridge\, of\, the\, St.\, Andrews\, golf\, club,\, Scotland,\, prior\, constant,\, prior\, club,\, Scotland,\, prior\, club,\, pr$ to talks with the Royal and Ancient about proposals for a Trump golf complex in the region. US tycoon Donald Trump on 03 November 2008 won a long and acrimonious battle over plans to build a luxury golf course, hotel complex and apartments in Scotland, leaving local residents and environmental groups the disappointed losers. EPA/STR UK AND IRELAND OUT

Golfing with footballers



Former players and officials from Glasgow Celtic, Cardiff City and Middlesbrough will be in the Algarve later this month to participate in a golf tournament at the prestigious Parque de Floresta course, which is also home to the annual David Seaman Safe Hands Charity Golf Challenge

These three teams were in the Algarve this summer where they played in the inaugural Algarve Challenge Cup, which also included Portuguese Champions League entrants Vítoria Guimarães.

This event is a follow on from this tournament and will afford participants a chance to meet the people involved and enjoy a short break in unique surroundings.

The event will take place

countbackof the back 9)

stablefors points

hole Heather Nicholls

ment during the game!

for the day: Dalia Estevão.

hole: Susan Green.

3^{rd:} Judy MacDowell 39 points 4^{th:} Louise Chamberlain 38

Mandy Monk

stableford points (won it on the

Nearest to the pin on the 2nd

Nearest to the pin on the 11th

On the 11th hole was the Cham-

pagne (pink of course!) and scone

bar to help with some refresh-

The lady who was been Pinked

The organizers would like to

thank Boavista in making the tee

times available and therefore giv-

ing the possibility to have so

many ladies participating. They

also would like to thank every-

body else who participated on

this day, either in donating fan-

countback of the back 9)

over three days at the end of this month and organisers have said that participants can look forward to having "everything included in their package" once they arrive at Parque da Floresta.

Organised by FindUTickets and the Vigia Group, readers interested in more information on the event can call tel: 00351 913666655, while UK residents can call 08448442408 or visit www.findutickets.com

Sophie Moore,

Winner of the day with

tastic prizes such as greenfees at Palmares, Parque da Floresta and

the new Amendoeira Nick Faldo

Course, lunch at Bar Linda, nail

treatments from Vania's Saloon

and others! And thanks to every-

body helping out or playing! It

was a pleasure to see some great

pink outfits on the course!

43 stableford points

St. Andrew's Ball

are holding a St. Andrew's Ball Hotel Tivolli Almonsor Praia do Carvoeiro Saturday 29th November 2008 At 7.p.m.

Dance to Music by Sounds of Islay Ceilidh Band Please contact Kathy for tickets Tel. 919635246

St. Andrew's Society Algarve

Bowls Algarve Thursday League Sponsored by Eurocooling

The second round of matches was played at Isla Canela, just over the Spanish border. ABC Chieftains took all six points off the Canela Seagulls, winning by 49-28, whilst Alvor Diamonds maintained their winning start to the new season, beating the ABC Braves by just one shot 39-38 and by four points to two. Meanwhile, the PDF Panthers went down to the Alvor Aces by 42-33 and by four points to two. In the final

match, Tavira overcame Canela Storks 47-30, taking five points to one.

The league table is starting to take shape as Tavira stay out in front with 11 points, closely followed by the two Alvor teams, Diamonds and Aces on 10 points. PDF Panthers have 8, whilst ABC Chieftains are on 6 points. Canela Storks have one point and the Seagulls have yet to open their account. The third round next week takes place at Parque da Floresta.

Bowls Algarve Saturday League Sponsored by One to One Car Hire

Four games played and six teams within four points of each other is the interesting situation after this weekends'matches. Alvor Wanderers played their postponed match against PDF Crusaders earlier in the week and won 65-52 and 5 points to 2. Meanwhile today (Saturday) Alvor Greens hauled themselves off the bottom of the table with a 62-49 victory and 5 points to 2. Over at Tavira, the Tigers continued their excellent form with a 57-40 win over the ABC Cats, again by 5 points to 2.The local derby

ers made it clear they do not intend to surrender their title lightly, by beating the Sinners by 62-41, taking all 7 points. Finally, the Alvor Wanderers took on the Harlequins and a tight tense match finished 48-47 to the Harlequins, who also pocketed 5 points to 2.

was at PDF where the Crusad-

Alan Clarke - League Director

Wanderers are on top on

shot difference, equal on points with Crusaders and Cats, all on 16 points. Tavira Tigers have 15, Harlequins have 14 and Gladiators have 12 (they rested this week). Titans have 9 points, as have the Greens, while Sinners have 6

Pink for the A.O.A. at Boavista Golf club!

60 Ladies participated on Monday the 27th of October to play a golf competition in favor of the A.O.A. (Associação Oncológica do Algarve), with the breast cancer awareness in their mind. Thanks to the help of many people the total amount raised

was €3,400.

The big winner of this day was of course the A.O.A. but as for the players:

1st: Sophie Moore 43 stableford points

2nd: Inlie Bradshaw

stableford points (won it on the

East Algarve Walks

mornings. For more information call 913 595 868

brian@moonlightservices.eu www.moonlightservices.eu

Every Tuesday and Friday

Let's Walk from Benafim

Saturday Nov 8

A moderately easy 2 hour walk through the countryside and orange groves, some gentle

10.30 start - meet at the res-

taurant/cafe Hamburgo on the main road from Alte to Salir if coming from Alte the cafe is on the left just before the village of Benafim

Lets Walk above the River Algibre

Wednesday Nov 12

A new fairly easy walk thats leads you above the valley with great views all around - there are no steep climbs 10.30 start - meet in the cen-

tre of Monte Seco. From the A22 take the Boliqueime/Loulé exit and follow the signs for Loulé. After passing the quarry take the first road left and at the T junction turn left and follow the road through the village of Parragil and then down hill. After about 1km there is a turn on the left to Monte Seco. Turn and follow the road up into the village where it ends by a bus shelter and becomes track, there are two cafes close by!

There is no need to book please just come along with a sense of humour - these walks are about having a good time, getting some exercise and seeing new parts of the countryside. There is a charge of €5 per walk which includes a donation to charity. Walk organiser - Julie Statham 965 753 033 or www.portugalwalks.com

CHARITY GOLF DAY ON BEHALF OF ACCA (for children in need in the Algarve)

AM-AM GOLF (2 scores to count) 8.00am shotgun start, Quinta Do Lago South, Sat 6th December

€75 pp €50 pp for Quinta do Lago lunch only €25 pp

and from 1.00pm for PRIZE-GIVING BUFFET LUNCH with wine and soft drinks

Avenida André Jordan, Quinta do Lago

Reservations with exact handicap, and cash or cheque only, made out to Quinta Golf Charity, to: Jane Oliphant, ACCA, 919 383 593, c/o Barringtons, Vale do Lobo or call Sharon Henderson on 912306182, c/o Quinta do Lago Golf Club, Members Office.

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snooker room and golf school. "Best designed (Algarve par 3) layout" - Greg Turner. "Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.

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events which are cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

EXHIBITIONS

Until November 9

Until November 9
Exhibition 'Exposição improvável... sobre Pessoa' commemorating the 120th anniversary of the birth of the world acclaimed Portuguese Poet Fernando Pessoa - 'A Arte da Terra' on Rua Augusto Rosa, nº 40 (next to the Church) - Lisbon - 212 745 975 - www.aartedaterra.pt.
Until November 10 Katrina Rose exhibition - Café Inglês, Silves (Rua do Castelo) - 282 442 585.
Until November 10 - Painting Exhibition 'Image & Colour' - by Manuel Taraio - Casion Estoril Art Gallery (nr Lisbon).
From Nov 13 to Dec 12 - Painting Exhibition 'As Líricas' by PéLeve at Galeria Brilho & Centelha - Rua Costa Pinto in Paço de Arcos (near Lisbon) -

Leve at Galeria Brilho & Centelha - Rua Costa Pinto in Paço de Arcos (near Lisbon)
**Until November 15 - Joint Exhibition - Watercolours by Moira Maguire and Photography by João Paulo Carrondo and Gisela Buff - Armazem Regimental de Lagos - 10h00 to 19h00 every day - 966887767 or www.jpcarrondo.ifp3.com

**Until November 16 - Painting Exhibition 'Códigos de Paradoxo' by Luís Athouguia - Academia de Letras e Artes - Av Castellana, 13 - Estoril - Tuesday-Friday: 10h-13h/15h-20h; Saturday: 15h-20h - 214 685 604.

**Until December 11 - Exhibition 'Inward' by Cristina Ata/de - An

Until December 11 - Exhibition 'Inward' by Cristina Ataíde - An Until December 11 - Exhibition 'Inward' by Cristina Ataide - An artist who is intimately concerned with the natural surroundings. She is a restless and attentive observer, and takes note of its fragility and destruction - The exhibition consists of vigorous charcoals and water colours on paper and sculptures in different materials - Centro Cultural São Lourenço in Almancil - Open daily from 10h00 to 19h00 - T. 289 395 475 - www.centroculturalsaolourenco.com

Until December 17 - Painting Exhibition by Nuno Santiago - Vale do Lobo Art Gallery at Vale do Lobo Shopping - 289 353 327 - Painting shown right is Acrylic on Chinese paper on canvas 134 x 130 - 2008.

x 130 - 2008.

Until December 30 - Painting Exhibition `Celebrating the World'
by Brigitte Von Humboldt - Centro Cultural de Lagos - Lagos Cultural Centre - T. 282 770 450 - centrocultural@cm-lagos.pt
Until January 18 - Painting Exhibition `Paula Rego and the `80s'
- Centro de Arte Manuel de Brito / Palácio Anjos (near Lisbon) T. 214 111 400 - camb@cm-oeiras.pt.



Until December 1

Exhibition of paintings by Liz Allen at the Hotel Luar, Praia da Rocha (nr Portimao) - 282 955 320 - www.lizallenart.com



ARTINTHEALGARVEI
Art should have, in principle, no limits; neither political nor cultural and allow also expressing ideas which would not have been possible in less democratic societies. In this respect art been possible in less democratic societies. In this respect art has and had always an important social and political role. It crosses borders without asking for permission, makes the impossible possible, creates a link between nations, allows a common language without words, does not know friends or enemies and is not limited by gravity, logic or man made limitations. This ability of creative freedom develops an immense output of creativity during the process of creation itself but also later in the communication with observers. It opens the mind. Neither artist pur observer needs to meet. It is also not also later in the communication with observers. It opens the mind. Neither artist nor observer needs to meet. It is also not a necessity that art is to the liking of all viewers. Artist are normal human beings and do certainly hope that their pieces will find a positive feedback from the critics and the audience. But even if this does not take place and an art piece is disliked, it does have its right of existence as it creates interaction. Much worse would be a neutral reception as then the artist would not have reached his goal: to reach others and to get into communication, to pass the message.

Like wine, art is developed with heart, care and precision. As art and wine have always formed a close symbiosis it was obvious for the founders of QUINTADOSVALES that these cultural aspects have to be brought together. Karl Heinz Stock, the driving force behind this Wine and Art Farm in Estombar, has been besides his activities in international business always a sculptor for 20 odd years and found with the farm a perfect combination to exhibit his extraordinary and sometimes provoking art pieces and to create at the same time

times provoking art pieces and to create at the same time attention for his wine venture. For the family the combination of good wine and art has always been important.

Open for visitors Monday, Wednesdays and Saturdays from

2 to 6 pm or by appointment www.quintadosvales.eu

November 29 to December 5 - Game Gastronomic Week - 'Semana Gastronómica da Caça' - Restaurants in Aljustrel, Almodôvar, Barrancos, Beja, Castro Verde, Mértola, Odemira, Ourique and Serpa.



SWIMMING MEETING

November 17 to 19 - International Swimming Meeting - The Tavira Municipal Swimming Pools will be welcoming the athletes who will participate in the event - Competitions start at 17h30 on Nov 17 with the first session of heats. The winners will be known only on Nov 19 after the final races which are scheduled to start at 11h00 - T. 281 320 500 - www.cm-tavira.pt

BOOK REVIEW

The Big Fat Duck Cookbook by Heston **Blumenthal**

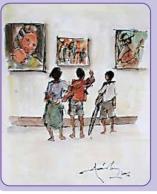
The Big Fat Duck Cookbook is more than just a recipe book. Luxuriously pre-sented, it also tells about the historic rise of Blumenthal and his restaurant, The Fat Duck, which has twice been voted Best Restaurant in the World by a group of top chefs, and has 3 Michelin stars.

Heston Blumenthal is famous for his scientific approach and has been described as a

oben described as a culliary alchemist for his innovative style of cooking.

The book also contains 50 of his signature dishes, such as sardine on toast sorbet and chocolate wine, which will inspire cooks and chefs alike. With colour photos, illustrations, multiple ribbons, cloth binding and slip case.
532 pages, 340x290mm
Available **to order** from Magna Carta Bookshop. Price: 140€
10% discount when you quote The Portugal News





Until January 14 - Painting Exhibition by José Pádua at Convento S. José Born in Mozambique, José de Pádua has wond has exhibitted his works around the world - Rua Joaquim Eupénio Júdice in Júdice in 10 de 10 d Eugénio Júdice in Lagoa - T. 282 380 434 - www. conventosaojose.pt conventosaojose.pt
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and Holidays from
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Until November 8
Cinema Festival 'Visões do
Sul' - Museu de Portimão www.cm-portimao.pt
November 7
Fat Freddy's Drop (Carcavelos nr Lisbon) - Quinta
dos Lombos from 21h00. Tickets: €23
November 8 & 9
BOB the Builder Live - Atlan-

tic Pavilion, Lisbon - 10h30,14h30,18h30 - 707 780 000.

November 9

Joan as Police Woman - Audi-torium Jorge Sampaio of Centro Cultural Olga Cadaval on Praça Dr. Francisco Sá Carneiro in Sintra - T. 219 107 110 - information on bottom of

November 10 & 22 Guimarães Jazz Festival

Centro Cultural Vila Flor on Av. D. Afonso Henriques, 701 -Guimarães - 21h00 - T. 253 424 700 - www.ccvf.pt

November 12 KEANE LIVE - Coliseu dos Recreios - Lisbon - 21h00 - Tick-ets from €26 to €30 - Tel: 707

November 13 to 22

November 13 to 22
17th Guimarães Jazz Centro Cultural Vila Flor in
Guimarães - 253 424 700.
November 14 - Concert by
Orquestra do Algarve - Carmo
Church in Tavira at 21h30 www.orquestradoalgarve.com
November 19
Scorpions - Estoril Casino Estoril - Further info, call 214
667 700.
November 27 to 30

November 27 to 30

Included in the 30 years celebration of Ballet Nacional de España (Spain National Ballet) will perform at the Grand Audi-torium of Centro Cultural de

Belém in Lisbon. December 10

December 10
Gogol Bordello – Campo
Pequeno Bullfight Ring - Lisbon
- T. 217 820 575.
February 6 & 7
Giselle – Coliseu dos Recreios
- Lisbon - 21h30 - Tickets: €20€35 - 213 240 580.
February 15
OASIS LIVE 'Dig Out Your Soul'
- Atlantic Pavilion - Lisbon 20h00 - 707 780 000 www.pavilhaoatlantico.pt.

Sesame Street Live - November 7-9 in Lisbon **November 14-16** St^a Maria da Feira; November 21-23 in Figueira da Foz - Tls. 213246380 / 934623062;

Fax: 213421052 - ruasesamoaovivo@mandrake.pt Tickets: Info on bottom of page.



November 15 - Concert 'Grandes tesouros da ópera - o Barroco e o Clássico' (Great opera concerts - the baroque and the classic) by Vox Angelis group - Teatro Municipal Pax Julia, Beja - 21h30 - Contact: Teatro Municipal Pax Julia - T. 284 315 090 -



November 16 - Jazz @ The Museum by the 3-BassQuintet led by Johannes Krieger, performing original songs - Rua Dr. José Dias Sancho, nº 61 at São Brás de Alportel - Tm. 966 329 073



November 8 - Concert by the Orquestra Nacional do Porto conducted by Hannu Lintu with Pekka Kuusisto (violin soloist) -Casa da Música at 18h00 - Åv. da Boavista, 604-610 - T. 220 120 220 www.casadamusica.com



Until November 30 - Circus Art at Du Arte Lounge of Casino Estoril (near Lisbon) - Free entrance - T. 214 667 700



November 30 - St. Andrew's Society (East Algarve) invites you to join them for their annual Dinner/Dance at Cantinho do Carlos, Brancanes 19h30. Tickets: €30. T. 915547621 or 914070389.



42 cinemalistings











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High School Musical 3 Zac Efron, Vanessa Hudgens (12.00 Sat & Sun) 14.35-17.05-19.35 Untraceable

Diane Lane, Billy Burke 22.10 (00.35 Fri & Sat)

007: Quantum of Solace Daniel Craig, Olga Kurylenko (12 30 Sat & Sun) 14 50-17 10-19 30-21.50 (00.30 Fri & Sat)

007: Quantum of Solace Daniel Craig, Olga Kurylenko 14.00-16.20-18.40-21.00 (23.30 Fri & Sat)

Space Chimps Animation (11.20 Sat & Sun)

Tobin Bell, Costas Mandylor 13.15-15.25-17.40-19.50-22.00(00.10 Fri & Sat)

Mamma Mia! Meryl Streep, Colin Firth 14.10-16.40-19.10

Burn After Reading George Clooney, Brad Pitt 21.40 (23.55 Fri & Sat)

Journey to the Center of the Earth Brendan Fraser Josh Hutcherson

Entre les Murs François Bégaudeau 13.00-21.25

Josh Brolin, Elizabeth Banks 15.45-18.30 (00.15 Fri & Sat)

The House Bunny Anna Faris, Colin Hanks (11.15 Sat & Sun) 13.35 Eagle Eye

Shia LaBeouf, Michelle Monaghan 15.55-18.35 (21.20 Fri-Wed) (00.20

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High School Musical 3

Zac Efron, Vanessa Hudgens 13.50-16.20-18.45-21.15(00.05Fri& Sat)

007: Quantum of Solace Daniel Craig, Olga Kurylenko 13.40-16.30-19.00-21.50 (00.20 Fri & Sat)

Taken

Leam Neeson, Maggie Grace 14.00-16.15-18.40-21.25 (23.30 Fri & Sat)

Untraceable Diane Lane, Billy Burke

Jason Statham, Tyrese Gibson 16.05-19.10-21.35 (00.10 Fri & Sat) The Ugly Duckling and Me

Ben Stiller, Robert Downey Jr

Leam Neeson, Maggie Grace

Burn After Reading George Clooney, Brad Pitt

John Cusack, Marisa Tomei

Josh Brolin, Elizabeth Banks

LUSOMUNDO

ALVALÁXIA

TEL: 21 754 9000

6 NOV-12 NOV

007: Quantum of Solace

Enrique Arce, Ivo Canelas High School Musical 3

Zac Efron, Vanessa Hudgens

Tobin Bell, Costas Mandylor

Colin Farrel, Brendan Gleeson

Leam Neeson, Maggie Grace

Jason Statham, Tyrese Gibson

Josh Brolin, Elizabeth Banks

George Clooney, Brad Pitt

Shia LaBeouf, Michelle Monaghan

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AMOREIRAS

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6 NOV-12 NOV

007: Quantum of Solace

Le Premier Cri

Arte de Roubar

Documentary

Mamma Mia!

Ratatouille

In Bruges

Animation PV

Entre les Murs

François Bégaudeau

Daniel Craig, Olga Kurylenko

Enrique Arce, Ivo Canelas

Meryl Streep, Colin Firth

Josh Brolin, Elizabeth Banks

High School Musical 3 Zac Efron, Vanessa Hudgens

Colin Farrel, Brendan Gleeson

LUSOMUNDO

CASCAISHOPPING

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6 NOV-12 NOV

007: Quantum of Solace

Enrique Arce, Ivo Canelas

Meryl Streep, Colin Firth

High School Musical 3

Tobin Bell, Costas Mandylor

Zac Efron, Vanessa Hudgens

Leam Neeson, Maggie Grace

LUSOMUNDO

Arte de Roubar

WALL•E

Saw V

Taken

Entre les Murs

Francois Bégaudeau

Animation PV

Mamma Mia!

Daniel Craig, Olga Kurylenko

Diane Lane, Billy Burke

Burn After Reading

Arte de Roubar

Saw V

Taken

W.

In Bruges

Death Race

Untraceable

Eagle Eve

Daniel Craig, Olga Kurylenko

Shia LaBeouf, Michelle Monaghan

Animation PV

Taken

Eagle Eye

Tropic Thunder

Max Payne

Mark Wahlberg, Mila Kunis 13.25-15.50-18.20 W.

Josh Brolin, Elizabeth Banks 21.00 (23.40)

Saw V

Tobin Bell, Costas Mandylor 13.15-15.20-17.25-19.30-21.40(23.55

Arte de Roubar

Enrique Arce, Ivo Canelas 13.20-16.10-18.50-21.30(00.00 Fri & Sat)

007: Quantum of Solace

Daniel Craig, Olga Kurylenko 13.10-16.00-18.30-21.20(23.50 Fri & Sat)

Mamma Mia!

Meryl Streep, Colin Firth 13h-15.40-18.35-21.10(23.45Fri&Sat)

CASTELLO LOPES CINEMAS PORTIMÃO TEL: 707 220 220 **6 NOV-12 NOV**

007: Quantum of Solace

Daniel Craig, Olga Kurylenko 14.00-16.20-18.40-21.30 (00.00 Fri & Sat)

Mr. Woodcock

Seann William Scott, Susan Sarandon 13.50-16.10-18.30 007: Quantum of Solace

Daniel Craig, Olga Kurylenko 21.30 (00.00 Fri & Sat)

Death Race

Jason Statham, Tyrese Gibson 13.40-16.00-18.50-21.20 (23.50 Fri & Sat)

Mamma Mia!

Meryl Streep, Colin Firth 14.10-16.40-19.00-21.50 (00.05 Fri & Sat)

Saw V

Tobin Bell, Costas Mandylor 13.40-15.40-17.45-19.50-22.00(00.20 Fri & Sat)

Arte de Roubar

Enrique Arce, Ivo Canelas 14.20-16.30-19.10-21.40 (00.10 Fri &

CENTRE

LUSOMUNDO ALFAS DUPLEX (ÉVORA) TEL: 707 246362 **6 NOV-12 NOV**

007: Quantum of Solace Daniel Craig, Olga Kurylenko **Burn After Reading** George Clooney, Brad Pitt

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007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas Death Race Jason Statham, Tyrese Gibson Saw V

Tobin Bell, Costas Mandylor Mamma Mia! Meryl Streep, Colin Firth High School Musical 3 Zac Efron, Vanessa Hudgens Entre les Murs François Bégaudeau Untraceable Diane Lane, Billy Burke

 $Mark\,W\bar{a}hlberg, Mila\,Kunis$

Max Payne

COLOMBO TEL: 707 246362 6 NOV-12 NOV 007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar

Enrique Arce, Ivo Canelas Mamma Mia! Meryl Streep, Colin Firth War. Inc. John Cusack, Marisa Tomei Taken Leam Neeson, Maggie Grace Saw V

Tobin Bell, Costas Mandylor High School Musical 3 Zac Efron, Vanessa Hudgens Death Race

Jason Statham, Tyrese Gibson W.

Josh Brolin, Elizabeth Banks Eagle Eye Shia LaBeouf, Michelle Monaghan **Burn After Reading** George Clooney, Brad Pitt

LUSOMUNDO DOLCEVITAMIRAFLORES TEL: 707 246362 **6 NOV-12 NOV**

Daniel Craig, Olga Kurylenko Mamma Mia! Meryl Streep, Colin Firth **Burn After Reading** George Clooney, Brad Pitt

007: Quantum of Solace

Josh Brolin, Elizabeth Banks Ratatouille Animation PV

> UCICINEMAS ELCORTEINGLÉS TEL: 707 23 22 21 6 NOV-12 NOV

007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas Saw V

Tobin Bell, Costas Mandylor High School Musical 3
Zac Efron, Vanessa Hudgens In Bruges Colin Farrel, Brendan Gleeson Taken

Leam Neeson, Maggie Grace Entre les Murs François Bégaudeau

Death Race Jason Statham, Tyrese Gibson W.

Josh Brolin, Elizabeth Banks **Paris** Juliette Binoche, Romain Duris Mamma Mia! Meryl Streep, Colin Firth

WALL•E Animation PV Max Payne Mark Wahlberg, Mila Kunis

Gomorra Toni Servillo, Gianfelice Imparato Bienvenue Chez Les Ch'tis Kad Merad, Dany Boon Burn After Reading

George Clooney, Brad Pitt Eagle Eye Shia LaBeouf, Michelle Monaghan

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007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas High School Musical 3 Zac Efron, Vanessa Hudgens Saw V Tobin Bell, Costas Mandylor Death Race Jason Statham, Tyrese Gibson Mamma Mia!

Meryl Streep, Colin Firth

Donkey Xote

Animation PV

UCICINEMAS **FREEPORT** TEL: 707 23 22 21 6 NOV-12 NOV

007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas Saw V Tobin Bell, Costas Mandylor

High School Musical 3 Zac Efron, Vanessa Hudgens Death Race Jason Statham, Tyrese Gibson The Air I Breathe Forest Whitaker, Sarah Michelle Gellar Max Payne Mark Wahlberg, Mila Kunis Eagle Eye Shia LaBeouf, Michelle Monaghan Burn After Reading George Clooney, Brad Pitt Mamma Mia!

Meryl Streep, Colin Firth Kung Fu Panda - Animation PV

WALL•E-Animation PV

Ben Stiller, Robert Downey Jr

Tropic Thunder

LUSOMUNDO ODIVELAS PARQUE TEL: 707 246362 **6 NOV-12 NOV**

007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas

Saw V Tobin Bell, Costas Mandylor High School Musical 3 Zac Efron, Vanessa Hudgens

Death Race Jason Statham, Tyrese Gibson Untraceable

Diane Lane, Billy Burke Mamma Mia! Meryl Streep, Colin Firth Kung Fu Panda - Animation PV

> LUSOMUNDO OEIRASPARQUE TEL: 707 246362 **6 NOV-12 NOV**

007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas Saw V

Tobin Bell, Costas Mandylor High School Musical 3 Zac Efron, Vanessa Hudgens

Leam Neeson, Maggie Grace Mamma Mia! Meryl Streep, Colin Firth **Burn After Reading** George Clooney, Brad Pitt

> LUSOMUNDO TORRESVEDRAS TEL: 707 246362 6 NOV-12 NOV

Daniel Craig, Olga Kurylenko Taken Leam Neeson, Maggie Grace Death Race Jason Statham, Tyrese Gibson Eagle Eve Shia LaBeouf, Michelle Monaghan

007: Quantum of Solace

Mamma Mia! Meryl Streep, Colin Firth

W. Josh Brolin, Elizabeth Banks Kung Fu Panda

Animation PV

LUSOMUNDO VASCODA GAMA TEL: 707 246362 6 NOV-12 NOV

007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas Tobin Bell, Costas Mandylor

Chrysalis Albert Dupontel, Marie Guillard Mamma Mia! Meryl Streep, Colin Firth High School Musical 3 Zac Efron, Vanessa Hudgens

Ratatouille Animation PV

OV = Original Version PV = Portuguese Version

Quantum of Solace continues the high octane adventures of James Bond (Daniel Craig) in Casino Royale. Betrayed by Vesper, the woman he loved, 007 fights the urge to make his latest mission personal. Pursuing his determination to uncover the truth, Bond and M (Judi Dench) interrogate Mr White (Jesper Christensen) who reveals the organisation which blackmailed Vesper is far more complex and dangerous than anyone had imagined.

Forensic intelligence links an Mi6 traitor to a bank account in Haiti where a case of mistaken identity introduces Bond to the beautiful but feisty



Camille (Olga Kurylenko), a woman who has her own vendetta. Camille leads Bond straight to Dominic Greene (Mathieu Amalric), a ruthless business man and major force within the mysterious organi-On a mission that leads him

to Austria, Italy and South

America, Bond discovers that Greene, conspiring to take total control of one of the world's most important natural resources, is forging a deal with the exiled General Medrano (Joaquin Cosio).

In a minefield of treachery, murder and deceit, Bond allies with old friends in a battle to uncover the truth. As he gets closer to finding the man responsible for the betrayal of Vesper, 007 must keep one step ahead of the CIA, the terrorists and even M, to unravel Greene's sinister plan and stop his organisa-



Daniel's word is his bond

Daniel Craig returns to the silver screen as 007 in the latest James Bond adventure Quantum Of Solace. The actor reveals why he loves playing the secret agent and how he deals with the pressure of playing the iconic action hero.

Daniel Craig is looking tired and it's not surprising. With his second Bond film Quantum Of Solace about to open, he is arguably the most in-demand actor in the world right now

But the lines around his blue eyes don't dull their sparkle and the slight sound of fatigue in his voice doesn't diminish his obvious enthusiasm for the role.

"I've been talking all day, I'm wound up like a coil now," he says by way of apology.

Dressed in a grey suit, with a checked handkerchief in his breast pocket, a black waistcoat and crisp white shirt, he looks just like the slick MI6 agent.

However, you just wouldn't expect James Bond to be wear-

ing a sling around his right arm.
"Damn, I was trying to hide that," he jokes, at mention of the shoulder injury.

"I really don't know when I did it. I could give you three or four moments when it hurt, but I don't know whether I tore it at that point.

"I think I tore it a few years ago, maybe even before I started as Bond, there's no way of telling, but doing two Bond movies didn't help," he adds, with a brave laugh.

At just over an hour and forty minutes, Quantum Of Solace is one of the shortest of the 22 Bond films, but it's also the most action-packed and Daniel is justifiably proud to say he did most of his own stunts.

"I didn't push myself any further [than on Casino Royale], but I was involved in the action sequences a lot earlier. We had to rehearse them about two months before we set up, but only because I wanted to get them right," he says.

'The shooting wasn't harder, in certain respects it was easier, because I knew what I was doing this time. But we had time restraints on this movie, there was a potential actor's strike happening, so we had a cut-off date.

"I had to film and in the evening rehearse and in my day's off rehearse, so that made it more physically challenging."

The film is the first direct sequel in the Bond franchise and picks up just 20 minutes after Casino Royale ended, as 007 jets around the globe on a personal mission to avenge the death of his beloved Vesper and learn more about the secret organisation

From the opening car chase and rooftop chase sequence in Italy to the desert-set climax, the pace is almost relentless - and it's hard to imagine what it was like to film.

"The rooftop scene was ugh," admits Daniel, who tough," turned 40 during filming.

"It was tough because I was back and forward to that scene. I had to revisit the set two or three times. The crew continued filming there, obviously Siena didn't shut down for us, they very graciously gave us their rooftops, but it was physically and logistically difficult to shoot.

"There were five, six, cameras on cranes and there's an aerial camera and resetting is difficult,



plus the fact that I'm tied off and iumping over roofs. So it was tough but also a lot of fun to shoot - and a very nice view!"

Daniel's first Bond outing in 2006's Casino Royale took more at the box office than any other, was nominated for nine Bafta Awards and won the actor an army of female fans for the tight blue trunks scene.

"I could never have guessed that it was going to do as well as that, all of it was a surprise to me A few days before the premiere, $Iknew\,we\,had\,a\,good\,film, I\,knew\,$ that we'd done all we could, but beyond that I had no bench mark.

"As you well know, most of the films I've made, it's not all been about box office, so it was amazing. It was a huge surprise, but very pleasant.'

Casino Royale also silenced certain die-hard fans who claimed Daniel was too blond and too short to play their screen

"I got over that a long time ago," he says of the criticism.



Undated Film Still Handout from Quantum Of Solace, Pictured James Bond (Daniel Craig)



Undated Film Still Handout from Quantum Of Solace. Pictured: James Bond (Daniel Craig).

"I half expected what hapthis would be a very very diffipened because I understood people's passion for these movies and that they would react passionately to a new thing. The important thing was to get it right and do the best Bond movie we could."

After Casino Royale's success, surely now there's more pressure on Quantum to do well?

"It's better this way round," Daniel says

cult process, so yes it gives added pressure, but it is good pressure and we've just got to utilise the impetus of it and work on the success, as they say. With Daniel in the role, the franchise was stripped back down to basics, with 007 becom-

on gadgets to get him out of a fix. Bond has fewer catchy oneliners and is seemingly a more

ing a ruthless bare-knuckled fighter, who didn't need to rely



44 cinemalistings

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CEEEB NEWS

Hit movie Once is set for a revamp - as a stage musical. The film, which earned stars Glen Hansard and Marketa Irglova a Best Song Oscar for Falling Slowly, is to be adapted for Broadway by award-winning producers John N. Hart, Jr. Jeff Sine and Fred Zoll. The new production will open in New York during the 2010/2011 season. ((())) Costas Mandylor has signed up for the next installment of the horror franchise, Saw, along with main character, Jigsaw, portrayed by Tobin Bell. Saw VI is to be directed by Kevin Greutert, the editor on all the Saw films to date. The winner of the VH1 reality series Scream Queens will win a role in the film. The show will be co-hosted by Shawnee Smith who played Amanda Young in the Saw films. (((0))) Hugh Laurie and James Denton's Band From TV is releasing its first ever album, with all proceeds going to a string of the stars' favourite charities. The group - comprising of House star Laurie, Desperate Housewives actor **Denton**, Heroes' **Greg Grunberg**, former Bachelor **Bob Guiney**, and NYPD Blue actress Bonnie Somerville - released the LP Hoggin' All The Covers as a CD/DVD last week. The small screen rockers perform tracks including Piece of My Heart, Mustang Sally, and The Letter on the disc, which was recorded at a concert in Los Angeles in 2007. Grunberg formed the group for a one-night-only charity gig, but the Band From TV has grown into a fundraising force, raising more than \$2 million dollars for various charities. ««»» Actor Robert Downey Jr. has signed a new deal with Marvel

Studios to reprise his role as Iron Man in The Avengers alongside other Marvel heroes Captain America, Thor and the Incredible Hulk. The star will also appear in two more Iron Man movies as part of the contract reports industry magazine Variety. Iron Man 2 is due for release in 2010 while The



James Bond star Sir Sean Connery has reportedly come out of retirement to shoot a new film with Orlando Bloom. The 78-year-old has turned his back on acting in recent years and has not appeared on the big screen since 2003's The League of Extraordinary Gentlemen. But now Connery is said to have signed up to star in The Quest of Sheherzade, based on the legendary 1001 Arabian Nights tale, alongside fellow Brit Bloom. The news was revealed by the film's female lead, Bollywood actress Celina Jaitley who will play an Iranian princess. She tells British publication The London Paper, "Sean Connery is there in the film and recently Orlando Bloom was also signed. They are planning to start the shooting from January next year". ((())) Oscar winner Russell Crowe is set to play a werewolf in a new movie to be directed by his mentor Ridley Scott. Scott has landed a script written by horror scribe Ian Jeffers, and is planning to take it to the big screen, starring regular collaborator Crowe, reports Bloody-disgusting.com. The pair has worked together on a number of projects, including Academy Award-winning epic Gladiator and American Gangster; and they are currently preparing to shoot a Robin Hood movie, in which Crowe will play the famous outlaw as well as his nemesis the Sheriff of Nottingham. ((())) Drew Barrymore coaxed starring performances out of the cast of her



directorial debut Whip It! by showering them with hugs and kisses. The actress stepped behind the camera to direct Ellen Page and rapper-turnedactress Eve in the movie, about a women's roller derby. And Eve gives an insight into how the rookie filmmaker got the best out of her cast: "(She) is the biggest hippie I've ever met. I

got more hugs and kisses with her than I get from my family. Even though we were bruised and bashed around, Drew was there to hug us and give us love". ((()))

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High School Musical 3 Zac Efron Vanessa Hudgen Death Race Jason Statham, Tyrese Gibson In Bruges Colin Farrel, Brendan Gleeson Untraceable Diane Lane, Billy Burke WALL•E Animation PV You Don't Mess With The Zohan Adam Sandler, Emmanuelle Chriqui War, Inc. John Cusack, Marisa Tomei Bem Vindos ao Norte Documentary Tropic Thunder Ben Stiller, Robert Downey Jr Kung Fu Panda Animation PV Mamma Mia! Meryl Streep, Colin Firth Eagle Eve Shia LaBeouf, Michelle Monaghan Arte de Roubar Enrique Arce, Ivo Canelas Taken Leam Neeson, Maggie Grace

Burn After Reading George Clooney, Brad Pitt Entre les Murs François Bégaudeau 007: Quantum of Solace Daniel Craig, Olga Kurylenko

Max Payne Mark Wahlberg, Mila Kunis Paris Juliette Binoche, Romain Duris

Josh Brolin, Elizabeth Banks Tobin Bell, Costas Mandylor

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Bee Movie Animation PV Mamma Mia! Meryl Streep, Colin Firth Untraceable Diane Lane, Billy Burke Tropic Thunder Ben Stiller, Robert Downey Jr Entre les Murs François Bégaudeau High School Musical 3 Zac Efron, Vanessa Hudgens John Cusack, Marisa Tomei

Josh Brolin, Elizabeth Banks Burn After Reading George Clooney, Brad Pitt 007: Quantum of Solace Daniel Craig, Olga Kurylenko

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Eagle Eye Shia LaBeouf, Michelle Monaghan Taken Leam Neeson, Maggie Grace Death Race Jason Statham, Tyrese Gibson 007: Quantum of Solace Daniel Craig, Olga Kurylenko Mamma Mia! Meryl Streep, Colin Firth Arte de Roubar Enrique Arce, Ivo Canelas Tobin Bell, Costas Mandylor

LUSOMUNDO **DOLCE VITA COIMBRA** TEL: 707 246362

007: Quantum of Solace Daniel Craig, Olga Kurylenko Burn After Reading George Clooney, Brad Pitt Mamma Mia! Meryl Streep, Colin Firth

Josh Brolin, Elizabeth Banks High School Musical 3 Zac Efron, Vanessa Hudgens War, Inc. John Cusack, Marisa Tomei Untraceable
Diane Lane, Billy Burke Entre os Dedos Filipe Duarte, Luis Filipe Rocha In Bruges Colin Farrel, Brendan Gleeson Entre les Murs François Bégaudeau Tropic Thunder Ben Stiller, Robert Downey Jr Bee Movie

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Taken Leam Neeson, Maggie Grace Death Race Jason Statham, Tyrese Gibson Eagle Eve a LaBeouf, Michelle Monaghan 007: Quantum of Solace Daniel Craig, Olga Kurylenko SawV Tobin Bell, Costas Mandylor Arte de Roubar

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Enrique Arce, Ivo Canelas

War, Inc. John Cusack, Marisa Tomei Max Payne Mark Wahlberg, Mila Kunis 007: Quantum of Solace Daniel Craig, Olga Kurylenko Death Race Jason Statham, Tyrese Gibson Eagle Eye Shia LaBeouf, Michelle Monaghan Bee Movie Animation PV

> LUSOMUNDO **FERRARAPLAZA** TEL: 707 246362

Kung Fu Panda Untraceable Diane Lane, Billy Burke Entre les Murs François Bégaudeau 007: Quantum of Solace Daniel Craig, Olga Kurylenko Burn After Reading George Clooney, Brad Pitt Max Payne Mark Wahlberg, Mila Kunis Death Race Jason Statham, Tyrese Gibson

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High School Musical 3 Zac Efron, Vanessa Hudgens Death Race Jason Statham, Tyrese Gibson Eagle Eye Shia LaBeouf, Michelle Monaghan **Burn After Reading** George Clooney, Brad Pitt 007: Quantum of Solace Daniel Craig, Olga Kurylenko Josh Brolin, Elizabeth Banks War, Inc. John Cusack, Marisa Tomei Kung Fu Panda Animation PV

> LUSOMUNDO FORUM VISEU TEL: 707 246362

War, Inc. John Cusack, Marisa Tomei Mamma Mia! Meryl Streep, Colin Firth Tropic Thunder Ben Stiller, Robert Downey Jr 007: Quantum of Solace Daniel Craig, Olga Kurvlenko W.

Josh Brolin Flizabeth Banks Eagle Eve Shia LaBeouf, Michelle Monaghan Untraceable Diane Lane, Billy Burke High School Musical 3 Zac Efron, Vanessa Hudgens

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Arte de Roubar Enrique Arce, Ivo Canelas Burn After Reading George Clooney, Brad Pitt Ratatouille Animation PV

Death Race Jason Statham, Tyrese Gibson Taken

Leam Neeson, Maggie Grace 007: Quantum of Solace Daniel Craig, Olga Kurylenko Saw V

Tobin Bell, Costas Mandylor

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007: Quantum of Solace Daniel Craig, Olga Kurylenko Burn After Reading George Clooney, Brad Pitt Kung Fu Panda Animation PV In Bruges

Colin Farrel, Brendan Gleeson

Untraceable

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Diane Lane, Billy Burke High School Musical 3 Zac Ffron Vanessa Hudgens 007: Quantum of Solace Daniel Craig, Olga Kurylenko Saw V Tobin Bell, Costas Mandylor Arte de Roubar Enrique Arce, Ivo Canelas Death Race Jason Statham, Tyrese Gibson Mamma Mia!

Meryl Streep, Colin Firth Eagle Eve Shia LaBeouf, Michelle Monaghan Ratatouille Animation PV

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007: Quantum of Solace Daniel Craig, Olga Kurylenko Mamma Mia! Meryl Streep, Colin Firth Arte de Roubar Enrique Arce, Ivo Canelas High School Musical 3 Zac Efron, Vanessa Hudgens Death Race Jason Statham, Tyrese Gibson Bee Movie Animation PV War. Inc. John Cusack Marisa Tomei

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High School Musical 3

Daniel Craig, Olga Kurylenko Mamma Mia! Meryl Streep, Colin Firth Death Race Jason Statham, Tyrese Gibson Josh Brolin, Elizabeth Banks Shrek The Third Animation PV

ZacEfron, Vanessa Hudgens 007: Quantum of Solace

LUSOMUNDO NORTE SHOPPING TEL: 707 246362

W. Josh Brolin, Elizabeth Banks Arte de Roubar Enrique Arce, Ivo Canelas 007: Quantum of Solace Daniel Craig, Olga Kurylenko High School Musical 3 Zac Efron, Vanessa Hudgens Taken

Leam Neeson, Maggie Grace Kung Fu Panda Animation PV Mamma Mia! Meryl Streep, Colin Firth

Tobin Bell, Costas Mandylor

LUSOMUNDO GAIA SHOPPING TEL: 707 246362

Taken Leam Neeson, Maggie Grace Untraceable Diane Lane, Billy Burke Eagle Eye Shia LaBeouf, Michelle Monaghan 007: Quantum of Solace Daniel Craig, Olga Kurylenko Arte de Roubar Enrique Arce, Ivo Canelas

High School Musical 3 7ac Efron. Vanessa Hudgens Death Race Jason Statham, Tyrese Gibson

Mr. Woodcock Seann William Scott, Susan Sarandon Mamma Mia!

Meryl Streep, Colin Firth SawV

Tobin Bell, Costas Mandylor Bee Movie Animation PV

LUSOMUNDO PARQUE NASCENTE TEL: 707 246362

High School Musical 3 Zac Efron, Vanessa Hudgens Saw V Tobin Bell, Costas Mandylor 007: Quantum of Solace Daniel Craig, Olga Kurylenko

Arte de Roubar Enrique Arce, Ivo Canelas Death Race Jason Statham, Tyrese Gibson

Leam Neeson, Maggie Grace Burn After Reading George Clooney, Brad Pitt Eagle Eye Shia LaBeouf, Michelle Monaghan Ratatouille

Untraceable Diane Lane, Billy Burke Mamma Mia! Meryl Streep, Colin Firth

Juliette Binoche, Romain Duris

LUSOMUNDO MAR SHOPPING TEL: 707 246362

Daniel Craig, Olga Kurylenko Journey to the Center of the Earth Brendan Fraser Josh Hutcherson High School Musical 3

007: Quantum of Solace

Zac Efron. Vanessa Hudgens Arte de Roubar Enrique Arce, Ivo Canelas Taken

Leam Neeson, Maggie Grace Entre les Murs François Bégaudeau Bee Movie Animation PV Mamma Mia! Meryl Streep, Colin Firth Death Race

Jason Statham, Tyrese Gibson

OV = English Version PV = Portuguese Version

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The Portugal News TV Guide • 8 Nov 2008 • 45

Pick of the Day

New You've Been Framed! (ITV1 Granada, 6.20pm)

The only thing funnier than somebody falling over, is somebody falling over at a wedding. But if you're the sort of person who rushes to somebody's aid when they come a cropper rather than standing back and frantically checking to see if you captured it on your camera-phone, then maybe this isn't the show for you. It's not nice but it's a fact of life that other people's embarrassing mishaps are usually quite funny so if you're lucky enough to capture someone's accident on tape, then you might as well make a few quid out of it and give the rest of the country a giggle at the same time by sending it to You've Been Framed! And it turns out that watching babies sneeze, cats dance and grandmas fall off swings, never actually gets old, it's funny no matter how many times you see it. Game for a Laugh star Jeremy Beadle made a fine living for many years by introducing camcorder calamities, but nowadays it's the king of surreal and madcap humour, Harry Hill. His zany observations have breathed new life into the flagging format.

5.30 ITV Morning News. (T) 6.00 GMTV. 9.40 CITV Emu, (T) 9.55 Bernard's Watch, (R) (T) 10.10 My Life Linii. (1) 9.35 eriadu s' watch. (1) (1) 10.16 wij Linii As a Popat. (T) 10.40 Coronation Street. (T) 12.55 ITV News and Weather. (T) 1.00 London Today; Weather. (T) 1.05 FILM: Sweet Charity (1969). Musical, starring Shirley MacLaine. (T) 3.45 Midsomer Murders. (R) (T

8 NOV

- London Tonight; Weather. (T)
- ITV News and Weather. (T) Hero. The X Factor finalists' video for Hero, the charity single in aid of wounded British service men and women, and the Royal British Legion's Poppy Appeal.
- You've Been Framed! The world's worst guard dog, a toddler battling soap suds and a fashion-conscious monkey. Narrated by Harry Hill. (T) Harry Hill's TV Burp. The big-collared comedian
- reviews the week's small-screen highlights, subjecting the latest soap sagas, reality shows and documentaries to his unique brand of scru-
- 7.20 The X Factor, Special quest Mariah Carev sings live and then the eight remaining acts have the tough task of following in the American diva's footsteps by each performing one of her songs Dermot O'Leary hosts proceedings and judges Cheryl Cole, Simon Cowell, Dannii Minogue and Louis Walsh have their say, before the phonelines open for the public to decide which two acts will appear in the final showdown. The
- results can be seen at 9.35pm. (T)
 All Star Family Fortunes. Magician Paul Daniels
 and former EastEnder Joe Swash (Mickey Miller) compete, teaming up with their relatives miller) compete, teaming up with their relatives to guess the answers to surveys of 100 people in a bid to reach the final round, in which they can win up to #30,000 for a charity of their choice. Game show, hosted by Vernon Kay. (T) The X Factor - The Result. Mariah Carey sings
- 9.35 again before the viewers' verdict is announced and the two acts with the fewest votes perform a song of their own choice in the final showdown, hoping to win a reprieve from the judges. (T)
- 10.20 ITV News and Weather: Weather, (T
- 10.35 FA Cup Football Highlights. Matt Smith is joined by Andy Townsend and Robbie Earle to introduce action from this afternoon's first-round ties, including Blyth Spartans v Shrewsbury Town at Croft Park and Sutton United v Notts County at Borough Sports Ground. Commen-tary by Peter Drury, Clive Tyldesley and Jon Champion. (T)

12.05 Bingo Night Live. 1.10 Nightwatch with Steve Scott: Crime; (R) (T) ITV News Headlines. 2.05 FiLM: Wait Until Dark (1967). Thriller, starring Audrey Hepburn. (T) 3.55 ITV Nightscreen.

SPORT



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies So (B) (T) 7.00 CBBC: 7.00 Boar: (B) (T) The (R) (f) 7.00 CBBC: 7.00 Roar; (R) (T) The Owl. (R) (T) 8.00 The Secret Show. (R) (T) 8.15 Sportsround; (T) Bernard. (R) (T) 8.30 Gimme a Break. (T) 9.00 TMi. (T) 10.30 Hot Rods; (T) Prank Patrol Pocketsize. (R) (T) 11.00 The Secret Show. (R) (T) 11.15 The 11.00 The Secret snow. (F) (1) 11.15 Tine Story of Tracy Beaker. (R) (T) 11.45 Eliot Kid. (R) (T) 12.00 BBC Switch: Sound. (T) 12.00 BBC Switch: Mission Beach USA. (T) 1.00 BBC Switch: Greek. (R) (T) 1.45 BBC Switch: Revealed. (T) 2.00 The Sky at Night. (R) (T) 2.20 Coast. (T) 2.25 Fred Dibnah's Made in Britain. (R) (T) 2.55 FILM: Ept Aacabe. (1/48) Western startin-Heart of Story Assached (1/48) Western startin-Heart of Story Backet (1/48) Western Backet (1/44) Western Backet (1/48) Western Backet (1/44) Western Backet (1/44) Wes Fort Apache (1948). Western, starring Henry Fonda and John Wayne. (T) (bw) 5.00 Live Fonda and John wayne. (1) (by) 5.00 LIVE International Rugby Union. Scotland v New Zealand (Kick-off 5.15pm). (T) 7.05 Coast. A journey from Jersey to Dover, where Neil Oliver tells the story of the first Channel swim, while Alice Roberts explores how Jersey became a honeymoon haven. (R) (T) 8.05 Inside the Saudi Kingdom. Insight into the life of Prince Saud bin abdul Mohsen.
(T) 9.05 Have I Got a Bit More News for You.
Special extended version. (R) (T) 9.45
Comedy Connections. Tribute to comedy writer and producer Geoffrey Perkins, who died in August. (T) 10.30 The Catherine Tate Show. (R) (T) 11.00 Father Ted. (R) (T) 11.25 The Fast Show. (R) (T) 12.00
Never Mind the Buzzcocks. (R) (T) 12.30
Beautiful People. (R) (T) 1.00 Stella Street:
The Movie. (R) (T) 2.20 Sign Zone: Silent Witness. (R) (T) 3.20 Sign Zone: Silent Witness. (R) (T) 4.20 Close. to the life of Prince Saud bin abdul Mohsen

C4

6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Adrenalin Rush. (T) 7.30 Ironman Triathlon, 8.00 The Morning Line, (T) 8.55 T4 unsignedAct. (R) (T) 10.00 T4: The Hills. (T) unsignedAct. (H) (1) 10.00 14; In B Hills. (1) 10.25 T4; Friends. (R) (T) 11.00 T4; Friends. (R) (T) 11.30 T4; Everybody Loves Lil' Chris. (T) 12.00 T4; Reaper. (R) (T) 10.00 T4; Red Bull Air Race 2008. (T) 2.00 Channel 4 Racing from Doncaster and Wincanton. Including the 3.10 totesport.com November H'cap Stakes (1m 4f), (T) 4.05 How Clean Is Your House? (1m 4f), (1) 4.05 How Clean is Your House? (R) (T) 4.35 FLLM: Michael (1996). Romantic comedy, starring John Travolta. (T) 6.35 Channel 4 News. (T) 7.00 River Cottage Autumn. Hugh Fearnley-Whittingstall organises a Bonfire Night party, and prepares mediar chutney and cheeses, lamb tagine and roasted vegetable kebabs for his 80 quests, Last in the series, (R) (T) 8.05 Gordon guests. Lastin the series. (H) (1) 8.05 clordon Armasqi: Cookalong. The chef learns new skills from food artisans, including how to make noodles by hand, and cooks a menu of angel hair pasta, duck breast with fondant potatoes, and tiramisu. (R) (T) 9.05 FILM: Silent Hill (2006), Premiere, A young girl is Silent Hill (2006). Premiere. A young girl is haunted by disturbing dreams of a sinister town, so her mother takes her there to dis-cover the cause. Horror, starring Radha Mitchell and Sean Bean. (T) 11.25 FLM. Big Trouble in Little China (1986). Tongue-innounce in Little China (1986). Tongue-in-cheek adventure, starring Kurt Russell. (T) 1.20 FILM: The Fighting Temptations (2003). Musical comedy, starring Cuba Gooding Jnr. (T) 3.40 Supporting Acts. (R) (T) 3.55 The Price of Property. (R) (T) 4.55 Countdown. (R) (T) 5.40 Making It. (R) 5.45 The Hoobs. (R) (T)

6.00 Sunrise. 7.00 Milkshakel: Harry and His Bucket Full of Dinosaurs. (T) 7.10 Mist: Sheepdog Tales. (R) (T) 7.25 Hana's Helpline. (T) 7.40 Roobarb and Custard Too. (R) (T) 7.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.10 Little Frincess. (R) (T) 8.20 The Funky Valley Show. (R) (T) 8.35 The Beeps. (R) (T) 8.55 The Mr Men Show. (R) (T) 9.10 Rupert Bear. (R) (T) 9.25 The Milkshakel Show. (R) (T) 9.55 Sailor Sid. (R) (T) 10.00 The Gaddet Show. (R) (T) 11.00 Axe Men. The Gadget Show. (R) (T) 11.00 Axe Men. (R) (T) 12.00 Mean Machines of War. (R) (T) 12.50 Daring Raids of World War Two. (R) (T) 1.20 FILM: Fools' Parade (1971). Western, starring James Stewart. (T) 3.15 Zoo Days. (T) 3.25 FILM: Muppets from Zoo Days. (1) 3.25 FLUM: hupples from Space (1999). Comedy adventure, with F Murray Abraham. (T) 5.10 FILM: Hackers (1995). Thriller, with Jonny Lee Miller. (T) 7.10 Five News and Sport. (T) 7.10 NCIS. A naval commander's body is washed ashore along with the corpses of two drug traffickations are suggesting by was involved in Illicit ers, suggesting he was involved in illicit activities - but Gibbs refuses to believe the worst of him. (R) (T) 8.05 NCIS. The agents worst of him. (H) (1) 8.05 NCIS. I he agents investigate a role-playing game they think caused the death of a sailor found at the bottom of the sea in his dress whites. Mark Harmon stars. (R) (T) 9.05 CSI: Crime Scene Investigation. A prisoner bursts into flames while trying to escape. (R) (T) 10.05 Law & Order: Criminal Intent. (R) (T) 11.05 PBI Files. (T) 12.05 Quiz Call. 4.00 Nick's Quest. (R) (T) 4.25 Lemur Island. (R) (T) 5.10 House Doctor. (R) (T) 5.35 House Doctor. (R) (T)

LOCAL

6.00 Breakfast. (T) 10.00 Ready, Steady, Cook. (R) (T) 10.45 Lord Mayor's Show. (T) 12.10 BBC News; Weather. (T) 12.20 Football Focus. (T) 1.00 Rugby League World Cup. (T) 2.00 Live International Rugby Union. Wales v South Africa (Kick-off2.30pm). (T) 4.30

BBC News; Regional News; Weather. (T) Hole in the Wall. With Neil and Christine Hamil-

Merlin. A druid and his boy apprentice are

Merlin. A druid and his boy apprentice are discovered in Camelot and try to avoid capture. The elder is caught and executed, but Merlin hears the juvenile's telepathic cries for help. Despite the Great Dragon's warnings to be wary, Merlin risks his life to protect the youngster, putting Arthur in danger. (T)
The National Lottery Draws. Kirsty Gallacher sets the balls rolling to decide the all-important Lotto, Dream Number and Thunderball numbers. (T)
Casualty. A road accident uncovers an affair

Casualty. A road accident uncovers an affai

between a woman and her stepfather, and spurs Ruth and Toby to prove themselves to

Jordan. Dixie discovers Jeff has split up with his wife, Jay frustrates Tess during his first day and

wife, Jay frustrates Tess during his first day and Jess is caught with a pregnancy test. Aden Gillett guest stars. (T) The Royal British Legion Festival of Remembrance. Inthe presence of the Queen, the Royal British Legion pays tribute to the armed forces and remembers the victims of war and conflict. Katherine Jenkins, Russell Watson, Hayley Westenra, Blake and Jonathan Ansell perform alongside the Massed Bands of the Household Division, while the Jesson is read by the Earl of Wessex. The festival culminates in the traditional two-minute silence as thousands of symbolic popp petals fall in the Royal Albert Hall. Huw Edwards presents. Part of the 1918-2008. Ninety Years of Remembrance season. (T) BBC News; Weather; (T) National Lottery Up-

10.40 BBC News; Weather; (T) National Lottery Up-

11.00 Match of the Day, Gary Lineker presents high

cluding Arsenal v Manchester United at the Emirates Stadium and Liverpool v West Bromwich Albion at Anfield. The Gunners snatched a late draw against United in their corresponding fixture last season and, heading into this weekend, had not lost against their fierce rivals at the Emirates. Plus, Hull City welcomed Bolton Wanderers to the Kingston Communications Stadium and West Ham United faced Everton at Upton Park. (T) 12.10 FILM: Black Eagle (1989). Martial arts adven-ture, starring Jean-Claude Van Damme. (T) 1.50 TBA. 2.55 BBC News. (T)

lights of today's Premier League clashes, in-cluding Arsenal v Manchester United at the

ton, Martin Offiah and Isabella Hervey, (T) Strictly Come Dancing. The remaining couples take to the floor. The results show is tomorrow

Final Score. (T)

at 8.15pm. (T)

0630 Children TV 0645 Brinca Comigo 0800 Bom Dia Portugal 1100 Mudai de Vida 1130 Portugal sem Fronteiras 1755 1230 Contra Informação 1300 News 1415 Top + 1545 Smallville, series 1630 Chuck, series 1715 A Minha Geração 1900 Vila Faia 2000 News 2100 Á Voz do Cidadão 2115 Liberdade 2230 Touro 2330 Os Contemporâmeos 0015 Special Unit, series 0230 Shaft – Mafia in NY, film 415 Top + 0530 A Hora da Sorte 0546 Milagres da Vida Selvagem PTP? 1755 1230 Contra Informação 1300

0700 Euronews 0730 África 7 Dias 0800 News 0830 Bravo 0900 Open 0800 News 0830 Bravo 0900 Open University 0945 A Alma e a Gente 1015 Biosfera 1100 Bastidores 1130 Recantos 1200 Voluntário 1230 Percursos da Música Portuguesa 1300 Bombordo 1400 Parlamento 1500 Sports 1900 Voluntário 1930 Bravo 2000 Káboom 2100 Diga Lá Excelência 2145 A Hora da Sorte 2200 News 2240 Vlagema Priprínia 2200 News 2240 Viagem ao Princípio do Mundo, film 0030 Tarzan, film 0200 Sports 0630 Euronews

0600 Etnias 0645 Sic Kids 0830 Disne 0600 Etnias 0645 Sic Kids 0830 Disney Kids 1000 Power Overdrive 1030 Programa da Lucy 1200 Our World: Desert Lions 1300 News 1400 Special Episode 1500 Futsal: Sporting x Sassoeiros 1715 Ghost Whispers, series 1800 Film TBA 2000 News 2130 Não Há Crise 2300 A Favorita 0115 CSI New York series 0115 0015 CSI New York, series 0115 Jericho, series 0215 Todos em Linha 0400 Into the West, series

0700 Children TV 0830 Smackdown 0700 Children TV0830 Smackdown
- Wrestling 0930 0930 Deluxe 1015
Antevisão 1100 All Saints Mass 1300
News 1400 O Regates o dos
Sabichões film 1000 Un tovato na
Prisão, film 1800 Demolidor: O
Homem sen Medo, film 2000 News 2130 Feitiço de Amor 2300 A Outra 0030 As Crónicas de Riddick, film

Best of the Rest

BBC3 7.00 Football Gaffes Galore 7.05 International Rugby Union 8.05 The Real Hustle: High Stakes 8.35 The Real Hustle: High Stakes 9.05 Top Real Hustle: High Stakes 9.05 Top Gear 10.10 Coming of Age 10.40 Coming of Age 11.10 Coming of Age 11.40 Coming of Age 12.10 Coming of Age 12.40 Coming of Age 1.10 Mouth to Mouth 1.40 The Real Hustle: High Stakes 2.10 The Real Hustle: High Stakes 2.35 Celebrity Scissorhands Uncut 4.35 Close BBC4 7.00 Picture Book 8.05 Merlin the

Legend 9.05 Reader, I Married Him Legend 9.05 Reader, I Married Him 10.05 Mad Men 10.45 Damages 11.30 Damages 12.15 Selling the Sixties 1.15 The Hard Sell 1.45 Picture Book 2.45 Reader, I Married Him 3.45 Close

1.40 The Planet's Funniest Animals 2.15 ITV at the Movies 2.50 Britannia High 3.45 The Xtra Factor - The Result 4.35 All Star Family Fortunes 5.20 Film: Twins PG (1988) 7.20 The Planet's Funniest Animals 7.50 Leslie Ash: Face to Face 8.50 The Leslie Ash: Face to Face 8.50 The Xtra Factor 9.35 The Planet's Funniest Animals 9.50 No Heroics 10.20 The Xtra Factor - The Result 11.05 Jack Osbourne: Celebrity Adrenaline Junkie 12.05 The X Factor 1.35 The Xtra Factor 2.20 The X-Factor - The Result 2.55 The Xtra Factor - The Result 3.35 Entourage 4.05 With a Little Help from My Friends 4.55 Smallylile from My Friends 4.55 Smallville 5.35 ITV at the Movies

Sky1 1.00 Bones 2.00 Cold Case 3.00 Don't Forget the Lyrics 4.00 Malcolminthe Middle 4.30 Malcolm

> (R)-repeat programme (T)-programme with teletext subtitles;

(bw) - black and white

(S)-programme broadcast in stereo;

5.30 The Simpsons 6.00 Noel's Are You Smarter Than a 10 Year Old? 7.00 Back Inside Britain's Fattest Man 8.00 UK Border Force 9.00 Man 8.00 UK Border Force 9.00 Road Wars 10.00 Night Cops 11.00 Drugs Wars: DEA 12.00 Prison Break 1.00 Road Wars 1.50 Toughest Pubs in Britain 2.40 The Villa 3.30 Tenerife Uncovered 4.20 Brainiac: Science Abuse 5.10 Guilty!

1.35 Last of the Summer Wine 2.15 The Good Life 2.50 The Good Life 3.30 The Green Green Grass 4.10 The Good Life 4.50 The Good Life 5.30 The Green Green Grass 6.10 The Good Life 6.50 The Good Life The Good Life 6.50 The Good Life 7.30 Only Fools and Horses 9.00 Jonathan Creek 10.05 The Black Adder 10.45 Men Behaving Badly 11.25 Men Behaving Badly 12.00 Jonathan Creek 1.10 The Black Adder 1.50 The New Adventures of Old Christine 2.15 The New Adventures of Old Christine 2.35 The New Adventures of Old The New Adventures of Old Christine 3.00 Close

TCM

1.00 The Merry Widow U (1952) 3.00 The Party PG (1968) 5.00 The Year of Living Dangerously PG (1982) 7.00 Butterfield 8 PG (1960) 9.00 Stanley and Iris 15 (1990) 11.05 Victor/Victoria 12 (1982) 1.50 Children of the Damped 15 (1964) Children of the Damned 15 (1964) 3.25 Murder, She Said U (1961) 5.00 The Charge of the Light Brigade U (1936)

The Disney Channel

Kids' programmes from 7am, except: 4.00 Film: Spy Kids 3-D: Game Over U (2003) Adventure sequel, starring Antonio Banderas.



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MOVIES

6.00 Sam Churchill: Search for a Homeless Man PG (1998) 7.45 Crossroads: A Story of Forgiveness PG (2007) 9.30 London Film Festival 2008 Special 10.00 Three Wishes PG (1995) 12.00 Columbo: Murder PG (1995) 12.00 Columbo: Murder - A Self Portrait PG (1989) With Peter Falk. 1.45 Becoming Jane PG (2006) With Anne Hathaway. 4.00 What Dreams May Come 15 (1998) With Robin Williams. 6.00 Catch and Release 12 (2007) With Jennife Garner, 8.00 The Trench 15 (1999) With Daniel Craig. 10.00 The Guardian 15 (2006) With Kevin Costner. 12.30 The Young Americans 18 (1993) With Harve Keitel. 2.15 My Kingdom 18 (2001) With Richard Harris. 4.15 Undercover Angel PG (1998)

Sky Movies Comedy

6.10 Robin Hood: Men in Tights PG (1993) 8.00 The Out-of-Towners 12 (1999) 9.35 Bring It On: In It to Win It 12 (2007) 11.10 Night at the Museum PG (2006) With Ben Stiller 1.00 Hot Fuzz 15 (2007) With Simon Pegg. 3.00 Robin Hood: Men in Pegg. 3.00 Robin Hood: Men in Tights PG (1993) With Cary Elwes

4.50 Bring It On: In It to Win It 12 (2007) With Ashley Benson. 6.25 The Out-of-Towners 12 (1999) With Steve Martin. 8.00 Hot Fuzz 15 (2007) With Simon Pegg. 10.00 Night at the Museum PG (2006) With Ben Stiller, 12,00 American With Ben Stiller. 12.00 American Pie Presents: Beta House 18 (2007) With John White. 1.30 How To Be a Player 18 (1997) With Bill Bellamy. 3.10 Mystery, Alaska 15 (1999) 5.15 Sgt Bilko PG

Sky Movies Action/hriller

7.25 Ransom PG (1975) 9.10 Superman Returns 12 (2006) 11.50 The Net 12 (1995) With Sandra Bullock. 1.55 Daylight 12 (1996) With Sylvester Stallone, 4.05 Final Analysis 15 (1992) With Richard Gere. 6.25 Quantum of Solace Special 6.55 The Net 12 (1995) With Sandra Bullock, 9.00 Daylight 12 (1996) With Sylvester Stallone. 11.05 Mr Nice Guy 15 (1997) With Jackie Chan. 12.40 Fire Down Below 18 (1997) With Steven Seagal. 2.35 Ransom PG (1975) With Sean Connery. 4.25 NYC: Tornado Terror 12 (2008)

6.00 Live European Tour Golf. The HSBC Champions, 8,00 Champions League Weekly 8.30 Premier League Preview 9.00 Soccer AM League Preview 9.00 Soccer AM 12.00 Live Football Special. Arsenal v Manchester United (Kick-off 12.45pm). 3.00 Soccer Saturday 5.15 Live Saturday Night Football. Southampton v Bristol City (Kick-off 5.20pm). 7.30 You're on Sky Sports! 8.25 Football First 10.15 Football First 11.45 Football First 1.15 Football First 11.45 Football First 1.15 Football First 24.55 ky Sports 1.15 Football First 2.45 Sky Sports lassics 3.00 You're on Sky Sports 3.55 U Can Do It 4.00 Live European Tour Golf. The HSBC Champions.

Sky Sports 2

6.00 Live Rugby League World Cup The seventh-place play-off (Kick-off 6.00am). 8.30 Live Rugby League World Cup. England v New Zealand (Kick-off 8.55am). 11.30 World Sport 12.00 Max Power 1.00 NFL: Total Access 2.00 Live International Rugby Union. England v Pacific Islands (Kick-off 2.30pm) v Pacinic Islands (kick-orit 2:30pm).
5:00 Rugby League World Cup 7:00
International Rugby Union 9:00
Rugby League World Cup 11:00 A1
Grand Prix 12:30 Champions
League Weekly 1:00 Spanish
Football 2:30 Champions League
Weekly 3:00 A-League 3:30 Football
First 5:00 NPL: Total Access First 5.00 NFL: Total Access

Sky Sports 3

6.00 Live Test Cricket. India v Australia. 11.30 Ocean Race 12.00 WWE: Smackdown 2.00 WWE: Bottom Line 3.00 Test Cricket 4.30 Ocean Race 5.00 WWE: Smackdown 7.00 WWE: Bottom Line 8.00 Golf Night 10.30 Extreme Championship Wrestling 11.30 WWE: Late Night - Smackdown 1.30 WWE: Late Night - Bottom Line 2.30 Max Pawer 3.30 World Sport 2.30 Max Power 3.30 World Sport 4.00 Live Test Cricket. India v British Eurosport .30 Eurogoals 8.00 WTA Tennis

9.00 Figure Skating 10.00 Women's International Football 11.45 Live Figure Skating. The 2008 Cup of China. 2.00 Live WTA Tennis. The WTA Tour Championships. 6.15 Live Snooker. The Bahrain Championship.8.00 Figure Skating 10.00 MotoGP 12.00 Beach Volleyball 1.00 Close

Sky Sports Xtra

6.00 Live A1 Grand Prix. The Chengdu Grand Prix qualifying session. 7.30 World Sport 8.00 Tight Lines 9.00 NEL: America's Ga Lines 9.00 NFL: America's Game 10.00 Friday Fight Night 12.00 EuropeanTour Golf 4.00 NFL: Total Access 5.00 A1 Grand Prix 6.30 Champions League Weekly 7.00 Live Spanish Football. Real Madrid v Malaga (Kick-off 7.00pm), 9.00 Live Spanish Football Barce Valladolid (Kick-off 9.00pm). 11.00 Test Cricket 12.30 International Rugby Union 2.30 World Sport 3.00 A1 Grand Prix 4.30 Max Power 5.30 Live A1 Grand Prix. The Chengdu Grand Prix. Coverage continues on the interactive service

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SUN

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BBC₁

6.00 Breakfast. (T) 8.15 Match of the Day. (R) (T) 9.30 The Andrew Marr Show. (T) 10.30 Remembr Sunday: The Cenotaph. (T) 12.10 The Politics Show. (T) 1.10 EastEnders. (T) 3.05 Merlin. (R) (T) 3.50 Little Dorrit. (T) 4.50 Points of View. (T)

5.10 Songs of Praise. Aled Jones is joined by members of the armed forces and veterans to present traditional hymns of remembrance fro Shrewsbury's Civic and Regimental Church of St Chad's. (T)

5.45 A Woman in Love and War: Vera Brittain

Jo Brand explores the writer's tragic story. (T) BBC News; Regional News; Weather. (T)

- Antiques Roadshow. Fiona Bruce and the team return to Leeds Castle. Kent, where the treasures uncovered include a cannonball used at the Battle of Trafalgar and a collection of cigarette cards. (T)
- Strictly Come Dancing. Bruce Forsyth and Tess Daly announce which two couples will be performing their routines again in the dance-off before the judges decide who to eliminate from the contest. (T)
- tephen Fry in America. The actor explores America's south-west, beginning with New Mexico where he meets physicists unravelling the secrets of dark matter and eco-house dwellers living "off grid" near Santa Fe. In Ari zona he stays with the Navajo in Monument Valley, travels across Lake Powell aboard a houseboat and boards a World War Two bomber. In Nevada he meets Mormon mission-aries, before heading over the Sierra Nevada mountains to the Pacific Ocean. (T)

- 10.00 BBC News; Weather. (T)
 10.20 Little Britain USA. Vicky Pollard is taken to hospital following a serious accident, and foulmouthed Ellie-Grace is accompanied by her other to her first sleepover. Last in the series. (R) (T)
- 10.45 Spooks, Ben infiltrates an al-Qaida cell whose members are planning a bombing campaign in London, and accompanies them on what he thinks is a trial run - only to discover at the last minute that it's all too real. Disturbed to hear details of Lucas's flashbacks to his time in the Russian prison, Harry visits his mentor in an attempt to discover how classified information about a top-secret operation has leaked to the enemy. (R) (T)
 Celebrity Scissorhands. Famous faces train as
- hair and beauty experts. (T)

12.45 FILM: Breach of Trust (1999), Emotional drama starring Roma Downey; (T) Weatherview. (T) 2.15 Sign Zone: Holby City. (R) (T) 3.15 Sign Zone: Antiques Roadshow. (R) (T) 4.15 Sign Zone: Beautiful People. (T) 4.45 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Roar. (R) (T) 7.55 Bernard. (R) (T) 8.00 Mona the Vampire. (B) (T) 8.15 What's New Scooby-Doo? (B) (T) 8.13 Stupid. (R) (T) 9.00 Escape from Scorpion Island. (T) 10.00 Something for the Weekend. (T) 11.30 Countryfile. (T) 12.30 International Rugby Union. (T) 1.30 12:30 International Hugby Union. (1) 1:30 Rugby League World Cup. (T) 2:35 FILM: Wagonmaster (1950). John Ford Western, starring Ben Johnson. (T) (bw) 4:00 Voyages of Discovery. (R) (T) 5:00 Remembrance Sunday: The Cenotaph. (T) 6:00 Wild China. (R) (T) 7:00 Long Way Down. wild child. (H) (17.00 Long Way Down. Ewan McGregor and Charley Boorman travel to South Africa. (R) (T) 8.00 Top Gear. Jeremy Clarkson, Richard Hammond and James May drive three new-genera-tion muscle cars from San Francisco to the heart of Utah and Will Young is the Star in a Reasonably Priced Car. (T) 9.00 Drag-ons' Den: Outside the Den. Profile of the only female dragon Deborah Meaden. (T) 10.00 Match of the Day 2. Adrian Chiles presents highlights of today's games, including Blackburn Rovers v Chelsea at Ewood Park and Manchester City v Tottenham Hotspur at the City of Manches ter Stadium. (T) 11.10 Graham Nortor Uncut. (T) 11.55 Heroes. (R) (T) 12.40 FILM: Scream of Fear (1961). Psychologi richi, Scream of Pear (1961), "sychiological horror, starring Susan Strasberg. (T) (bw) 2.00 Fil.M: The Man Without a Past (2002). Premiere. Surreal drama, starring Markku Peltola. 3.30 BBC News. 3.30 The Record Europe. 4.00 BBC News. 4.30 HARDtalk. (T) 4.50 Inside Sport. (R) (T) 5.20 Clase. heavyweight contender. But there's a serious side to the seasoned gag-teller, as she demonstrates with this heartwarming documentary about Vera Brittain's tragic life. It's a vivid film that captures the confusion, hope, agony and suspense of war through a man's eyes, as the men she loved were fighting in the trenches. During the course of World War One, Vera lost all the men who had ever meant anything to her and her world was torn apart by the resulting grief. Visiting key locations in Britain and France and drawing on Vera's own letters and memoirs, Vera and her contemporaries were tragically caught up in The Great War. In her first television interview of any substance on the subject, Vera's daughter, the politician Shirley Williams, features alongside other contributors to bring Vera's story to life, revealing the huge emotional price she paid for losing all her male friends and lovers, in what is surely one of the saddest and most moving stories ever told on TV about this traumatic period in British history.

Pick of the Dav

C4

6.10 The Hoobs. (R) (T) 6.35 Planet Cook (T) 6.55 Transworld Sport. (T) 7.50 esports on 4. (T) 8.55 T4: T4 is 10. 9.05 T4: Friends. (R) (T) 9.35 T4: Hollyoaks (T) 12.20 T4: Frock Me. (T) 1.15 T4: unsignedAct. (T) 2.25 T4: 4Music Presents: Stereophonics. (T) 3.05 T4 Friends. (R) (T) 3.40 T4: The Simpson (R) (T) 4.25 T4: The Simpsons. (R) (T) 5.00 Deal or No Deal. (T) 5.45 Bear Grylls Born Survivor. (T) 6.45 Channel 4 News (T) 7.00 Bremner, Bird and Fortune: Silly Money. Satirical look at the global financial system. (T) 8.00 Wife Swap USA. A New York woman who quit her full-time job to become a model and believes it is more important to have fun than work hard trades places with a conservative grandmother from Texas. (T) 9.00 FILM: The Transporter (2002). An underworld courier ends up battling his powerful employers when his conscience gets the better of him Action adventure, starring Jason Statham and Shu Qi. (T) 10.45 FILM: Flight of the Phoenix (2004). Premiere. Adventure, starring Dennis Quaid. (T) 12.50 Brothers 8 Sisters. (T) 1.50 Brothers & Sisters. 2.50 Dispatches: Mum Loves Drugs, Not Me. (R) (T) 3.45 3 Minute Wonder: From This Day Forward. (R) (T) 3.50 3 Minute Wonder: From This Day Forward. (R) (T) 3.55 3 Minute Wonder: From This Day Forward. (R) (T) 4.00 The Price of Prop erty. (R) (T) 5.00 Countdown. (R) (T) 5.45 The Hoobs, (R) (T)

FIVE

6.00 Milkshake!: Tickle, Patch and Friends (R) (T) 6.05 Bird Bath. (R) (T) 6.10 Sof (R) (T) 6.15 Look! (R) (T) 6.20 Aussie An (R) (T) 6.25 Angels of Jarm. (T) 6.30 Elmo's World, (R) (T) 6.50 Harry and His Bucket Full of Dinosaurs, (T) 7.00 Mist; Sheepdog Tales of Dinosaurs. (1) 7.00 Mist: Sheepoog 1 ales. (R) (T) 7.15 Oswald. (R) (T) 7.25 Hana's Helpline. (T) 7.40 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.55 Little Princess. (R) (T) 8.05 The Funky Valley Show. (R) (T) 8.20 The Beeps. (R) (T) 8.20 8.35 Look! (R) (T) 8.40 The Mr Men Sh (R) (T) 8.55 Rupert Bear. (R) (T) 9.10 The akel Show (R) (T) 9 40 What Makes Milkshaker Show. (H) (T) 9.40 What Makes Me Happy. (R) (T) 10.00 The Black Mamba: Austin Stevens Adventures. (R) (T) 11.00 Nature Shock. (R) (T) 12.00 Zoo Days. (R) (T) 12.30 FILM: Sweet Hostage (1975). Drama, starring Martin Sheen. (T) 2.25 FILM Drama, starring Martin Sneen. (1) 2.25 FILM: From Here to Eternity (1953). Oscar-win-ning drama, starring Burt Lancaster. (T) (bw) 4.40 Five News and Sport. (T) 5.00 FILM: Agent Cody Banks 2: Destination London (2004). Family adventure sequel, starring Frankie Muniz. (T) 6.50 FILM: Ghostbusters (1,000). The peacets business treasurable Frankie Muniz. (1) 6.50 Fil.m: cnostousiers (1) (1989). The spectre-hunting team reunite to save New York from a massive supernatural slime attack. Spooky comedy sequel, starring Bill Murray, Harold Ramia and Dan Aykroyd. (7) 9.00 Fil.M: The Longest Yard (2005). Premiere. A quarterback-turned-powid is given the take for forming an American Company of the control o convict is given the task of forming an Ameri can football team to take on the prison quards Comedy, with Adam Sandler. Chris Rock and Comedy, with Adam Sandler, Chris Rock and Burt Reynolds. (T) 11.20 Danger Men. (R) (T) 12.20 ETU Triathlon. 12.45 Mountain-X Race. 1.10 Live NFL. Philadelphia Eagles v New York Giants (Kick-off 1.15am). 4.30 Seniors Golf. 5.10 House Doctor. (R) (T) 5.35 House Doctor, (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Art Attack. (R) (T) 9.50 Prove It! (R) (T) 10.10 Finger Tips. (T) 10.30 Finger Tips. (D) 10.50 Planet Sketch. (R) (T) 10.00 Finger Tips. (D) 10.50 Planet Sketch. (R) (T) 11.00 Finger Tips. (T) 10.50 Planet Sketch. (T) (T) 12.45 ITV News and Weather. (T) 12.50 London Today; Weather. (T) 12.55 FA Cup Special. Havant & Waterlooville v Brentford (Kick-off 2.00pm). (T) 4.15 The X Factor. (R) (T)

- The X Factor The Result. Mariah Carey sings again and then the judges reveal who will leave the contest. (R) (T)

- the contest. (H) (I)
 London Tonight; Weather. (T)
 ITV News and Weather. (T)
 Britannia High. Jez bumps into a few old friends
 at his birthday party, forcing him to reveal a
 secret to the group he's really a millionaire. It
 also turns out he's been lying to his father, who wouldn't approve of his choice of career and wouldn't approve of his choice of career and believes he's actually at business school. So his friends decide to help him keep up the pretence by visiting his mansion home posing as fellow business students - but the act proves harder than they expected. (T)

 Heartbeat. Joe risks his career to help Dawson
- when she is accused of theft following a raid on local crook Frank Batley's home and #400 goes missing. Bernie faces a tough decision when he learns he has a daughter he never knew ex-isted. Starring Joe McFadden and Peter Benson.
- Sharpe's Peril. Conclusion. The swashbuck ling hero is captured by Dragomirov, the m termind behind the opium-trafficking ring. With Harper in charge of the convoy, Sharpe makes an escape with Marie-Angelique, but they are forced to barricade themselves in a small village. As the enemy approaches with a cavalry and artillery, the ragtag troops and local Indian farmers must be trained to fight. Sean Bean,
- tarmers must be trained to fight. Sean Bean, Daragh O'Malley and Beatrice Rosen star. (T) ITV News and Weather; Weather. (T) FA Cup Football Highlights. Craig Doyle is joined by Andy Townsend and Robbie Earle to introduce action from this afternoon's firstround ties, featuring the clash between Havant & Waterlooville and Brentford at West Leigh Park and AFC Hornchurch v Peterborough United at the Hornchurch Stadium. Com tary by Peter Drury, Clive Tyldesley and Pete
- Brackley. (T) 11.50 The Vicar of Baghdad. A portrait of Canon Andrew White, minister at St George's Church which stands a mile outside Baghdad's highly protected Green Zone and is the only Anglican church in Iraq. (R) (T) 1.35 60 Minute Makeover;

(R) (T) ITV News Headlines. 2.25 Antiques Auction (R) (T) 2.50 Antiques Auction. (R) (T) 3.15 Have I Been Here Before? (R) (T) 3.40 Have I Been Here Before? (R) (T) 4.00 ITV Nightscreen.

LOCAL

RTP1
0630 Children TV 0645 Brinca
Comigo 0800 Bom Dia Portugal
1000 Mass 1100 Milagres da Vida
Selvagem 1200 Sentido do Gosto
1230 Mr. Bean 1300 News 1415 Só
Vistol 1515 Bones, series 1600
Olha quem Dança 1800 Tellerural
1900 Vila Faia 2100 News 2100 As Escolhas de Rebelo de Sousa 2130 A Minha Geração 2330 Panic Roon film 0130 Paris 2010, film 0315 24 Hours to Survive, film 0500 Só Visto! 0545 Euronews 0605 Nós

RTP2
0700 Euronews 0730
África@Global 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nós 1100 Da Terra ao Mar 1130 Histórias da Vida na Terra 1400 Maison Tropical 1445 A Voz do Cidadão 1500 Sports 1900 oo Cidadaa 1590 Sports 1990 Coutos e Coutadas 1930 A Alma e a Gente 2000 Bombordo 2030 The Simpsons 2100 Natureza e Tecnologia 2200 News 2230 Câmara Clara 2350 Britcom 0050 Onda Curta 0115 A Alma e a Gente 0145 Sports 0545 Euronews

0645 Sic Kids 0830 Disney Kids 0645 Sic Kids 0830 Disney Kids 1000 Power Overdrive 1030 Programa da Lucy 1200 BBC Wild Life: Elephant Diaries 1300 News 1400 Fama Show 1445 Film TBA 1630 Film TBA 1815 Film TBA 200 News 2115 Grande Reportagem SIC 2200 Gato Fedorento 2300 A Favorita 015 Desperate Housewives, series 0115 CSI New York 0215 Todos em Linha 0400 York 0215 Todos em Linha 0400 Drive me Crazy, film

0700 Children's TV 0930 O Bando 0700 Children's 1 V 0930 O Bando dos 4, series 1015 Hanna Montana, series 1100 Mass 1830 News 1300 Super League 1000 Babb film 1600 Romance Periods, film 1800 Casei comuma Petitoeira, film 2000 News 2115 Reporter TVI 2200 Olhos nos

Best of the Rest

7.00 The Most Annoying Port Moments - We Hate to Love 8.00 7.00 The Most Annoying Pop Moments - We Hate to Love 8.00 Don't Tell the Bride 9.00 Celebrity Scissorhands 10.00 Family Guy 10.25 Family Guy 10.45 Touch Me, I'm Karen Taylor 11.15 Two Pints of Lager and a Packet of Crisps 11.25 Two Pints of Lager and a Packet of Two Pints of Lager and a Packet of Crisps 12.15 Coming of Age 12.45 Celebrity Scissorhands 1.45 Don't Tell the Bride 2.40 Touch Me, I'm Karen Taylor 3.10 Celebrity Scissorhands Uncut 5.10 Close

7.00 Wilfred Owen: A Reme Tale 8.00 Edwardians in Colour The Wonderful World of Albert Kahn 9.00 Walter's War 10.00 Mark Lawson Talks to Michael Parkinson 11.00 Peter Ustinov: The Parkinson Interviews 12.00 Walter's War 1.00 BBC Four Sessions 2.00 Edwardians in Colour: The Wonderful World of Albert Kahn 3.00 Mark Lawson Talks to Micha Parkinson 4.00 Close

2.05 Film: Twins PG (1988) 4.05 Coronation Street 6.30 The X Factor 8.00 The X Factor - The Result 8.45 Sugababes: The Hot Desk 9.00 Katie & Peter: The Next Chapte Katie & Peter: The Next Chapter 10.00 Celebrity Juice 10.30 Film: King Kong 12 (2005) 2.05 Jack Osbourne: Celebrity Adrenaline Junkie 2.55 Entourage 3.25 Teleshopping 5.55 ITV2 Teleshopping

1.00 UK Border Force 2.00 Bones 3.00 Bones 4.00 Malcolm in the Middle 4.30 Malcolm in the Middle

5.00 The Simpsons 5.30 The 5.00 The Simpsons 5.30 The Simpsons 6.00 Futurama 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.00 The Simpsons 9.00 Fringe 10.10 Bones 11.10 Cold Case 12.10 Toughest Villages in Britain 1.10 Road Wars 2.05 The Villa 3.00 Tenerife Uncovered 3.50 Road Wars 4.45 America's Jumpset Wars 4.45 America's Dumbest Criminals 5.10 Guilty! G.O.L.D

1.30 The Good Life 2.10 The Green

Green Grass 2.50 The Good Life 3.30 The Good Life 4.10 Only Fools and Horses 5.40 The Vicar of Dibley 6.20 The Good Life 7.00 The Green Green Grass 7.40 The Good Life 8.20 The Good Life 9.00 Only Fools and Horses Top 40 Moments 11.00 Men Behaving Badly 11.40 Men Behaving Badly 12.20 As Time Goes By 1.00 The New Adventures of Old Christine 1.30 The New of Old Christine 1.30 The New Adventures of Old Christine 2.00 The New Adventures of Old Christine 2.30 The New Adventures of Old Christine 3.00 Close TCM

1.15 Tarzan the Ape Man U (1932) 3.00 Singin' in the Rain U (1952) 4.55 Young Cassidy PG (1964) 6.55 Dirty Rotten Scoundrels PG (1988) 9.00 Mr Wonderful 15 (1992) 11.00 Lolita 15 (1962) 1.50 Arturo's Island 15 (1962) 3.25 Kissin' Cousins U (1963) 5.00 The Wind U (1928) The Disney Channel

Kids' programmes from 7am, except: 4.00 Film: Eddie's Million Dollar Cook-Off U (2003) Comedy, starring Orlando Brown.

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6.00 The End of Eden PG (1996)

7.40 Pride and Prejudice PG (2003) 9.40 Billy Bathgate 15 (1991) 11.30 Columbo Cries Wolf PG (1990) With Peter Falk, 1,15 Diana: The Final Journey 12 (2007) With Jennifer Morrison. 3.00 Ride with the Devil 15 (1999) With Tobey Maguire, 5,30 A Fey Good Men 15 (1992) With Tom Cruise. 8.00 Freedom Writers (2007) With Hilary Swank 10.05 The Insider 15 (1999) With Al Pacino. 12.50 Last Seduction II 18 (1997) With Joan II 18 (1997) With Joan Severance. 2.35 Whispers in the Dark 18 (1992) With Annabella Sciorra. 4.30 The Patron Saint of Liars PG (1997)

Sky Movies Comedy

6.55 Detroit Rock City 15 (1999) 8.40 Stop! Or My Mom Will Shoot PG (1992) 10.15 Hot Shots! PG (1991) 11.45 Hot Shots! Part Deux PG (1993) With Charlie Sheen. 1.20 Happy Gilmore 12 (1996) With Adam Sandler. 3.00 Click 12 (2006) With Adam Sandler, 5.00 Hot Shots! PG Hot Shots! Part Deux PG (1993) With Charlie Sheen. 8.00 Happy Gilmore 12 (1996) With Adam Sandler, 10.00 Click 12 (2006) With Adam Sandler. 11.55 Magicians 15 (2007) With Robert Webb. 1.30 Detroit Rock City 15 (1999) With Giuseppe Andrews 3.15 Sparkle 15 (2006) 5.05 Stop Or My Mom Will Shoot PG (1992) Sky Movies Action/Triller

(1991) With Charlie Sheen, 6.30

6.10 Quantum of Solace Special 6.40 The River Wild 12 (1994) 8.40 Stormbreaker PG (2006) 10.30 Rocky PG (1976) 12.35 Rocky II PG (1979) With Sylvester Stallone. 2.45 Rocky Sylvester Stallone. 2.45 Hocky III PG (1982) With Sylvester Stallone. 4.40 Rocky IV PG (1985) With Sylvester Stallone. 6.25 35MM 6.55 The River Wild 12 (1994) With Meryl Streep. 9.00 Sudden Death 18 (1995) With Jean-Claude Van Damme. 11.00 Universal Soldier: The Return 18 (1999) With Jean-Claude Van Damme, 12.35 Fear orauce van Damme. 12.35 Fear 18 (1996) With Mark Wahlberg. 2.25 Soldier Blue 18 (1970) With Candice Bergen. 4.25 Rocky III PG (1982)

(R) - repeat programme;

- **(T) -** programme with teletext subtitles;
- (S) programme broadcasting stereo;

(bw) - black and white.

SPORT

6.00 Live European Tour Golf The 6.00 Live European Tour Golf. The HSBC Champions. 8.00 FIFA Futbol Mundial 8.30 Football First 10.00 The Sunday Supplement 11.00 Goals on Sunday 1.00 Live Super Sunday. Blackburn Rovers v Chelsea (Kick-off 1.30pm). 3.30 Live Super Sunday. Fulham v Newcastle United (Kick-off 4.00pm), 6.30 Super Sunday: The 4.00pm). 6.30 Super Sunday: The Last Word 7.00 Live Spanish Football. Sevilla v Recreativo Huelva. 8.00 Live Spanish Football. Getafe v Valencia (Kick-off8.00pm). 10.00 Football First 11.30 Football First 1.00 Spanish Football 3.00 GolfNight5.30 Champions League Weekly

6.00 Sky Sports Classics 6.15 Live 6.00 Sky Sports Classics 6.15 Live Rugby League World Cup. The ninth-place play-off (Kick-off 6.25am). 8.30 Live Rugby League World Cup. Papua New Guinea v Australia (Kick-off 8.55am). 11.00 Racing News 11.30 Wild Spirits 12.00 WWE: Afterburn 1.00 WWE Vittage Collection 2.00 Al Grand Vintage Collection 2.00 A1 Grand Prix 4.00 Wild Spirits 4.30 NFL: Total Access 5.30 NFL: Live Wire 6.00 Live NFL. New England

6.00 Live NFL. New II
Patriots v Buffalo Bills (Kickoff6.00pm). 9.00 Live NFL.
Pittsburgh Steelers v
Indianapolis Colts (Kickoff 9.15pm). 12.30 NFL:
Top 10 1.15 Live NFL.
Philadelphia Eagles v New York Giants (Kick-off 1.15am). 4.20 Close

Sky Sports 3

6.00 Live Test Cricket IndiavAustralia.11.30 Live India v Australia. 11.30 Live International Cricket. South Africa v Bangladesh. 4.30

Test Cricket 6.30 WWE: Experience Test Cricket 6:30 wWb: Experience 7:30 Golf Night 10.00 wWE: Late Night - Afterburn 11.00 wWE Vintage Collection 12.00 Rugby League World Cup 2.00 Masters Cup Tennis 3:30 ATP Tennis 4:00 Live Test Cricket. India v Australia.

7.35 WTA Tennis 8.30 Women's International Football Women's International Football Women's International Football 12.00 Live Snooker. The Bahrain Championship. 2.30 Live WTA Tennis. The WTA Tout Championships final. 5.00 Live Snooker. The Bahrain Championship. 8.00 World Superbikes 9.30 MotoGP 11.00 British Superbikes 12.00 F1: The Factory 12.30 Close. Factory 12.30 Close

Sky Sports Xtra

6.00 Live Masters Cup Tennis 6.00 Live Masters Cup Tennis. Coverage of the round-robin phase. 10.00 ATP Tennis 10.30 European Tour Golf 2.30 Rugby League World Cup 4.30 Masters Cup Tennis 6.00 ATP Tennis 6.30 A1 Grand Prix 8.30 Live NASCAR. The Checker Auto Parts 500. 12.30 A1 Grand Prix 2.30 Max Power 3.30 Close



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BBC₁

6.00 Breakfast. (T) 9.15 Animal 24:7. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.30 BBC News; Weather. (T) 2.15 Diagnosis Murder. (P) (T) 3.00 BBC News; Weather. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Kerwhizz. (T) 3.25 CBBC: Uncle Max. (R) (T) 3.35 Watch My Chops. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Get 100. (T) 4.35 The Sarah Jane Adventures. (T) 5.05 Newsround. (T)

5.15 Weakest Link. General knowledge quiz, with weatest Link: General knowledge quiz, w Anne Robinson. (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) The ONE Show. (T)

Watchdog. The result of the airlines vote is revealed, with viewers' most and least popular carriers named, and in some cases shamed. Nickv Campbell, Julia Bradbury and Paul Heiney

Nicky Campbell, Julia Bradbury and Paul Heiney nost; (T) BBC News; Regional News. (T) EastEnders. As the police ask more questions and Lauren worries she cannot keep quiet much longer, Tanya resorts to drastic action. Tamwar tries to persuade his parents to buy the Minute Mart and Jane gets a surprise when her mother shows un with a stiftcase. Philand Surav. mother shows up with a suitcase. Phil and Suzy discover they have been burgled. (T) Panorama. In the present financial climate, Paul

Kenyon finds some lenders are going to ex-Kenyon finds some lenders are going to ex-traordinary lengths to ensure they are repaid, including threatening repossession over a sofa in one case. He also discovers the legal loop-holes a couple of borrowers have exploited to write off thousands of pounds worth of debt. (T) Spooks. An al-Qaida terrorist leader offers to exchange intelligence on a planned bombing campaign in London for the pardoning of two prisoners, but the team faces a difficult choice when it becomes clear that defusing the explo sives would endanger Lucas's role as a double agent. Harry learns the identity of the traitor who assed information to the Russians Drama

starring Peter Firth and Richard Armitage. (T)

10.00 BBC News. (T)

10.00 BBC News. (T)
10.25 Regional News; Weather. (T)
10.35 A Question of Sport. With Olympic triple jump silver medallist Phillips Idowu, Welsh swimmer David Davies, 2008 Grand National-winning jockey Timmy Murphy and England rugby union international Nick Easter. (R) (T)

State of the American Robert (1974)
 Robert (1974)
 State of the American Robert (1974)
 Robert

ring Michael Caine. (T)

1.15 Celebrity Scissorhands: (T) Autumnwatch Weatherview. (T) 2:20 Sign Zone: My Family at War. (R) (T) 3:05 Sign Zone: Little Dorrit. (R) (T) 3:05 Sign Zone: Recipe for Success. (R) (T) 4:05 Sign Zone: Recipe for Success. (R) (T) 4:50 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla, (R) (T) 6.30 Teletubbies; (R) (T) Tweenies So (R) (T) 7.00 CBBC: Pitt & Kantrop. 7.25 Newsround; (T) Bernard. (R) (T) 7.30 50/50. (B) (T) 8.00 Basil's Game Show. (B) 50/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.20 Charlie and Lola. (R) (T) 9.30 Finlely the Fire Engine. (R) (T) 9.45 The Koala Brothers; (R) (T) Fun with Phonics. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Words and Pictures. (T) 11.10 BBC Primary Geography. (T) 11.20 Look and Read. (T) 11.40 See You, See Me. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog ItI (R) (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 This World: Murder in the Snow. The shooting of three Tibetan refugees cross ing the Himalayas in 2006. (T) 8.00 Univer sity Challenge. London School of Economics v Selwyn College, Cambridge. (T) 8.30 Indian Food Made Easy. New series. Anjun Anand demonstrates recipes in Liverpool.
(T) 9.00 World War Two: Behind Closed
Doors. New series. The Soviet Union's position during the conflict, (T) 10.00 Have I Got News for You. Satirical quiz. (R) (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Band of Brothers. (R) (T) 12.20 Ellery Queen. (R) (T) 1.10 BBC News. (T) 4.00 BBC

Pick of the Dav

The Commander - Abduction (ITV1 Granada, 9pm)
So, were you one of those people who thought Lynda La Plante had had enough of Commander Clare Blake and had decided not to bring her back for another series? There were certainly plenty of viewers who thought she'd past her sell-by date with 2007's episodes, entitled The Fraudster and Devil You Know. However, it seems there's life in the character yet, and if anybody can spice her up a bit, it's veteran screenwriter La Plante After all, this is the woman who's created a wide variety of strong female characters ove the years, most notably DCI Jane Tennison in the much-mis the years, most notably DCI Jane Tennison in the much-missed Prime Suspect. This time, Blake is confronted by two chilling crimes: the abduction of a newborn baby from a maternity ward and the brutal murder of an elderly woman. But there are also personal issues to confront when it becomes clear the missing child's father is none other than her sidekick, DCI Doug James, while the dead woman is DS Brian Hall's mother. Finding the culprits is, of course, a top priority, particularly as the media spotlight is pointing directly on Blake and her team. Her policing style is anything but conventional, and she soon finds herself with a tricky decision to make — should she sacrifice her own career in pursuit of what she believes is right? Mark Lewis Jones and Paul Brightwell co-star.

6.10 The Hoobs. (R) (T) 6.40 Planet Cook (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond, (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show: (R) (T) National Gallery (R) (T) 10.00 Take Away My Takeav (R) (T) National Gallery, (R) (T) 10.30 Wasted. (T) 11.00 Parents & Teens: Welcome to My World; (R) (T) National Gallery (B) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Wife Swap USA. (R) (T) 1.30 Rescue Remedies. (R) (T) 1.40 FILM: Timberjack (1954). Western drama, starring Sterling Hayden. (T) 3.29 Countdown, (T) 4.15 Deal or No Deal, (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Rory Peck Awards 2008. New series of short docu mentaries on international conflict. (T) 8.00 Not Forgotten: The Men Who Wouldn't Fight Ian Hislop recounts the stories of World War One conscientious objectors whose beliefs or battlefield experiences led to their refusal to do military service despite the consequences. (T) 9.00 The Lost World War One Bunker: A Time Team Specia Preserved wartime trenches under a field in Belgium. (T) 10.35 FILM: Underworld (2003). Supernatural thriller, starring Kate Beckinsale. (T) 12.50 Bremner, Bird and Fortune: Silly Money. (R) (T) 1.50 FILM: Lemming (2005). Premiere. Drama, starring Laurent Lucas, 4.00 Channel 4 Educa-

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6.00 Milkshake!: 6.00 Angels of Jarm: (R) (T) Little Lodgers. (R) (T) 6.10 Chiro. (T 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline (T) 6.50 Playl (T) 6.55 The Adventures o ttle Top Bill and His Best Friend Corky (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Way for Noddy. (R) (T) 7.55 Fiff and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Milkshakel Music Box. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Shark Island, (R) (T) (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.10 FiLM: Plague City: Sars in Toronto (2005). Drama, star ring Kari Matchett. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours (R) (T) 6.00 Home and Away. (R) (T) 6.30 Zoo Days. (T) 7.00 Five News at 7. (T) 7.30 Top Trumps: Earthmovers. A 104-ton bull dozer versus the biggest dumper truck in the world. Last in the series: (T) 7.30 Five News Update. (T) 8.00 The Gadget Show wear; (T) 8.00 Five News at 9. 9.00 Un-breakable. The contestants wrestle alliga-tors in the Everglades. (T) 10.00 Paul Merton in India. The children who live in Mumbai's central station. Last in the series. (R) (T) 11.05 FILM: Misery (1990). Oscar-winnir shocker, starring James Caan. (T) 1.1 Live NFL. Arizona Cardinals v San Francisco 49ers (Kick-off 1.30am). 4.45 Race and Rally UK. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather, (T) 2.00 House Guest, (T) 2.30 Dickinson's Real Deal. (R) (T) 3.15 Spin Star. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's 3.59 London Weather. School for Cooks. (T)

Carrott. (T)

London Tonight; Weather. (T)

ITV Evening News; Weather. (T)
Emmerdale. Jasmine attends an interview at
the MacFarlanes' club, where she meets its
owner Gary. Lily decides to give up her job at the factory when Val refuses to forgive her for lying

Coronation Street. Rosie and Fiz struggle to get their lives back to normal. Kirk wonders whether he and Chesney should visit Cilla in South Africa, and the factory staff discover they have not been paid. (T)

The Price of Life: Tonight, Morland Sanders meets NHS patients being denied cancer-fighting drugs on the grounds they are too expensive. The reporter investigates whether these medications are overpriced. (T)

Coronation Street, Ken is shocked to learn Peter wants to have Simon taken into care, and offers to look after him instead. The Underworld staff demand to know what has happened to their wages, forcing Tony to mollify them with the promise of a bonus. Tina is furious with David for giving jailbird Graeme #300 to buy him a car.

The Commander - Abduction. New series. The team's troubled former colleague Brian Hall is made prime suspect when he is spotted at the scene of his mother's murder. Meanwhile DCI Doug James's attitude toward the imminent birth of his first child causes friction with his wife, and after the baby is successfully delivered events take a horrifying turn. Crime drama starring Amanda Burton, Paul Brightwell and Mark Lewis Jones. Continues tomorrow. (T)

10.00 News at Ten and Weather. (T)
10.30 London News and Weather. (T)
10.40 Forensic Casebook with Matthew Kelly. How a famous impostor was unmasked in court

11.10 Grimebusters. A pest controller tackles rats in

Dagenham. (T)

11.45 Ghosthunting with I'm a Celebrity. Former winners of I'm A Celebrity Get Me Out Of Herel
Christopher Biggins and Matt Willis are joined by fellow previous contestants Cerys Matthews and Dean Gaffney on a ghosthunt. (T)

and beal admitted in a grossmant. (1)

12.40 Champions League Weekly. (T) 1.10 Nightwatch
with Steve Scott: Crime; (R) (T) ITV News Headlines.
2.05 Loose Women. (R) 2.55 Chef v Britain. (R) (T) 3.20
Chef v Britain. (R) (T) 3.45 ITV Nightscreen.

SPORT

DCAL

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Intrigas 1500 Paixões Proibidas 1545 Portugal no Coração 1800 Portugal em Directo 1905 O Preço Certo 2000 News 2100 Notas Soltas 2115 Cuidado com a Língua 2130 Jogo Duplo 2230 Prós e Contras 0100 Os Anios de Apocalipse, film 0245 Portugal no Coração 0515 Euronews 0605 Nòs RTP2

0715 Zig Zag 1400 Sociedade Civi 1530 Indisciplinas 1600 Nationa Geographic: Elephant Power 1700 Zig Zag 1830 A Fè dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Shape of Life National Geographic: Snape of Life 2150 A Hora da Sorte 2200 News 2240 Weeds, series 2330 Écran 0030 Noites da Dois 0115 Universidades 0145 Yes, Dear, series 0215 Diga Lá Excelência 0300 Eurodeputados 0345 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens SIC

0930 Dia em Grande 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1500 Beleza Pura 1545 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Vip Manicure 2215 Podia Acabar o Mundo 2315 A Favorita 0030 CSI New York series 0130 CSI Las Vegas 0230 Todos em Linha 0430 Ciranda de

0600 Sic Noticias 0800 Sic Kids

TVI
0700 Diário da Manha 1015 Você
na TV 1300 News 1400 As Tardes
da Júlia 1700 Quem Ger Ganha
1815 Morangos John Aguer 2000
News 2115 Republic TVI 2200
Feitigo der Prior 2245 Olhos nos Olhos 0000 A Outra 0030 The Chamber, film 0245 Sempre a Somar 0415 TVI Negócios 0430

Best of the Rest

7.00 Spendaholics 7.30 The Most Annoying Pop Moments - We Hate to Love 8.30 Celebrity Scissorhands 9.30 Coming of Age 10.00 EastEnders 10.30 Spooks 11.30 Celebrity Scissorhands 13.20 Let Celebrity Scissorhands 12.30 Last Man Standing 1.25 Coming of Age 1.55 The Most Annoying Pop Moments - We Hate to Love 2.55 Celebrity Scissorhands Uncut 4.55

7.00 World News Today 7.00 Weather 7.30 Edwardians in Colour: The Wonderful World of Albert Kahn 8.30 Only Connect 9.00 Timeshift: How to Solve a Cryptic Crossword 10.00 Storyville: Prodigal Sons 11.30

Search of Spanish Flu 12.00 Edwardians in Colour Edwardians in Colour: The Wonderful World of Albert Kahn 1.00 Only Connect 1.30 Timeshift: How to Solve a Cryptic Crossword 2.30 Edwardians in Colour: The Wonderful World of Albert Kahn 3.30 Only Connect 4.00 Close

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Show 3.45 Hicki Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy 7.00 Britannia High 8.00 Katie & Peter: The Next Chapter 9.00 Hell's Kitchen USA 10.00 Hell's Kitchen USA 11.00 Celebrity Juice 11.30 Film: Shaun of the Dead 15 (2004) 1.25 Corporation Street 1.55 1.25 Coronation Street 1.55 Coronation Street 2.20 Teleshopping 5.20

1.00 Project Runway 2.00 Order 3.00 Cold Case 4.00 S Order 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 Futurama 9.00 Film: Godzilla PG (1998) 11.40 Night Cops 12.40 Road Wars 1.40 Road Wars 2.30 Stargate SG-1 3.25 Stargate SG-1 4.15 Greece Uncovered 5.10 Guilty

.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 To the Manor Born 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 Fawlty Towers 10.25 Fawlty Towers 11.05 A Bit of Fry and Laurie 11.45 Fawlty Towers 12.30 Fawlty Towers 1.10 A Bit of Fry and Laurie 1.50 2point4 Children 2.35 What a Carry On! 3.00 Close

1.00 Three Godfathers U (1948) 3.00 12 Angry Men U (1957) 4.45 The Prodigal PG (1955) 6.50 Lust for Life PG (1956) 9.00 Fame 15 (1980) 11.20 The Knack and How to Get It 15 (1965) 1.00 Anna Christie PG (1930) 2.40 The Three Musketeers U (1948) 5.00 The Crowd U (1928)

The Disney Channel Kids' programmes from 7am,

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white

6 15 A Father's Son PG (1999) 8 00

6.15 A Father's South Fig. (1999) 11.00 Oklahomal PG (1999) 11.00 Miracle in the Woods PG (1997) With Meredith Baxter. 12.45 Columbo: Agenda for Murder PG (1990) With Peter Falk. 2.30 How to Make an American Quilt 12 (1995) With Winona Ryder, 4,30 Twiligh 15 (1998) With Paul Newman 6 15 15 (1998) With Paul Newman. 6.15 Some Kind of Wonderful 15 (1987) With Eric Stoltz. 8.00 Reign Over Me 15 (2007) With Adam Sandler. 10.15 Stomp the Yard 12 (2007) With Columbus Short. 12.15 Kiss the Girls 18 (1997) With Morgan Freeman. 2.15 Going All the Way 15 (1997) With Jeremy Davies. 4.15 Yesterday's Children 12 (2000)

Sky Movies Comedy

6.40 I'm Gonna Git You Sucka 15 (1988) 8.15 Parenthood 15 (1989) 10.30 35MM 11.00 Dragnet PC (1987) With Dan Aykroyd. 12.50 Employee of the Month 12 (2006) With Dane Cook. 2.45 School for Scoundrels 12 (2006) With Billy Bob Thornton, 4,30 Antz PG

Dragnet (1987) With Dan 8 . 0 Employee f the th 12 Aykroyd. 8 . 0 0

With Billy Bob Thornton. 11.45 Parenthood 15 (1989) With Steve Martin. 1.55 Chubby Goes Down Under 18 (1998) With Roy "Chubby' Brown. 3.25 I'm Gonna Git You Sucka 15 (1988) 5.00 Antz PG

6.10 Gorky Park 15 (1983) 8.25 Torn Curtain 15 (1966) 10.35 Flight of the Intruder 12 (1990) 12.35 Los Locos: Posse Rides Again 15 (1997) With Mario Van Peebles. 2.35 Gorky With Mario Van Peebles. 2.35 Gorky Park 15 (1983) With William Hurt. 4.50 Torn Curtain 15 (1966) With Paul Newman. 7.00 Flight of the Intruder 12 (1990) With Danny Glover. 9.00 Deep Blue Sea 15 (1999) With Samuel L Jackson. 10.50 Shoot 'Em Up 18 (2007) With Clive Owen. 12.30 Nighthawks 18 (1981) With Sylvester Stallone, 2,25 Gridlock'd 18 (1997) With Tupad Shakur. 4.10 A Decent Proposal



6.00 Good Morning Sports Fans 9.00 FIFA Futbol Mundial 9.30 Champions League Weekly 10.00 Live Masters Cup Tennis. Day two from Shanghai in China. 2.00 Champions League Weekly 2.30 Rugby League World Cup 4.30 Champions League Weekly 5.00 Soccer AM: The Best Bits 6.00 Big Soccer AM: The Best Bits 6.00 Big League Weekend 2 7.30 Live Irish Football. Ballymena United v Newry City (Kick-off 7.45pm). 10.00 You're on Sky Sports! 11.00 Big League Weekend 2 12.30 Soccer AM: The Best Bits 1.30 Live NFL. Arizona Cardinals v San Francisco 49ers (Kick-off 1.30am), 5.00 Wild Spirits 5.30 Champions League Weekly

6 00 Aerobics Oz Style 6 30 Snow 6.00 Aerobics Oz Style 6.30 Snow Adventures 7.00 WWE: Bottom Line 8.00 Snow Adventures 8.30 Live Rugby League World Cup. The qualifying final (Kick-off 8.55am). 11.00 Football First 12.30 Football First 2.00 Spanish Football 4.00 NFL: Top 10 5.00 Wild Spirits 5.30 NFL: 10p 10 5.00 Wild Spirits 5.30 Test Cricket 7.00 Rugby League World Cup 9.00 Test Cricket 10.30 NFL Game Day 12.00 Snow Adventures 12.30 Irish Football 2.00 Big League Weekend 23.30 Soccer AM: The Best Bits 4.30 Close

6.00 Live Test Cricket, India v Australia, 11,30 Champions League Australia. 11.30 Champions League Weekly 12.00 NFL Gameday 1.30 Golf Night 4.00 WWE: Raw 7.00 Masters Cup Tennis 9.00 Wild Spirits 9.30 Kiteboarding 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extrapo Championship 1. 12.00 Extreme Championship Wrestling 1.00 WWE Vintage Collection 2.00 WWE: Late Night

Raw. Wrestling action from the States, 4.15 Close

British Eurosport

7.30 Yoz Magazine 8.00 Wome International Football 9.45 WTA Tennis 11.00 Snooker 12.00 Live Snooker. The Bahrain Championship. 3.00 Figure Skating Championship. 3.00 Figure Skating 5.00 Eurogoals 5.45 Live Snooker. The Bahrain Championship. 8.00 Boxing 10.00 Eurogoals 10.45 World Superbikes 12.15 euroCRASHI 12.30 Close

8.30 Golf Night 11.00 Racing News 11.30 NASCAR 2.00 A1 Grand Prix 4.00 Snow Adventures 4.30 Aerobics Oz Style 5.00 Show Aerobics Oz Style 5.00 Snow Jumping 6.00 Snow Adventures 6.30 Kiteboarding 7.00 NFL Game Day 8.30 NFL: Top 10 9.30 World Motor Sport 12.00 Rugby League World Cup 2.00 Masters Cup Tennis 4.00 Show Jumping 5.00 Close

(R) - repeat pro-

(T) - programme with teletext subtitles:

(S) - programme broadcast stereo:

(bw) - black and white.









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6.00 Breakfast. (T) 9.15 Animal 24:7. (T) 10.00 Live 6.00 Breakids. (1) 9.15 Arillinia 4247. (1) 10.00 Live from the Cenotaph: Last Voices of a Generation. (T) 11.15 Cash in the Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather, Regional News. (T) 3.05 CBeebies: Jakersl (R) (T) 3.25 CBBC: Uncle Max. (R) (T) 3.35 Watch My Chops. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Raven; (T) The Owl. (R) (T) 4.35 Blue Peter. (T) 5.00 ound. (T)

Weakest Link. Anne Robinson oversees the

Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz, as contestants try to weed out the weaklings and walk off with a cash prize. (R) (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) The ONE Show. (T) EastEnders. Dot calls the Brannings from the hospital to say Max has gone into surgery in a critical condition, and Jack learns of the existence of a mystery witness to the hit-and-run. Roxy discovers it was Sean who burgled Phil and Suzy's house and insists he give back their belongings. Masood returns with good news after visiting the bank for a loan; (T) BBC News; after visiting the bank for a loan; (T) BBC News;

Regional News. (T) Holby City. Joseph finds himself stuck in a lift

Holby City. Joseph finds himself stuck in a lift with Daisha as she goes into labour, and delivers a baby boy - but the happiness of the occasion is marred by Faye's response. Mean-while, Linden feels aggrieved at having a proposal turned down by the board, and Michael tries to avoid working alongside wife Annalese - until a crisis leaves him with no choice. (T) My Family at War. In an hour-long special concluding the series, Australian musician and artist Rolf Harris embarks on an emotional journey, retracing the footsteps of his father and uncle, who fought together with the Anzacs in northern France. TV presenter Kristy Wark explores her great uncle's story and discovers more about the gruesceme reality of war. Part of more about the gruesome reality of war. Part of the 1918-2008: Ninety Years of Remembrance eason. (T)

BBC News. (T) 10.00

Regional News: Weather, (T)

10.25 Regional News; Weather. (T)
10.35 Imagine. From Liliane Lijn's ethereal Stardust Project to Charles Ross' Solar Burn illustrations, which were drawn by the sun itself, this programme examines the work of artists whose primary medium is light. American installation craftsman James Turrell, al leading figure in the light-art scene, discusses why the style has such a powerful effect on the senses. (T)
11.25 TBA.
11.55 FILM: The Legend 2 (1993). Action comedy sequel, starring Jet Li. Dubbed in English. (T)

sequel, starring Jet Li. Dubbed in English. (T) 1.30 Celebrity Scissorhands; (T) Weatherview. (T) 2.30 Sign Zone: My Family at War. (R) (T) 3.15 Sign Zone: British Style Genius. (R) (T) 4.15 Sign Zone: Recipe for Success. (R) (T) 5.00 BBC News. (T)

Certo 2000 News 2100 30 Minutos 2130 Jogo Duplo 2225 Telerural 2300 Liga dos Últimos 2355Piloto de Elite, film 0145 O Monstro está Vivo, film 0345 Portugal no Coração 0605 Nós

0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Shape of Life 1700 Zig Zag 1830 A Fé dos Homens 1900 Zag 1830 A Fé dos Homens 1900 2010 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Who's Aping Who 2200 News 2240 Clinic, series 2330 Manoel de Oliveira, o Arquitecto 0030 Noites da Dois 0115 Universidades 0145 Yes, Dear, series 0215 Câmara Clara 0325 2010 0400 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens 0615 A Fé dos Homens SIC

0600 Sic Noticias 0800 Sic Kids 0600 Sic Noticias 0800 Sic Kids 0930 Dia Em Grande 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1500 Beleza Pura 1545 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Momento da Verdade 2230 Podia Acabar o Mundo 2330 A Favorita 0030 CSI New York series 0130 CSI Las New York, series 0130 CSI Las Vegas, series 0230 Todos em Linha

0700 Diario Da Manha 1015 Você 0700 Diario Da Manha 1015 Voce
na TVI 1300 News 1400 As Tardes
da Júlia 1700 Queba dier Ganha
1815 Moraphos contactura 2000
News 2045 Cartas na Mesa 2115
Feitico de Amor 2230 Olhos nos
Olhos 2345 A Outra 0030 Fight
Club, film 0315 Sempre a Somar

Pick of the Day

Special Forces Heroes (five, 8pm)

With increased security measures put in place following the horrific events of 9/11, it would seem that, thankfully, hijackings are at worst, a rare occurrence, but in the past, Britain's special forces were dispatched to the scene of a hijacking to resolve the stand-off wher negotiations broke down. Their impressive record of overpowering terrorists with surprisingly few fatalities earned them respect across the globe. The first instalment in this drama documentary series tells the story of the hijacking of Lufthansa Flight 181 in 1977, and the brave efforts of the SAS to storm the plane and take down the terrorists. Using dramatisations and interviews, the programme retells how four terrorists forcibly gained control of the aeroplane which was bound for Frankfurt. For the next four days, the watched in horror as officials desperately tried to negotiate with the militants. Meanwhile, an elite group of SAS troops were called to Germany to train in anticipation of a hostile end to the incident. This programme is a captivating watch, and rightly honours those who helped save the lives of nearly a hundred passengers and crew.

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 6.00 CBeebies: Inkkabilla. (R) (1) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Bernard. (R) (T) 7.30 5/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.20 Charlie and Lola. (R) (T) 9.30 Finley the Fire Engine. (R) (T) 9.45 The Koala Brothers; (R) (T) Fun with Phonics. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: KS1 Science Clips. (T) 11.10 BEC Primary Geography. (T) 11.30 Hands Up! (T) 11.45 Watch. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.30 Animal Park: Wild in Africa. (R) (R) (T) 1.54 Market Kitchen. (T) 3.00 Mur-Closk (1) 1.30 Allimat Park: Wild in Airica. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Delia. Tinned food. (R) (T) 7.30 All Over the Shop, Geoff Burch lends a hand to three es in Bristol. (T) 8.00 Natural World The life of an orphaned gorilla who went on to become the leader of his troop. (T) 8.50 New Forest Badgers. Insight into the ani mals' lives. (R) (T) 9.00 Horizon. New series mais lives. (H) (1) s.,00 Horizon. New Series. The first of two parts exploring psychiatric disorders. (T) 10.00 Later Live - with Jools Holland. With Stereophonics and Dengue Fever. Lastin the series. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Band of Brothers. (R) (T) 12.10 Russia: A Journey with Jonathan Dimbleby. (R) (T) 1.10 BBC News. 4.00 BBC Learning Zone. (T)

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (B) (T) 7.55 Just Shoot Me. (B) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show; (R) (T) National Gallery. (R) (T) 10.00 Take Away My Takeaway; (R) (T) Before and After. (R) (T) 10.30 Wasted. (T) 11.00 Parents & Teens: Welcome to My World; (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Wife Swap USA. (R) (T) 1.30 Eating for Britain (B) (T) 1 40 FII M: The Desert Bats (1953) Wartime adventure, starring Richard Burton. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Rory Peck Awards 2008. North Korean refugees completing their journey to the South. (T) 8.00 Miss Naked Beauty. A journalistic assignment sees the eight re-maining contestants witness a cosmetic surgery operation, before they pose for a plastic-themed photoshoot. (T) 9.00 Lady Randy: Churchill's Mother. The life of afflu ent American socialite Jeanette "Jennie" Jerome. (T) 10.00 Neil Morrissey's Risky Business. The men try to sell their beer to supermarkets. Last in the series. (T) 11.05 The Family. (R) (T) 12.10 Poker Nations Cup. 1.15 Adrenalin Rush. (R) (T) 1.45 KOTV Classics. (T) 2.40 European Basket ball Championship Qualifiers. 3.30 KOTV (T) 4.00 Channel 4 Education, (T)

6.00 Milkshake!: 6.00 Angels of Jarm: (R) (T) 6.00 Milkshakel: 6.00 Angels of Jarm; (R) (T) Little Lodgers. (R) (T) 6.10 Chiro. (T) 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (T) 6.50 Playl (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.35 Sailor Sid. (R) (T) 7.40 Make Wayf or Noddy. (R) (T) 7.55 Fiff and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Milkshakel Music Box. (R) (T) 8.10 Reputer Bear. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Milkshakel Music Box. (R) (T) 8.40 Rupert Bear. (R) 18.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Shark Island. (R) (T) 12.15 Zoo Days. (R) (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.10 Filus Revenge of the Middle-Aged Woman (2004). Light-hearted drama, starring Christine Lahti. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Zoo Days. (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. Two climbers are stranded on Ben Nevis; (T) 7.30 Five News Update. (T) 8.00 Special Forces Herces. New series. British special forces: constant struggle against terrorism; (T) 8.00 Five News at 9. 9.00 CSI: Miami. Part one of two. Calleigh is targeted in a hate campaign. (T) 10.00 CSI: NY. Mac becomes involved in a hostage crisis. Last in the series; (R) (T) Five News Update. (T) 11.00 Law & Order: Five News Update. (T) 11.00 Law & Order Special Victims Unit. (R) (T) 12.00 FBI Files. (R) (T) 1.00 Live NBA Basketball. Dallas Mavericks v Los Angeles Lakers (Tip-off 1.30am). 3.40 US PGA Golf. 4.20 NASCAR. 5.10 Neighbours. (R) (T) 5.35 Home way. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 House Guest. (T) 2.30 Dickinson's Real Deal. (R) (T) 3.15 Spin Star. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T)

Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls. (T) London Tonight; Weather. (T)

ITV Evening News; Weather. (T)

7.00 Emmerdale, Jasmine starts working under cover at the club and Eli agrees to accompany a worried Debbie to find her friend. The Dingle is surprised to happen upon his old flame Danielle at the nightspot, who tells him the MacFarlane family have connections within the police force. Nicola keeps up her scheme to sabotage the church choir's effort to keep the

village's parish open. (T) Who Wants to Be a Millionaire? Chris Tarrant who wants to be a willindiant? Chris I arthur invites another line-up of contestants to answer questions that could change their lives - with lifelines Ask the Audience, Phone a Friend and 50-50 available to them if they get stuck. (T) The Commander - Abduction. The focus turns

to the mothers from Zoe's maternity class in the wake of the hospital incident, and Clare feels the pressure of dealing with the two deeply personal cases. After being attacked in prison, Brian starts to remember what could be a crucial development, but it will be no easy task trying to convince a deflated and distracted Doug that he is telling the truth. Amanda Burton stars. Concludes tomorrow. (T) 10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 The Words of War. Documentary commemo-rating 90 years since the end of World War One, featuring letters, diaries and poems about life in the trenches, read by Michael Portillo, Rageh Omaar, Ian Hislop and Andrew Motion, Archive images of the war and present-day footage of images of the war and present-day lootage or the landscape of France and Belgium are inter-woven as the story unfolds of the optimism felt in 1914, through the horrors of the Somme to Europe's armistice in 1918. (T)

Sally Morgan: Star Psychic. Sally provides a reading for comedian Helen Lederer and picks up on the comic's family upheaval during World War Two. She then heads down to the Choice

FM studios for a phone-in. (T) 12.40 Nightwatch with Steve Scott: Crime. (R) (T) 1.30 Quincy ME; (R) (T) ITV News Headlines. 2.25 Loose Women. (R) 3.15 The Jeremy Kyle Show. (R) (T) 4.10

SPORT

LOCAL

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Intrigas 1500 Paixões Proibidas 1545 Portugal no Coração 1800 Portugal em Directo 1909 O Preco Certo 2000 News 2100 30 Minutos

0430 Ciranda de Pedra

Best of the Rest

BBC3

7.00 The Most Annoying Pop Moments - We Hate to Love 8.00 Celebrity Scissorhands 9.00 Last Man Standing 10.00 EastEnders 10.30 Grownups 11.00 Family Guy 11.25 Family Guy 11.45 Celebrity Scissorhands 12.40 Last Man Standing 1.40 Grownups 2.10 Gaffes Galore 2.30 Celebrity Scissorhands Uncut 5.20 Close

7.00 World News Today 7.00 Weather 7.30 My Family at War 8.10 1914-1918: The Great War 9.00 The Book Quiz 9.30 Flight of the Conchords 10.00 Timewatch: The Last Day of World War One 11.00 What Did You Do in the Great War, Daddy? 12.00 Walter's War 1.00 Storyville: Prodigal Sons 2.30 Only Connect 3.00 Flight of the Conchords 3.25 What Did You Do in the Great War, Daddy? 4.30 Close ITV2

1 00 Emmerdale 1 30 The Jeren Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy Williams Show 6.00 Judge Judy 7.00 Smallville 8.00 Holiday Homes from Hell 9.00 Film: Shaun of the Dead 15 (2004) 11.00 Film: The Silence of the Lambs 18 (1990) 1.20 Entourage 1.55 Teleshopping 4.55 ITV2 Nightscreen

Sky1
1.00 Project Runway 2.00 Law &
Order 3.00 Cold Case 4.00 Stargate
Atlantis 5.00 Lion Man 5.30 Lion Man 6.00 Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Stargate Atlantis 9.00 Ultimate Road Wars 10.00 Prison Break 11.00 Drugs

Wars: DEA 12.00 Road Wars 1.00

Road Wars 1.50 Stargate SG-1 2.40 Stargate SG-1 3.30 Greece Uncovered 4.20 Scare Tactics 4.45 America's Dumbest Criminals 5.10 Guilty

G.O.L.D

1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 To the Manor Born 4.20 As Time Goes By 5.00 Keeping Up pearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 The Green Green Grass 10.20 Only Fools and Horses 11.00 A Bit of Fry and Laurie 11.40 The Green Green Grass 12.20 Only Fools and Horses 1.00 A Bit of Fry and Laurie 1.40 My Hero 2.25 2point4 Children 3.00 Close TCM

1.00 The Great Caruso U (1951) 3.00 Ice Station Zebra U (1968) 5.35 It Started with a Kiss PG (1959) 7.25 The Strip PG (1951) 9.00 Ben-Hur PG (1959) 12.35 Cass Timberlane PG (1947) 2.55 International Velvet PG (1978) 5.00 Bridge to the Sun U (1961)

The Disney Channel

Kids' programmes from 7am

Visit the paper online www.the-news.net

6.00 Loss of Faith PG (1997) 7.45 Rumble Fish 18 (1983) 9.30 Alex Humble Fish 18 (1983) 9.30 Alex Zane's Guest List 10.00 The Starter Wife 11.45 Rest in Peace, Mrs Columbo PG (1990) With Peter Falk. 1.30 35MM 2.00 The Skulls 15 (2000) With Joshua Jackson. 4.00 The Thing About Jackson. 4.00 The Thing About My Folks 12 (2005) With Paul Reiser. 6.00 The Neighbor 12 (2008) With Matthew Modine. 8.00 Bobby 15 (2006) With Laurence Fishburne. 10.00 The Sentinel 12 (2006) With Michael Douglas. 12.00 Mississippi Burning 18 (1988) With Gene Hackman. 2.10 (1988) With Gene Hackman. 2.10 The Doors 18 (1991) With Va er. 4.35 Carolina PG (2003)

Sky Movies Drama

Sky Movies Comedy

6.30 Barefoot in the Park PG (1967) 8.30 The Dream Team 15 (1989) 10.30 Because I Said So 12 (2007) 12.20 Sleepless in Seattle PG (1993) With Tom Hanks. 2.10 Alex Zane's Guest

List 2.40

Accepted 12 (2006) With Justin Long. 4.20 So I Married an A x e Murderer 15 (1993) With Mike Myers. 6.00 The 6.00 The Dream Team 15 (1989) With Michael Keaton. 8.00 Sleepless in Seattle PG (1993) With Tom Hanks. 10.00 Accepted 12 (2006) With Justin Long. 11.40 So I Married an Axe Murderer 15 (1993) With Mike Myers. 1.20 Because I Said So 12 (2007) With Diane Keaton, 3.05 Barefoot in the Park PG (1967) 4.55 Expiration Date 12 (2006)

Sky Movies Action/Thiller

6.00 Wing Commander PG (1999) 7.55 The Grissom Gang 18 (1971) 10.15 Ocean's Thirteen PG (2007) 12.30 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 3.10 The Grissom Gang 18 (1971) With Scott Wilson 5.30 Quantum of Solace Special 6.00 Diplomatic Siege 15 (1999) With Tom Berenger, 7.50 Ocean's Thirteen PG (2007) With George Clooney. 10.00 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 12.35 The General's Daughter 18 (1999) With John Travolta. 2.35 McVicar 18 (1980) With Roger Daltrey, 4.35 Wing Commander PG (1999)

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6.00 Good Morning Sports Fans 9.00 Soccer AM: The Best Bits 10.00 Live Masters Cup Tennis 2.00 Big League Weekend 2 3.30 Irish Football 5.00 NFL: Total Access 6.00 Football Asia 6.30 Revista De 6.00 Football Asia 6.30 Hevista De La Liga 7.30 Soccer Special 10.00 Revista De La Liga 11.00 A-League 11.30 Football Asia 12.00 Carling Cup Football 1.30 Powerboating 2.00 A-League 2.30 Football Asia 3.00 World Motor Sport 5.30 A-League

6.00 Aerobics Oz Style 6.30 Snow 6.00 Aerobics Oz Style 6.30 Snow Adventures 7.00 WWE: Afterburn 8.00 Snow Adventures 8.30 Wild Spirits 9.00 Show Jumping 1.00 Insh Football 1.00 Soccer AM: The Best Bits 2.00 Kiteboarding 2.30 World Motor Sport 5.00 Show Jumping 6.00 Snow Adventures 6.30 Motor Sport 5.00 Show Jumping Racing 7.00 Powerboating 7.30 Live Carling Cup Football. Arsenal v Wigan Athletic (Kick-off 7.45pm). 10.00 Poker Million 12.00 NFL: Total Access 1.00 Masters Cup Tennis 3.00 European Seniors Tour Golf 4.00 Close

8.30 Kiteboarding 9.00 Bowls 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Show Jumping 1.00 NFL: Total Access 2.00 Snow Adventures 2.30 Wild Spirits 3.00 NFL 5.00 WWE: Smackdown 7.00 Masters Cup Tennis 9.00 NFL 11.00 Pool 12.00 Bowls 2.00 Ladies European Tour Golf 3.00 Close

British Eurosport

7.30 Eurogoals 8.15 WTA Tennis

9.15 Eurogoals 10.00 Beach Volleyball10.45euroCRASH!11.00 Snooker 12.00 Live Snooker. The Bahrain Championship. 3.00 Strongest Man 3.45 Eurogoals 4.30 WATTS 5.00 Eurogoals 5.15 Live Snooker. The Bahrain

Snooker. The Bahrain Championship. 8.00 Live Boxing. Luciano Abis v Yacine Chouaou. 10.00 Powerboating 10.30 Snooker 12.00 WATTS 12.30 Close

Sky Sports Xtra

11.00 Snow Adventures 11.30 World Motor Sport 2.00 Bowls 4.00 Snow Adventures 4.30 Aerobics Oz Style 5.00 Pool 6.00 Ladies European Tour Golf 7.00 European Seniors Tour Golf 8.00 Bowls 10.00 Sports uur Golf 8.00 Bowls 10.00 Sports Unlimited 11.00 Snow Adventures 11.30 Motor Racing 12.00 European Seriors Tour Golf 1.00 Snow Adventures 1.30 Motor Racing 2.00 Close

(R) - repeat gramme:

(T) - programme with teletext subti-

(S) - programme broadcast

(bw) - black and white.









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WED

BBC 1

6.00 Breakfast. (T) 9.15 Animal 24:7. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Notto Buy. (T) 11.45 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 10.0 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Jakers! (R) (T) 3.25 CBBC: Uncle Max. (R) (T) 3.35 Watch My Chops. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Get 100; (T) The Owl. (R) (T) 4.35 Blue Peter. (T) 5.00 Newsound. (T) Blue Peter. (T) 5.00 Newsround. (T)

- 5.15 Weakest Link. Anne Robinson piles on the pressure inanotherround of the general knowledge contest. (T) BBC News; Weather. (T)
- 6.00

- BBC News; Weather. (T)
 Regional News Programmes; Weather. (T)
 The ONE Show. (T)
 Inside Out. Documentary series focusing on stories of interest to the region. Last in the series; (T) BBC News; Regional News. (T)
 Little Dorrit. Amy accompanies Fanny when she visits Edmund Sparkler's mother and is told a dancing girl is not good enough for such an eligible bachelor as her son. Worried that she is a rival for bachelor as her son. Worried that she is a rival for Arthur's affections, Flora offers Amy a job to keep an eye on her. Drama, starring Claire Foy. (T)
- an eye of their. Draina, starting claire roy. (1)
 Charles at 60: The Passionate Prince. Documentary marking the Prince of Wales' 60th birthday, featuring unprecedented access to him at work and on duty over the course of a year, both athome and abroad. The programme provides an insight into the ever-increasion year, both athome and abroad. The programme provides an insight into the ever-increasing demands made on Charles as heir to the throne, and reveals what motivates him to undertake a wide variety of causes and charlites, some of which are considered unfashionable and controversial. (T)

 10.00 BBC News. (T)

 10.25 Regional News; Weather. (T)

 10.35 The Astimal Lottery Draws Leman performs in
- 10.35
- The National Lottery Draws. Lemar performs in the studio, and Jenni Falconer sets the balls rolling to decide the all-important Thunderball. n Number and Lotto numbers. (T)
- Medium, Allison teams up with Scanlon and sets
- Medium. Allison teams up with Scanlon and sets out to track down a dangerous woman believed to be behind the murders of two men. Guest starring Rosanna Arquette. (T) Celebrity Scissorhands. The Apprentice contestant Lucinda Ledgerwood and former EastEnders actress Shana Swash are among the famous faces brushing up on their beauty skills under the tutelage of hairdresser Les Stafford and his team of experts, all in aid of Children in Need. The celebrities are trained in a purpose-built state-of-the-art studio before a purpose-built state-of-the-art studio before being let loose on the public. Presented by George Lamb; (T) National Lottery Update. (T)

12.30 FILM: Deadly Currents (1993). Thriller, starring George C Scott; (T) Weatherview. (T) 2.00 Sign Zon See Hear. (R) (T) 2.30 Sign Zone: My Family at War. (f (T) 3.10 Sign Zone: Recipe for Success. (R) (T) 3.55 Sig Zone: Recipe for Success. (R) (T) 4.40 BBC News. (

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12 NOV

Pick of the Day

The Bill (ITV1 Granada, 8pm)

It's nothing unusual for American crime dramas like Without a Trace, Cold Case and the various CSI incarnations to have crossover episodes with other shows. But it's not various Cost inicializations in lawer clossover episcuses with other across a lower particularly used to from homegrown programmes. However, this latest episode of The Bill, the first in a two-part story to celebrate 25 years since the long-running series first arrived on our screens, finally takes the character-borrowing plunge. It was filmed in both London and Germany in collaboration with the cast and crew of German show SOKO: Leipzig. However, the chances are most of us haven't even heard of the programme before, so one can only expect that The Bill is a particular hit with our European friends The episode sees Terry, working undercover as a taxi driver, horrified when a passenge pulls a gun on a passerby, and he soon ends up embroiled in an international kidnap plot Realising the case is too big for them to tackle alone, the Sun Hill team are forced to work closely with their continental colleagues — but relations between the two squads are initially



6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show; (R) (T) Before and After. (R) (T) 10.00 Take Away My Takeaway; (R) (T) Before and After. (R) (T) 10.30 Wasted. (T) 11.00 Parents & Teens Welcome to My World; (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: The News at Noon: (1) 12.30 s will tale worder: The Unquiet American. (R) (T) 12.35 Wife Swap USA. (R) (T) 1.35 FILM: The Riddle of the Sands (1978). Spy thriller, with Simon MacCorkindale. (T) 3.25 Countdown, (T) 4.15 Deal or No Deal, (T) 5.00 The (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Rory Peck Awards 2008. A Somalian film-maker whose film tells the story of his compatriots. (T) 8.00 The Home Show. Architect George Clarke comes to the aid of a family in Brixton, reconfiguring rooms and maximising wasted space to transform their battered house into a dream home. (T) 9.00 Saving Africa's Witch Children, An Englishman who has devoted his life Criticie I. Art Enjashman Wio has devoted his life to helping tormented youngsters in Nigeria. (T) 10.00 Desperate Housewives. Bree's success is envied by the women of Wisteria Lane. (T) 11.05 The Inbetweeners. (T) 11.35 Balls of St (T) 12.25 4Music: 4Music Intros. 12.35 4Music: 4Music Intros. 12.35 4Music: 4Music Intros. 12.45 4Music: Transmission: Collaborations. 1.00 4Music: WhatAboutMe? (R) (T) 1.35 FILM: That Thing You Dol (1996). Comedy drama, with Tom Hanks, (T) 3,25 Unreported World. (R) (T) 3.50 3Minute Wonder: The Unquiet American. (R) (T) 3.55 Don't Blame the Builder. (R) (T) 4.55 Countdown. (R) (T) 5.40 Making It. (R) 5.45 The Hoobs. (R) (T)

6.00 Milkshakel: 6.00 Angels of Jarm; (R) (T) Little Lodgers. (R) (T) 6.10 Chiro. (T) 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Little Princess. (R) (T) 6.50 Play! (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky.
(R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Way for Noody. (H) (1) 7.55 Fin and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Milkshakel Music Box. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Shark Island, (R) (T) 12.15 Zoo Days. (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.10 Five News Update. (T) 3.15 FILM: WW3 (2001). Drama, starring Timothy Hutton. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Zoo Days. (T) 7.00 Five News at (T) C. (T) 7.30 Climbing the Giants. Guy Grieve embarks on a unique adventure in south-eastern Australia; (T) 7.30 Five News Update. (T) 8.00 Axe Men. The storm continues to rage through Oregon; (T) 8.00 Five News at 9. 9.00 Dangerous Adventures for Boys. New series. Famous fathers and their sons embark on adventures. (T) 10.00 CCTV Cities. New series The police's efforts to combat urban crime (T) 11.05 Police Interceptors. (R) (T) 12.05 Poker. 1.35 NHL. 4.10 NHRA Drag Racing. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women, (T) 1,30 ITV Lunchtime News, (T) 1,55 London News and Weather. (T) 2.00 House Guest. (T) 2.30 Dickinson's Real Deal. (R) (T) 3.15 Spin Star. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T)

- Golden Balls. Game show, hosted by Jaspe
- Carrott. (T) London Tonight; Weather. (T) 6.00
- 6.30
- TrV Evening News; Weather. (T)
 Emmerdale. Pollard uncovers evidence that
 Nicola and David are plotting to ensure the
 church choir's efforts end in disaster, while Debbie tries to convince Jasmine that Shane is bad news. (T)
- Coronation Street. Fiz gets a call from her mum in South Africa and announces she has to take time off work immediately because of a family crisis. Gail worries how David will react to her 7.30 relationship with Joe, while Peter discovers Lucy has left him everything on the condition
- that he bring up Simon. (T)

 The Bill. First of a two-part story to celebrate
 25 years of The Bill, filmed in London and Germany in collaboration with the cast and crew of German series SOKO: Leipzig. Work ing undercover as a cab driver, Terry is caught up in an international kidnap plot which forces the Sun Hill watch to work closely with their continental colleagues to rescue the goddaugh-
- continentationizeques to rescribe in globalogistic for of a senior officer. Concludes tomorrow. (T) The Commander Abduction. Conclusion. Following a visit to the murder site, Brian is convinced somebody else was in the room with him when he found his mother's body, and rookie DC Randall's intuitive work pays off when she identifies the abductor. As Clare digs deeper she uncovers a more shocking truth than anyone imagined, but her judgement forces her into a desperate act - from which there may be no coming back. (T) 10.00 News at Ten and Weather. (T)
- 10.30 London News and Weather, (T)
- 10.40 Numb3rs. After an elaborate bank robbery
 Don investigates the death of a former girlfriend
 who was the ATF agent involved in the case However, the officer is soon questioning the impact his career has had on his personal life and decides to turn his attention toward a new
- woman. Drama, starring Rob Morrow. (T)

 11.40 Carling Cup Highlights. Matt Smith introduces
 action from this week's fourth-round ties, including the clash between holders Tottenham Hotspur and seven-time winners Liverpool at

Thoughd and sever-ine willines believe to the August 12.40 Bringo Night Live. 1.40 Raines; (R) (T) ITV News Headlines. 2.30 Loose Women. (R) 3.20 The Jeremy Kyle Show. (R) (T) 4.15 ITV Nightscreen.

SPORT

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RTP2

0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Who's Aping Who? 1700 Zig Zag 1830 A Fédos Homens 1700 Zig Zag 1830 A Fé dos Homens 1900 Biosfera 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic 2200 News 2240 Without a Trace, series 2330 Por Outro Lado 0030 Noites 4000 Dois 0115 Universidades 0145 Yes, Dear, series 0215 Bastidores 0245 Biosfera 0330 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens 0615 A Fé dos Homens

0600 Sic Noticias 0800 Sic Kids 0930 Dia Em Grande 1000 Fátima 0930 Dia Em Grande 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1500 Beleza Pura 1545 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Humor na Sic 2215 Podia Acabar o Mundo 2315 A Favorita 0030 CSI New York, series 0130 CSI Las Vegas, series 0230 Todos em Linha 0430 Ciranda de Bedra Ciranda de Pedra

TVI

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0700 Diario Da Manhā 1015 Você
na TV 1300 News 3008 Ās Tardes
da Júlia 1700 diem Sale Tardes
da Júlia 1700 diem Sale Tardes
1815 Morangos Dim Acucar 2000
News 2130 Feitigo de Amor 2230
Olhos nos Olhos 2345 A Outra
0030 Sinal de Perigo, film 0215

Best of the Rest

7.00 The Most Annoying Pop Moments - We Hate to Love 9.00 7.00 The Most Annoying Pop Moments - We Hate to Love 8.00 Celebrity Scissorhands 9.00 The Last Millionaire 10.00 Heroes 10.45 Family Guy 11.10 Family Guy 11.30 Last Man Standing 12.30 The Last Millionaire 1.25 Celebrity Scissorhands 2.25 Celebrity Scissorhands 10.014 A S Clese sorhands Uncut 4.25 Close BBC4

BBC3

7.00 World News Today 7.00 7.00 World News Today 7.00 Weather 7.30 Pallway Walks 8.00 Snowdrift at Bleath Gill 8.10 An Awfully Big Adventure 9.00 Picture Book 10.00 A Year in Tibet 11.00 Natural World 11.50 Picture Book 12.50 Railway Walks 1.20 A Year in Tibet 2.20 Picture Book 3.20 Railway Walks 1.20 Picture Book 3.20 Railway Walks 1.20 Picture Book 3.20 Railway Walks 3.50 Close

1.00 Airline USA 1.30 The Jerem 1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy 7.00 Hell's Kitchen USA 8.00 Hell's Kitchen USA 9.00 Jack Osbourne: Celebrith Adrenaline, Iurkie 10.00 Celebrity Adrenaline Junkie 10.00 Celebrity Juice 10.30 Film: The Silence of the Lambs 18 (1990) 12.50 Coronation Street 1.20 Teleshopping 4.20 ITV2

ITV2

Nightscreen Sky1 1.00 Project Runway 2.00 Law & Order 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Lion Man 5.30 Lion Man 6.00 Malcolm in the Middle 6.30

The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: Godzilla PG (1998) 11.40 Ross Kemp on Gangs 12.40 Toughest Pubs in Britain 1.30 Street Wars 2.25 Stargate SG-1 3.20 Stargate SG-1 4.15 Greece Uncovered 5.10

Guilty! G.O.L.D

BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Bernard. (R) 7.30 50/

50. (R) (T) 8.00 Basil's Game Show. (R) (T)

8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.20 Charlie and Lola. (R) (T) 9.30 Finley the Fire En-

gine, (R) (T) 9.45 The Koala Brothers; (R)

(1) Furniviri Priorities. (A) (1) 10.00 Big Barri Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Wildlife on Two. (R) (T) 11.30 The Daily Politics. (T) 1.00 See Hear. (T) 1.30 Work-

ing Lunch. (T) 2.00 Coast. (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country.

(T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Top Gear. The team drives muscle cars from San Francisco to Utah. (R) (T) 8.00 Oceans.

New series exploring the planet's seas, beginning with the Sea of Cortez. (T) 9.00

Heroes. Test subjects Nathan and Tracy become trapped by a monstrous Suresh, Hiro questions Usutu's advice on how to

battle his opponents and Elle returns with a

shock for Claire. (T) 9.45 Heroes Un-

masked. How Pinehearst - Arthur Petrelli's inner sanctum - was designed. (T) 10.00 Mockthe Week Again. With Lauren Laverne,

David Mitchell and Ed Byrne, (R) (T) 10.30

Newsnight; (T) Weather. (T) 11.20 Dragons' Den: Outside the Den. (R) (T) 12.20 Long Way Down. (R) (T) 1.20 BBC News. (T) 4.00 BBC Learning Zone. (T)

(T) Fun with Phonics, (R) (T) 10,00 Big Ba

1.40 Only Fools and Horses 2.20 1.40 Unly Fools and Horses 2.20
The Good Life 3.00 My Family 3.40
To the Manor Born 4.20 As Time
Goes By 5.00 Keeping Up
Appearances 5.40 Waiting for God
6.20 Last of the Summer Wine 7.00
Last of the Summer Wine 7.40 The
Good Life 8.20 My Family 9.00 Only
Fools and Horses 9.40 The Vicar of Fools and Horses 9.40 The Vicar of Dibley 10.20 French and Saunders 11.00 A Bit of Fry and Laurie 11.40 The Vicar of Dibley 12.20 French and Saunders 1.00 A Bit of Fry and Laurie 1 40 The Dick Emery Show 1.55 My Hero 2.25 2point4 Children 3.00 Close TCM

1.00 The Wings of Eagles U (1957) 3.00 Hotel Paradiso PG (1966) 4.50 The Biggest Bundle of Them All PG (1968) 6.45 Never So Few PG (1959) 9.00 The Killer Elite 18 (1975) (1959) 9.00 The Killer Little 18 (1975) 11.15 The Gypsy Moths 15 (1969) 1.00 Shaft in Africa 18 (1973) 3.05 Shine on Harvest Moon U (1944) 5.00 The Champ U (1931) The Disney Channel Kids' programmes from 7am, excent:

except

- (R) repeat programme
- (T) programme with teletext subtitles;
- (S) programme broadcast in stereo;
- (bw) black and white.

MOVIES

6.20 The Simple Life of Noah Dearborn PG (1999) 7.55 A Thousand Acres 15 (1997) 9.45 The Starter Wife Columbo: Murder in Malibu PG (1990) With Peter Falk. 1.00 Snow Falling on Cedars 15 (1999) With Ethan Hawke, 3,15 The Insider 15 (1999) With Al Pacino. 6.00 October Sky PG (1999) With Jake Gyllenhaal. 8.00 Flyboys 12 (2006) With James Franco. 10.30 North Dallas Forty 18 (1979) With Nick Nolte. 12.30 Bugsy 18 (1991) With Warren Beatty 3.00 Edison 15 (2005) With Morgan Freeman. 4.48 Be Heaven PG (1999) 4.45 Can't

Sky Movies Comedy

6.35 Swing 15 (1999) 8.15 The Naked Man 15 (1998) 9.55 Howard the Duck PG (1986) 11.50 35MM 12.20 Little Man (2006) With Marlon Wayans. 2.00 Stranger than Fiction 12 (2006) With Will Ferrell. 3.55 Swing 15 (1999) With Hugo Speer. 5.35 Alex Zane's Guest List 6.05 Howard

the Duck PG (1986) With Tim Robbins. 8.00 Stranger than Fiction 12 (2006) With Will Ferrell. 10.00 Little Man 12 (2006) With Marlon Wayans. 11.45 Bull Durham 18 (1988) With Kevin Costner. Raising Arizona 12 (1987) With Nicolas Cage. 3.20 The Naked Man 15 (1998) 5.00 Christmas Do-Over PG (2006)

Sky Movies Action/Thille

6.20 Reign of the Gargoyles 12 (2007) 8.05 Consenting Adults 15 (1992) 10.00 Firewalker 15 (1986) 12.00 Perfect Stranger 15 (2007)
With Halle Berry. 2.00 Flags of
Our Fathers 15 (2006) With
Ryan Phillippe. 4.25
Consenting Adults 15 (1992) With Kevin Kline. 6.15 Firewalker 15 (1986) With Chuck Norris. 8.05 Perfect Stranger 15 (2007) With Halle Berry. 10.00 American Gangster 18 (2007) With Denzel Washington. 12.40 Platoon 15 (1986) With Charlie 2.50 Paranoid (1999) With Jessica Alba. 4.40 Volcano: Fire on the Mountain

6.00 Good Morning Sports Fans 9.00 European Seniors Tour Gol 10.00 Live Masters Cup Tennis Day four in Shanghai, China, 2.00 Carling Cup Football 3.30 A-League 4.00 Revista De La Liga League 4.00 Revisia De La Liga 5.00 Carling Cup Football 6.30 Total Rugby 7.00 FIFA Futbol Mundial 7.30 Soccer Special 10.00 You're on Sky Sports! 11 30 FIFA Futbol Mundial 12 00 Th.30 FIFA Futbol Mundial 12.00 Carling Cup Football 1.30 Poker Million 3.30 Total Rugby 4.00 FIFA Futbol Mundial 4.30 Sports Unlimited 5.30 FIFA Futbol Mundial

6.00 Aerobics Oz Style 6.30 Snow Adventures 7.00 WWE Vintage Collection 8.00 Sports Unlimited 9.00 Carling Cup Football 10.30 Poker Million 12.30 Live International Cricket. South Africa v Bangladesh. 7.00 South Africa v Bangladesh. 7.00 Live Carling Cup Football. Tottenham Hotspur v Liverpool (Kick-off 7.45pm). 10.00 Watersports World 11.00 NFL: Total Access 12.00 Masters Cup

Sky Sports 3

7.00 A-League 7.30 Football Asia 8.00 Revista De La Liga 9.00 Snow Adventures 9.30 Powerboating 10.00 Pool 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Sports Unlimited 1.00 NFL: Total Access 2.00 Snow Adventures 2.30 Motor Racing 3.00 Ladies European Tour Golf 4.00 Pool 5.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 Powerboating 7.30 Live Greyhound Racing. The All England Cup. 10.00 Transworld Sport 11.00 European Tour Weekly 11.30 Total Rugby 12.00 Watersports World 1.00 Transworld Sport 2.00 Close

British Eurosport

7.30 WATTS 8.00 Live Tennis The Asian Hopman Cup. 10.00 Figure Skating 11.00 Snooker 12.00 Live Snooker. The Bahrain Championship. 3.00 Eurogoals 3.45 Figure Skating 5.00 Eurogoals 5.15 Live Snooker. The Bahrain Snooker. The Championship. Championship. 8.00 Wednesday Selection 8.10 Show Jumping 9.10 Riders Club 9.15 US Tour Golf 10.10 Golf Club 10.15 Sailing 10.20 Yacht Club 10.30 British Superbikes 11.3 Tennis 12.30 Close 11.30 Table

Sky Sports Xtra

11.00 Ladies European Tour 12.00 Powerboating 12.30 A-League 1.00 Pool 2.00 European Seniors Tour Golf 3.00 Poker Million 5.00 NFL: Total Access 6.00 Snow Adventures 6.30 European Tour Weekly 7.00 Live International Cricket. South Africa v Bangladesh. 9.00 Masters Cup Tennis 11.00 Snow Adventures 11.30 Powerboating 12.00 Max Power 1.00 Snow Adventures .30 Powerboating 2.00

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Av. Salgueiro Maia, 840 - Abóboda - APARTADO 91 - 2776-902 CARCAVELOS - LISBOA - PORTUGAL

3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Jakers! (R) (T) 3.25 CBBC: Uncle Max. (R) CBeebles: Jakers (H) (1) 3.20 CBbC. Uriole Max. (H) (T) 3.35 Watch My Chops. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Raven. (T) 4.35 Election. (T) 5.00 Newsround. (T)

- 5.15 Weakest Link. Members of the public ar general knowledge questions against the clock hoping to build a stack of cash and avoid bein voted off. Anne Robinson presents. (R) (T)
- BBC News; Weather. (T) Regional News Programmes: Weather, (T)
- The ONE Show, (T)
 - Ine ONE Show. (1)
 EastEnders. As the Square raises money for Children in Need, Shirley wows the locals in the Vic's cake competition. Zainab urges Masood to reconsider their business venture and not put Tamwar's university career at risk. Jane teases Christian about the identity of her surprise visitor and Archie tries to convince Roxy to move on after Sean's disappearance: (T) BBC
- News; Regional News. (T) Els was the sears of usappearance; (1) BBC News; Regional News. (T) Little Dorrit. Arthur proposes to Pet, but she tells him she has decided to marry Gowan. Pancks hires John to help his investigations, but his activities do not go unnoticed by Amy. Having finally grown tired of being ordered about, Tattycoram storms out of the Meagles' house, proposed the storaged (T). apparently for good. (T)
 The People's Hospital. Meeting sufferers of
- sickle cell anaemia, one of the most commonly inherited diseases in Britain, and a condition that inherited diseases in Britain, and a condition that can leave patients requiring frequent spells in hospital. For the critically ill, nursing care is a lifeline, and the wards at Whipps Cross Hospital in London can become a second home. (T)

 Apparitions. New supernatural drama series, starring Martin Shaw as Catholic priest.
- Father Jacob, who finds himself drawn into a battle for the future of the human race. Asked by his mentor Monsignor Vincenzo to beconchief exorcist of Rome, he initially declines - u chief exorcist of home, he initially declines - until he is forced to reconsider by the desperate pleas of a 10-year-old who believes her father is possessed. With Elyes Gabel, Luigi Diberti and John Shrapnel. (T)

- and John Shrapnel. (T)
 10.00 BBC News. (T)
 10.25 Regional News; Weather. (T)
 10.35 Question Time. (T)
 11.35 This Week; (T) Holiday Weather. (T)
 12.25 Sign Zone: Panorama. (R) (T) 12.55 Celebrity
 Scissorhands. (T) 1.55 Sign Zone: My Family at War.
 (R) (T) 2.55 Sign Zone: Watchdog. (R) (T) 3.25 Sign
 Zone: An Island Parish. (R) (T) 3.55 Sign Zone: Recipe
 for Success. (R) (T) 4.40 BBC News. (T)

BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) (S) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Bernard. (R) (T) 7.30 50/50. (R) (T) 8.00 Basil's Gan 50/50. (H) (1) 8.00 Basil s Game Snow. (H) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.20 Charlie and Lola. (R) (T) 9.30 Finley the Fire Engine. (R) (T) 9.45 The Koala Brothers; (R) (T) Fun (H) (1) 9.45 The Vocal Brounders, (H) (T) Full with Phonics. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Maths Channel. (T) 11.10 BBC Primary Maths Channel. (1) 11.10 Bornhaigs Primary History. (T) 11.30 Something Special. (T) 11.45 What? Where? When? Why? (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen, (T) 3,00 Murder, She Wrote (R) (T) 3.45 Flog Itl (R) (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 James May's 20th Century. The limits of the human body. (R) (T) 7.30 Credit Crash Britain -Property: The End of the Affair? The effect of the credit crunch on the property market (T) 8.00 Beat the Bank. A couple chooses between three investment opportunities. (T 9.00 Never Mind the Buzzcocks. Music quiz. (T) 9.30 The Graham Norton Show Celebrity chat. (T) 10.00 Lead Balloon. New series of the comedy, starring Jack Dee. (T) 10.30 Newsnight; Weather. (T) 11.20 India with Sanjeev Bhaskar. (R) (T) 12.20 Kath & Kim. (R) (T) 12.45 Kath & Kim. (R) (T) 1.10 BBC News. (T) 4.00 BBC Learning

Pick of the Day

Apparitions (BBC1, 9pm)

en the Sunday papers devote a front page to the controversy surrounding a new documentary, it's usually a sure sign that it's worth watching. Add Martin Shaw to the heady brew of sex, violence and blasphemy that's swirling around this new drama, and you've got the recipe for one of the most eagerly awaited shows of the season. Shaw stars as Father Jacob, a priest working to promote candidates for sainthood. Father Jacob becomes drawn in to exorcism as he discovers a dark battle between good and evil — a battle that threatens the future of the human race. In his search for miracles, Father Jacob occasionally sees the hand of Satan and performs an exorcism. Although a reluctant exorcist, he has an undeniable talent for it and his mentor, Monsignor Vincenzo, wants him to take over when he retires as Chief Exorcist of Rome, Vincenzo reveals that Jacob's name has come up in exorcisms the demons fear him. Jacob refuses Vincenzo, but when 10-year-old Donna turns up in his office begging for help, he cannot abandon her. Donna is convinced her dad, Liam, is possessed. Get ready for some sleepless nights.

C4

6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show; (R) (T) Before and After. (R) (T) 10.00 Take Away My Before and Affer. (R) (T) 10.001 daske Away My Takaeaway; (R) (T) Before and Affer. (R) (T) 10.30 Wasted. (T) 11.00 Parents & Teens: Welcome to My World; (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Will & Grace. (R) (T) 1.00 Rescue Remedies. (R) (T) 1.10 FILM: The Vikings (1958). Adventure (1)1.10 FLLM: The Vikings (1954), Adventure, starring Kirk Douglas. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 The Rory Peck Awards 2008. Rodrigo Vazquez's experience of filming in Gaza. Last in the series. (T) 8.00 Celebrity Come Dine with inthesenes. (1) 8.00 Celebrity Come Dine with Me. New series. Dinner party challenge featuring Nicky Clarke and Jimmy Osmond. (T) 9.00 Rich Kid, Poor Kid. The wealth gap between two teenagers who live on the same street. (T) 10.00 8 Out of 10 Cats. Louis Walsh joins host Jimmy Carr and team captains Sean Lock and Jason Manford for the irreverent Lock and Jason Mantord for the irreverent quiz based on opinion polis, (T) 10.35 Russell Brand's Ponderland. (T) 11.10 Fonejacker. (T) 11.40 The Law of the Playground. (R) (T) 12.10 4Music: 4Music https: 12.20 4Music: 4Music Presents: Stereophonics. (R) 1.00 European Poker Tour 2.00 FILM: Bad Lieutenant (1992), Disturbing drama, starring Harvey Keitel. (T) 3.45 3 Minute Wonder: The Unquiet American. (R) (T) 3.503 Minute Wonder: The Unquiet American. (R) (T) 3.503 Minute Wonder: The Unquiet American. (R) (T) 3.55 Don't Blame the Builder. (R) (T) 4.55 Countdown. (R) (T) 5.40 Making It. (R) (T) 5.45 The Hoobs. (R) (T)

6.00 Milkshakel: 6.00 Angels of Jarm; (R) (T) Little Lodgers. 6.10 Chiro. (T) 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman (R) (T) 6.35 Little Princess. (R) (T) 6.50 Play! (T) 6.55 The Adventures of Bott Top Bill and His Best Friend Corky. (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Shark Island. (R) (T) 12.15 Zoo Marven's Shark Island. (H) (1) 12.15 200 Days. (R) (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.05 FILM: Columbo: Under-cover (1994). Crime drama, starring Peter Falk, (T) 5.00 Five News with Matt Barbet Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Zoo Days. (T) 7.00 Five News at 7. (T) 7.30 How Do They Do It? Supplying London homes with fresh water: (T) 7.30 Five News Update. (T) 8.00 Secrets of Egypt: Screaming Man. New series. The mysteries of Ancient Egypt, beginning with a 3,000-year-old mummy; (T) 8.00 Five News at 9. 9.00 Danger Men The rigorous training needed to become a The rigorous training needed to become a member of the Red Arrows aerobatics display team, and the dangers involved as they fly Hawk jets that reach speeds of more than 400mph. (7) 10.00 The Sex Chamber. The crimes of David Parker Ray. (T) 11.05 Fred and Rose: The West Murders. (R) (T) 12.05 Quiz Call. 4.00 Major League Soccer. 4.45 Nick's Quest. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

13 NOV

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 House Guest. (T) 2.30 Dickinson's Real Deal. (R) (T) 3.15 Spin Star. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T)

- Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (T)

- or try to Keep it for themselves. (1)
 London Tonight; Weather. (T)
 ITV Evening News; Weather. (T)
 Emmerdale. Nicola's conscience is pricked
 when Rodney reveals how impressed he is that
 his daughter is helping the church choir, while
 Terry offers to cook lunch for a nervous Brenda.
 (T)
- Homes & Property. Alistair Appleton visits Herne The Bill. Concluding the two-part story filmed in
- London and Germany in collaboration with the cast and crew of drama series SOKO: Leipzig. cast and crew of drama series SOKO: Leipzig. Jack and his team track the kidnap gang to Germany and help arrange a ransom pick-up at Leipzig railway station, but the operation proves to be a set-up leading nowhere. The case takes a violent turn, prompting an unex-pected confession from the kidnapped grift stenfather (May Hartrachter) and a desperate stepfather (Max Herbrechter) and a desperate race to reach the hostages before it is too late.
- Cops with Cameras. Following officers working across the UK as they carry out raids, round up suspects and continue the constant fight against crime. (T)

 10.00 News at Ten and Weather. (T)

- News at 191 and Weather. (1) London News and Weather. (T) Real Crime: The Cat and Mouse Killer. The story of murderer Mitchell Quy, who killed his wife Lynsey Wilson before maintaining for 18 months that she had walked out on him, aban-doning her children. (T)
- 11.40 /london. Stories behind the headlines in the
- 12.10 Bingo Night Live, 1.15 Motorsport UK, (T) 1.40 Nightwatch with Steve Scott: Emergency; (R) (T) ITV News Headlines. 2.35 Loose Women. (R) 3.25 The Jeremy Kyle Show. (R) (T) 4.20 ITV Nightscreen.

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LOCAL

RTP1 0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Intrigas 1500 Paixões Proibidas 1545 Portugal no Coração 1800 Portugal em Directo 1900 O Preco 2000 News 2100 Grande Entrevista 2135 Jogo Duplo 2235 Os Contemporâneos 2320 Os Contemporaneos 2320 Corredor do Poder 0015 O Fiel Jardineiro, film 0230 A Ilha do Monstro, film 0415 Portugal no Coração 0605 Nós RTP2

0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Tribal Odyssey: The Gentle Cannibals 1700 Zig Zag Gentle Cannibals 1700 Zig Zag 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Bug Attack 2200 News 2240 Sobrenatural, series 2330 Diga Lá Excelência 0030 Noites da boti 0115 Universidades 0145 Yes, Dear, series 0215 Iniciativa 0300 series 0215 Iniciativa 0300 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos

0600 Sic Notícias 0800 Sic Kids 0600 Sic Noticias 0800 Sic Kids 0930 Dia Em Grande 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1500 Beleza Pura 1545 Contacto 1600 Rebelde Way 1990 Roda da Sorte 2000 News 2130 Humor na Sic 2215 Podia Acabar o Mundo 2315 A Favorita 0030 CSI New Vork series 0130 CSI Las Venses York, series 0130 CSI Las Vegas series 0215 Cartaz Cultural 0245 Todos em Linha 0430 Ciranda de

Pedra TVI

0700 Diario Da Manue 1015 Você na TV 1300 News 1400 S Tardes de Julia 1700 Cuem Quer Ganha 1815 Morangos Com Açucar 2000 News 2130 Feitiço de Amor 2230

Best of the Rest

7.00 Top Gear 8.00 Last Mar Celebrity Standing 9.00 Celebrity Scissorhands 10.00 EastEnders 10.30 The Real Hustle: High Stakes 11.00 Family Guy 11.25 Family Guy 11.45 Celebrity Scissorhands 12.45 Last Man Standing 1.40 The Real Hustle: High Stakes 2.10 The Last Millionaire 3.10 EastEnders Whodunits 4.10 Spendaholics 4.40

BBC4

7.00 World News Today 7.00 Weather 7.40 The New Avengers 8.30 Beeching's Tracks 9.00 Walter Tull-Forgotten Hero 10.00 Walter's War 11.00 Armistice 12.30 BBC Four Sessions 1.30 Walter Tull -Forgotten Hero 2.30 Armistice 4.00 ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Monte Williams Show 6.00 Judge Judy 7.00 Smallville 8.00 The Fashion Show 9.00 Film: The Thomas Crown Affair 15 (1999) 11.20 Entourage 11.55 Film: Hannibal 18 (2001) 2.20 Teleshopping 5.20 ITV2 eleshopping

Nightscreen

1.00 Project Runway 2.00 Law & Order 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Lion Man 5.30 Lion

The Simpsons 7.00 The Simpsons

7.30 The Simpsons 8.00 Noel's Are You Smarter Than a 10 Year Old 9.00 Bones 10.00 Cold Case 11.00 Fringe 12.10 Road Wars 1.10 Road Wars 2.05 Stargate SG-1 2.55 Stargate SG-1 3.50 Greece vered 4.45 Scare Tactics 5.10

G.O.L.D

1.40 Only Fools and Horses 2.20 Open All Hours 3.00 My Family 3.40 To the Manor Born 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 Open All Hours 8.20 My Family 9.00 Only Fools and Horses 9.40 Victoria Wood Live 11.40 Porridge 12.20 Victoria Wood Live 2.25 2point4 Children 3.00 Close

1.00 Rhapsody U (1954) 3.00 Trapeze U (1956) 4.50 Lady L U (1965) 6.40 The Prize PG (1963) 9.00 Bullitt 15 (1968) 11.05 A Taste of Honey 15 (1961) 1.00 All Fall Down 12 (1962) 3.00 Hell Is for Heroes 12 (1962) 4.30 The Screening Room 5.00 Tortilla Flat U (1942) The Disney Channel

Kids' programmes from 7am

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MO

6.30 Miracle on the 17th Green U

(1999) 8.15 Home by Christmas PG (2006) 10.00 The Starter Wife 11.30 London Film Festival 2008 Special 12.00 Columbo Goes to Special 12.00 Columbo Goes to College PG (1991) With Peter Falk. 1.45 Candles on Bay Street PG (2006) With Alicia Silverstone. 3.45 In from the Night 12 (2006) With Marcia Gay Harden. 5.30 A Quantum of Solace Special 6.00 Dad PG (1989) With Jack Lemmon. 8 Of Titapi: 12/1992/With Lenardo. 8.00 Titanic 12 (1997) With Leonardo DiCaprio, 11,15 Heaven's Gate 15 (1980) With Kris Kristofferson, 3.00 The Departed 18 (2006) With Jac Nicholson. 5.30 Love Letters PG

Sky Movies Comedy

6.35 Confessions of an Ugly Stepsister U (2001) 8.15 Hoodwinked U (2005) 9.40 The Muse PG (1999) 11.20 Splitting Heirs 15 (1993) With Eric Idle, 12,55 Night at the Museum PG (2006) With Ben Stiller, 2.50 Blast from the Past 12 (1999) With Brendan Fraser. 4.50

Hoodwinked U (2005) With Anne Hathaway. 6.15 The Muse PG (1999) With A I b e r t Brooks. 8.00 Night at the Museum PG (2006) With Ben Stiller. 10.00 Blast from the Past 12 (1999) With Brendan Fraser.

11.55 Splitting Heirs 15 (1993) With Eric Idle, 1.25 Fast Times at

Igemont High 18 (1982) With an Penn. 3.00 Detroit Rock City 15 (1999) With Giuseppe Andrews 4.40 Confessions of an Ugly Stepsister U (2001)

6.20 The House Next Door 12 (2006) The Kingdom 15 (2007) 12.35 The House Next Door 12 (2006) With Lara Flynn Boyle. 2.15 The River Wild 12 (1994) With Meryl Streep. 4.15 Brotherhood 15 (2004) With Dong-Kun Jang. 6.45 The Fugitive 15 (1993) With Harrison Ford. 9.00 The Kingdom 15 (2007) With Jamie Foxx. 10.55 Sudden Death 18 (1995) With Jean-Claude Van Damme. 12.50 The River Wild 12 (1994) With Meryl Streep. 2.50 Mean Guns 18 (1997) With Christopher Lambert. 4.40 Angel Flight Down PG (1996)

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6.00 Good Morning Sports Fans 9.00 Transworld Sport 10.00 Live Masters Cup Tennis. Day five in Shanghai, China. 2.00 Carling Cup Football 3.30 FIFA Futbol Mundial 4.00 Total Rugby 4.30 Transworld Sport 5.30 FIFA Futbol Mundial Sport 5.30 FIFA Futbol Mundial 6.00 Premier League World 6.30 Carling Cup Special 7.30 Live Premier League Snooker. Round eight from Haywards Heath. 11.00 Carling Cup Special 12.00 Premier League World 12.30 The Rugby Club 2.00 Carling Cup Special 3.00 Premier League World 3.30 Live Premier League World 3.30 Live International Cricket. India v England.

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Snow Adventures 7.00 WWE: Experience 8.00 Watersports World 9.00 Carling Cup Football 10.30 FIFA Futbol Mundial 11.00 Total Rugby 11.30 Carling Cup Football 1.00 FIFA Futbol Mundial 1.30 Powerboating 2.00 Total Rugby 2.30 European Tour Weekly 3.00 Poker Million 5.00 NFL: Total Access 6.00 The Rugby Club 7.30 Live Horse Racing. From Great Leighs Racecourse. 9.30 Premier League World 10.00 Live Poker. Coverage of the online Sky Poker Five-00 tournament 12.00 NEL-Total Access 1.00 Live NFL. New England Patriots v New York Jets (Kick-off 1.15am). 4.30 Close

10.30 Powerboating 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Watersports World 1.00 NFL: Total Access 2.00 Snow Adventures 2.30 Airsports World 3.00 Watersports Airsports World 3.00 Watersports World 4.00 Powerboating 4.30 WWE Wintage Collection 5.30 WWE Special: Best of Survivor Series 6.30 ATP Tennis 7.00 Masters Cup Tennis 9.00 WWE: Late Night - Raw 11.00 Extreme Championship Wrestling 12.00 WWE Special: Best of Survivor Series 1.00 Premier of Survivor Series 1.00 Premier League Snooker 4.30 ATP Tennis 5.00 Airsports World 5.30 Close

British Eurosport

7.30 Olympic Magazine 8.00 Live Tennis. The Asian Hopman Cup. 10.00 Women's International Football 11.00 Snooker 12.00 Live Snooker. The Bahrain Championship quarter-finals 3.00 Women's International Football 4.00 Women's International Football 4.00 Women's International Football 4.00 Women's International Football 5.00 Eurogoals 5.15 Live Snooker. The Bahrain Championship quarter-finals. 8.00 Boxing 10.00 Strongest Man 11.00 Powerboating 11.30 Snooker 12.30 Close

Sky Sports Xtra

4.00 Snow Adventures 4.30 Aerobics Oz Style 5.00 Race World 6.00 Netball 8.00 Carling Cup Special 9.00 The Rugby Club 10.30 Netball 12.30 Race World 1.30 Masters Cup Tennis 3.30 Snow Adventures 4.00 Poker

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6.00 Breakfast. (T) 9.15 Animal 24:7. (T) 10.00 Homes Under the Hammer, (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not 10 Buy. (T) 11.45 Cash in the Attic. (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Jakers! (R) (T) 3.25 CBBC: Uncle Max. (R) (T) 3.35 Watch My Chore. (R) (T) 3.37 Max Dec. (T) 3.35 Watch My Chops. (R) (T) 3.50 The Secre Show. (R) (T) 4.05 The Revenge Files of Alistair Fury (R) (T) 4.35 Dani's House. (T) 5.00 Newsround. (T)

Weakest Link. Anne Robinson hosts the general

Weakest Link. Anne Robinson hosts the general knowledge quiz in which contestants answer questions as a team, banking the jackpot money and eliminating the poorest players as they go. (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) Redional News Programmes; Weather Children in Need 2008. Terry Wogan is joined by co-hosts Tess Daly and Fearne Cotton for another bumper night of fundraising fun in aid of children schartlies across the country. McFly get the party started with the official Children in Need single Do Ya - a double A-side with Stay with Me, which they will perform later - there is a special performance of Grease and a magical mystery message from Merlin. 7.30pm John Torode and Gregg Wallace present a special Junior MasterChef and Emmerdale's Roxanne Pallett sings. 8pm The stars of I'd Do Anything are reunitled for a performance of Oliverl and the cast reunited for a performance of Oliver! and the cast of The Bill find themselves on the wrong side of the bars as they perform Jailhouse Rock in a tribute to the Blues Brothers. 8.30pm Terry and Tess taketheir partners and go head to head in a Strictly take their partners and go head to head in a Strictly Come Dancing special, which promises a few surprise judges, and Doctor Who fans can see a sneak preview of this year's Christmas episode, in which David Tennant meets a man also calling himself the Doctor, played by David Morrissey, 9pm Gok Wan tries to dress the people of Coro-nation Street in How to Look Good Naked in Weatherfield, and Girls Aloud and Leon Jackson provide the music. 9.30pm The cast of EastEnders puts on a show-stopping West End spectacular and there is music from Take That, who recently announced they are alanging to no back on tour and there is music from Take That, who recently announced they are planning to go back on tour next year. Throughout the evening there are appeal messages from a host of celebrities including Stevie Wonder, Jack Black and the Osbourne family - as well as updates from around ne region. Continues after the news. (T)

the region. Continues after the news. (T) BBC News. (T) Regional News; Weather. (T) Regional News; Weather. (T) Children in Need 2008. More fundraising fun, including special versions of Ashes to Ashes and Taggart, the BBC newsreaders doing Mamma Mial, and a bumper line-up of music stars, including Sugababes, Lee Mead and Denise Van Outen, Boyzone, Will Young, Sharleen Spiteri, Alesha Dixon, Il Divo, Russell Watson, Jason Donovan, Stereophonics, and Michael Ball and the cast of Hairspray. (T) FILM: Fist of Legend (1994). Martial arts thriller, rig Jet Li. Dubbed in English; (T) Weatherview. (T) BBC News. (T)



6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.20 SNewsround; (R) (T) Bernard. (R) (T) 7.30 50/50, (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.20 Charlie and Lola. (R) (T) Our Planet. (H) (1)9.20 Charileand Lola. (H) (1) 9.30 Finley the Fire Engine. (R) (T) 9.45 The Koala Brothers; (R) (T) Fun with Phonics. (R) (T) 10.05 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Words and Pictures. (T) 11.10 Focus. (T) 11.20 Let's Write Non-Fiction. 11.10 Focus. (T) 11.20 Let's Write Non-Fiction. (T) 11.40 The Romans. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Bibue. (T) 1.25 Coast. (T) 1.30 Animal Park. Wild in Africe, (R) (T) 2.15 Marrier Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Floglit (R) (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Companier, 11 Atkes Two. (T) 7.00 Fossil Detectives. Evidence of prehistoric life in Scotland. (T) 7.30 An Island Parish. The islanders prepare to welcome home the four Atlantic rowers. (T) 8.00 Mastermind. Specialist subjects include the Amelia Peabody novels and the Coventry blitz. (T) 8.30 Gardeners' World. A look back atthe pastyeer in Carol Klein's Devon look back at the past year in Carol Klein's Devon garden. (T) 9.00 The Barristers. New series. Documentary following students aspiring to the Bar. (T) 10.00 QI. New series. Comedy panel game, with Stephen Fry. (T) 10.30 Newsnight. game, with Stephen Fry. (T) 10.30 Newsnigrit. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 The National Lottery EuroMillions Draw. (T) 11.40 Later with Jools Holland, (T) 12.40 BBC Blast: The Director's Cut. (T) 12.45 Sta Trek: The Next Generation. (R) (T) 1.30 Star Trek: The Next Generation. (R) (T) 2.15 FILM: Trek: The Next Generation. (n) (1) Line The Tomb of Ligeia (1965). Horror, starring Vincent Price. (T) 3.35 Kath & Kim. (R) (T) 4.00 Kath & Kim. (R) (T) 4.25 Clo

Pick of the Day

Children in Need 2008 (BBC1, 7pm)
How to transform yourself from smooth-talking professional to dribbling idiot in one easy move —hostaliwe TV show. Thosewatchingathome may think standing infront of a camera and reading an autocue is easy, but for presenters, it can be a living nightmare — especially if something goes surong and they relet fit of lim 'dead air'. Arguably the biggest and most difficult live TV event of the year is Children in Need, thanks in no small part to the fact it's on for around seven hours. However, one man who seems to thrive on such occasions is veteran presenter Terry Wogan, who this time around will be joined by co-hosts Tess Daly and Fearne Cotton. He makes the whole process seem completely effortiess — perhaps it's because he's so affatible and always does his best to make those appearing in the studio at their ease. Tim not a confrontational interviewer, 'explains Wogan. 'It would be easy to be abrasive, but nobody would want to come on the show. Sometimes an interview I think didn't go well was actually very good, and vice versa. You're not always the best judge yourself.' This time around, all manner of amazing events will be taking place — not least the first two minutes of the eagerly awaited Doctor Who Christmas special. EastEnders will present a musical extravaganza, there's a Strictly Come Dancing special, and performances from the likes of John Barrowman, Take That, Boyzone and Jason Donovan.

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6.10 The Hoobs. (R) (T) 6.35 Planet Cook (T) 7.00 Freshly Sauce ezed, 7.25 Every body Loves Raymond. (R) (T) 7.55 Ju Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show; (R) (T) Before and Af ter. (R) (T) 10.00 Take Away My Takea way: (R) (T) Before and After, (R) (T) 10.30 Wasted. (T) 11.00 Parents & Teens: Welcome to My World; (R) (T) Before and After, (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Will & Grace. (R) (T) 1.00 Channel 4 Racing from Cheltenham, Including the 3.00 Glenfarclas Cross Country Chase (3m 7f). (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.30 Unreported World. The war raging between rich and poor in the Philippines (T) 8.00 A Place in the Sun: Home or Away Searching for properties in Glasgow and the Canary Islands. (T) 9.00 FILM: Four Weddings and a Funeral (1994). Brilliantly played blockbusting comedy about the tangled relationships of a group of friends functions. Hugh Grant and Andie MacDowell star. (T) 11.15 The Big Fat 25th Anniversary Quiz. (R) (T) 1.20 4Mu-sic: 4Music Intros. 1.25 4Music: 4Music Intros. 1.35 4Music: Rockfeedback. 2.10 Goalissimo. (T) 3.05 Ironman Triathlon. (R) 3.30 Transworld Sport. (R) (T) 4.20 Don't Blame the Builder, (R) (T) 5,20 Countdown. (R) (T)

6.00 Milkshake!: Angels of Jarm. (R) (T) 6.10 Chiro. (T) 6.15 Funky Valley. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Little Princess. (R) (T) 6.50 Play! (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Shark Island. (R) (T) 12.00 Zoo Days. (R) (T) 12.30 Five News (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.05 Five News Update. (T) 3.10 FILM: Wounded Heart (1995). Emotional drama, with Paula DeVicq. (T) 5.00 Five News with Matt Barbet Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Zoo Days. (T) 7.00 Five News at 7. (T) 7.30 Escape from Red Berlin, Historian Saul David pays tribute to the men and women who risked their lives to cross the heavily-armed no-man's land that separated East and West Berlin; (R) (T) 7.30 Five News Update. (T) 8.00 Police Interceptors. The police dog unit is called into action: (T) 8.00 Five News at 9, 9.00 NCIS Gibbs interrogates a convict about his crimes.

(R) (T) 10.00 Law & Order: Special Victims Unit. The murder of a 15-year-old girl is investigated. (T) 11.00 Law & Order. (R) (T) 12.00 Quiz Call. 4.00 Nick's Quest. (R) (T) 4.25 Lemur Island. (R) (T) 5.10 Neighbours (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather, (T) 2.00 House Guest, (T) 2.30 Dickinson's Real Deal. (R) (T) 3.15 Spin Star. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager School for Cooks. (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls. (T)

oen inside a set or golden Dails. (1)
London Tonight; Weather. (T)
ITV Evening News; Weather. (T)
Emmerdale. Terry and Brenda's hopes of enjoying adate together are thwarted when the pair
accept well-meaning advice from Bob and Val.
Donald asks Anna to choose between him and
Matthew. (T)

Coronation Street, David and Tina struggle with the fact that their parents are a couple, and he is left furning when the Windass family refuses to pay him for renovating a kitchen. Ken worries Peter will gamble away Simon's inheritance Amber is taken aback to find Tara emerging from Dev's bedroom, and a journalist con

the factory looking for Rosie - much to the dismay of Sally and Tony. (T)
Live Forever: Tonight. Michael Nicholson meets eternal-youth seekers as he explores the truth behind claims that advances in medical science are on the verge of vastly increasing human

Coronation Street. Prem agrees to let Dev's relationship with Tara continue, while Leanne accepts an invitation to tea with Peter - but draws the line at playing mum and putting Simon to bed

Taggart, When the body of a 20-year-old estate agent is found in her bath, the suspects include her hoss, her embittered sister and a neighbour who she had reported for benefit fraud. Two street fundraisers also come under suspicion when it emerges that the victim regularly gave money to charity. Meanwhile, Ross's estranged

money to cnamy, Meanwhile, Hoss s estranged wife reveals her plan to move to Canada with their son. Blythe Duff and John Michie star. (T) TV's Naughtiest Blunders. Celebrities from a variety of TV shows turn the air blue in another selection of embarrassing slip-ups, proving that even the most consummate professionals are only human when it comes to making mistakes

(R) (T) 11.00 The Late News and Weather (T)

11.30 London News and Weather. (T)
11.45 Bingo Night Live. Free-to-play interactive show.
12.50 Pro Celebrity Darts. 1.40 Planet Rock Profiles. (T) 2.05 Planet Rock Profiles; (T) ITV News Headlines. 2.35 FILM: The Cutting Edge (1992), Skating drama, starring DB Sweeney. (T) 4.15 ITV Nightscreen.

<u>.OCAI</u>

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Intrigas 1500 Paixões Proibidas 1545 Portugal no Coração 1800 Portugal em Directo 1910 O Preço Certo 2000 News 2100 Jogo Duplo 2200 Olha quem Dança 0000 O Imperdoável, Film 0215 Os Pistoleiros da Noite, film 0400 Portugal no Coração 0600

0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Bug Attack 1700 Zig Zag 1830 A Fé dos Homens 1900 Zag 1830 A Fé dos Homens 1900 A Alma ea Gente 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Living with Gorillas 2200 News 2303 Manoel de Oliveira, Ocaso Dele 0030 Noites a Dois 0200 Palco 0315 Yes, Dear, series 0345 Sociedade Civil 0515 Euronews 0545 Indisciplinas 0615 A Fé dos Homens A Fé dos Homens

0600 Sic Noticias 0800 Sic Kids 0900 Dia Em Grande 1000 Fátima 0990 Dia Em Grande 1000 Fatima 1300 News 1415 O Cravo e a Rosa 1500 Beleza Pura 1545 Contacto 1800 Rebelde Way 1900 A Roda da Sorte 2000 News 2130 Humor na Sic 2215 Podia Acabar o Mundo 2315 A Favorita 0030 CSI New York, series 0130 CSI Las Vegas, series 0/321 Todos em Lingas. series 0230 Todos em Linha

0700 Diario Da Manha 1015 Você U700 Diano Da Manna 1015 Voce
na TV 1300 News 1400 As Tardes
de Júlia 1700 Quem Quer Ganha
1815 Morangos com, Assecar 2000
News 2145 Euromilians 2200
Feitigo do Amos, 2245 Olhos nos
Olhos 2345-Aboutra 0030 Dr Preciso
de Ajuda 0200 Sempre a Somar
0330 Hitler The Bise of Evil minis-0330 Hitler: The Rise of Evil, miniseries 0515 TVI Negócios 0530 Telesales

Best of the Rest

7.00 Doctor Who 8.00 Doctor Who 9.00 Film: Ladder 49 12 (2004) 10.50 Family Guy 11.15 Family Guy 11.35 Two Pints of Lager and a Packet of Crisps 12.05 Two Pints of Lager and a Packet of Crisps 12.30 Touch Me, I'm Karen Taylor 1.00 Grownups 1.30 The Real Hustle High Stakes 2.00 The Mos Annoying Pop Moments - We Hate to Love 3.00 Two Pints of Lager and a Packet of Crisps 3.30 Two Pints of Lager and a Packet of Crisps 3.55 Last Man Standing 4.55 Close

7.00 World News Today 7.00 Weather 7.30 Karim's Journey 8.30 Only Connect 9.00 Paul Weller: Into Tomorrow 10.30 BBC Four Sessions 11.30 The New Avengers 12.20 The Avengers 1.10 Paul Weller: Into Tomorrow 2.40 BBC Four Sessions 3.40 Karim's Journey 4.40 Close

1.00 Airline USA 1.30 The Jere Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy 6.30 Keith Lemon: The Hot Desk 6.45 The X Factor 8.15 The X Factor - The Result 9.00 Get Me Out of Here: Biggins Goes Back 10.00 Ghosthunting with I'm a Celebrity 12.00 Celebrity Juice 12.30 Coronation Street 1.00 Coronation Street 1.30 Get Me Out of Here Goes Bac ing 5.25 Out 6. Back 2.25 5.25 ITV2 Biggins Goes Teleshopping

1.00 Project Runway 2.00 Law & Order 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00

Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Ross Kemp on Gangs 10.00 Ross Kemp: A Kenya Special 11.30 Ross Kemp Meets the Glue Kids of Kenya 12.00 Road Wars 1.00 Road Wars 1.50 Stargate SG-1 2.40 Stargate SG-1 3.30 Greece Uncovered 4.20 Scare Tactics 4.45 America's Dumbest Criminals 5.00 Bite Size Brainiac 5.10 Guilty!

1.40 Only Fools and Horses 2.20 Open All Hours 3.00 My Family 3.40

G.O.L.D

To the Manor Born 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 Open All Hours 8.20 My Family 9.00 Only Fools and Horses 9.40 Porridge 10.20 Film: Father of the Bride PG (1991) 12.20 My Hero 12.55 My 1.35 My Hero 2.10 2point4 ren 2.40 Close Up 2.50 Close Up 3.00 Close

TCM

1.00 The Barretts of Wimpole Street U (1957) 3.00 In Which We Serve U (1942) 5.05 Sherlock Holmes in Dressed to Kill U (1945) 6.35 Mrs Soffel PG (1984) 8.30 The Screening Room 9.00 Serpico 18 (1973) 11.20 Shaft 15 (1971) 1.05 Zabriskie Point 15 (1970) 3.05 That's Dancing! U (1985) 5.00 Reunion in

France U (1942) The Disney Channel

Kids' programmes from 7am, except: 6.00 Film: Minutemen PG (2008) Sci-fi comedy, starring Jason Dolley. 9.30 Film: Minutemen PG (2008) Sci-fi comedy, starring Jason Dolley.

7.15 Gideon PG (1999) 9.00 The Final Journey 12 (2007) 10.35 Casino Royale 12 (2006) 1.00 Columbo: The Murder of a Rock Star PG (1991) With of a Hock Star PG (1991) With Peter Falk. 2.45 Eddle Macon's Run 15 (1983) With John Schneider. 4.30 The Trench 15 (1999) With Daniel Craig. 6.15 Love N' Dancing 12 (2008) With Amy Smart. 8.00 3:10 to Yuma 15 (2002) With Puscell Crown 10.15 (2007) With Russell Crowe. 10.15 The Hurricane 15 (1999) With Denzel Washington. Bringing Out the Dead 18 (1999) With Nicolas Cage. 3.00 Last Seduction II 18 (1997) With Joan Severance. 4.45 Undercover Angel PG (1998)

6.20 I'm Gonna Git You Sucka 15 (1988) 7.55 Stakeout 15 (1987) 9.55 Farce of the Penguins 15 (2006) 11.20 Ferris Bueller's Day Off 15 (1986) With Matthew Broderick, 1.05 Austin Powers: The Spy Who S****d Me 12 (1999) With Mike Myers. 2.45 Mr Woodcock 12 (2007) With Billy Bob Thornton. 4.15 Ferris Bueller's Day Off 15

(R) - repeat programme;

(bw) - black and white.

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(1986) With Matthew Broderick 6.00 Stakeout 15 (1987) With Richard Dreyfuss. 8.00 Mr Woodcock 12 (2007) With Billy Bob Thornton. 9.30 Austin Powers The Spy Who S*****d Me 12 (1999) With Mike Myers. 11.10 Grandma's Boy 15 (2006) With Allen Covert 12.50 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayar 2.25 Grandma's Boy 15 (2006) With Allen Covert, 4.05 Continental Divide PG (1981)

6.25 Above Suspicion 15 (2000)

8.10 Diplomatic Siege 15 (1999) 10.00 Down 'n Dirty 15 (2000) 12.00 Die Hard 4.0 15 (2007) With ice Willis. 2.20 Diplomatic Siege 15 (1999) With Tom Berenger 4.10 Superman Returns 12 (2006) With Brandon Routh. 6.50 Final Analysis 15 (1992) With Richard Gere. 9.00 Die Hard 4.0 15 (2007) With Bruce Willis. 11.15 Smokin' Aces 18 (2006) With Jeremy Piven. 1.10 Ong-Bak 18 (2005) With Tony Jaa. 3.05 Thursday 18 (1998) 4.40 Enemy Within PG

v England. 12.00 Premier League World 12.30 Airsports World 1.00 Carling Cup Special 2.00 Premier League World 2.30 International Cricket 4.30 FIFA Futbol Mundial Cricket 4.30 FIFA Futbol Mundial 5.00 Premier League World 5.30 Big League Weekend 16.30 Off The Bar 7.00 Premier League Preview 7.30 Live Rugby Union. Sale Sharks v Worcester Warriors (Kick-off 8.00pm). 10.00 Live Friday Fight Night. Kell Brook v Kevin McIntyre. 12.00 International Cricket 2.00 Friday Fight Night 4.00 Big League Weekend 1 5.00 Off The Bar 5.30 Premier League Preview

6.00 Live International Cricket. India

6.00 Good Morning Sports Fans 9.00 Carling Cup Special 10.00 Live Masters Cup Tennis. Day six in Shanghai, China. 2.00 ATP Tennis 20 Teo Purch Club 4 ONNEL 17 ctol 2.30 The Rugby Club 4.00 NFL: Total Access 5.00 International Cricket 7.00 Tight Lines 8.00 International Cricke Tight Lines 8.00 International Cricket 10.00 Big League Weekend 1 11.00 Off The Bar 11.30 Premier League Preview 12.00 NFL: Total Access 1.00 Masters Cup Tennis 3.00 Sportnation 4.00 Rugby Union 5.30 World Sport

6.00 Aerobics Oz Style 6.30 Snow Adventures 7.00 WWE: Raw 9.00

WWE Special: Best of Survivor Series 10.00 The Rugby Club 11.30 Aerobics Oz Style 12.00 Race World 1.00 NFL: Total Access 2.00 NFL 4.00 WWE Special: Best of Survivor Series 5.00 WWE: Raw 7.00 Masters Cup Tennis 9.00 Off The Bar 9.30 Premier League Preview 10.00 WWE:LateNight-Smackdown12.00 WWE: Late Night - Bottom Line 1.00 Rugby Union 2.30 Tight Lines 3.30 British Ice Hockey

7.30 World Touring Car Championship 8.00 Live Tennis. The Asian Hopman Cup. 10.00 Timbersports Series 11.00 Snooke 12.00 Live Spooker. The first 12.00 Live Snooker. The first Bahrain Championship semi-final. 3.00 Live Figure Skating. The Trophee Eric Bompard. 5.15 Eurogoals 5.45 Live Snooker. The second Bahrain Championship semi-final. 8.00 Timbersports Series 9.00 Poker 10.00 Eurogoals 10.30 Vox Managazina 11.00 Snooker. 10.30 Yoz Magazine 11.00 Snooker 12.00 Eurogoals 12.30 Close

Sky Sports Xtra 6.00 Close 8.00 ATP Tennis 9.00

Netball 11.00 Racing News 11.30 Premier League Snooker 3.00 Netball 5.00 British Ice Hockey 7.30 Ocean Race 8.00 Sportnation 9.00 NFL 11.00 Tight Lines 12.00 British Ice Hockey 2.30 Ocean Race 3.00 International Cricket 5.00 Tight Lines

All the latest headlines at www.the-news.net



² paws&c

Seeing them in the dark

My trips to pick Jim up at our Albufeira shop now happen in the dark - we drive across country on unlit roads. The last trip prompted Jim to remark that I must just remind everyone of the products we have so our 4 legged friends can be seen in the dark. Especially our black ones, they become impossible to see and it is frightening as they could so easily end up under a car.

I suppose first we must reconsider where we go with them in the evenings try and keep to lit areas or take them out for a decent walk when it is still light leaving just a quick dash out in the dark. Where we live out in the country it is very dark, so not the

place for an evening stroll. Having wandered down my rather long drive this evening at 19.30pm, it was pitch black and seeing a PWD was impossible.

My PWDs are completely invisible in the garden during their final outside visits, I end up trailing around the outside of the building trying to find them. Invariably they just suddenly reappear, I sus-

pect they were stood a stone's throw from me laughing and wondering why Mum couldn't see them. At least Merlin has slight white paws, but I do not find they help me find him any quicker.

The first and by far cheapest is to buy little fluorescent bands which just go on the collars knowing mine they would no doubt lose them though!! Next best is collars, leads or harnesses which reflect. We have lots of them in our shops. The most popular is the pawprint range, it looks very good in the dark and at least it would make the motorist. perhaps, wonder what it was and slow down!!! Or is that optimistic. We also have many leads with a reflective thread through them, these are very effective.

Personally for all mine I have

the fluorescent coats and trouser

suits. The coats are fabulous and

all of mine have them, if we go



anywhere in the winter on the coats go. Yes they get strange looks from people but at least I can see them. The yellow trouser suits are the fleece ones I got the PWDs last year for the UK trip. They are probably a bit warm for the Algarve evening -- they are, however, very effec-tive. It has to said the trouser suits provoke far more comments from people, most peo-ple think they look cute, which they do.

In stock presently we have a very warm coat in navy and orange with reflec-

tive stripes, so this does two jobs in one, it is waterproof as well. We also have the smaller security waistcoats, much smaller than the full coat, it has reflective stripes on the back and neck so

that your dog is immediately visible in every position. We also have, for the human beings on the other end of the lead, the Security Waistcoat - now I think all these people on the side of the road should have one of them!! They are very inexpensive. They are neon coloured with reflective warning sign.

Hope this helps someone with the night time walk and search for dog moment.

I have added my Cleo picture of her in her yellow coat and the funny picture of them in their trouser suits.

Everything mentioned here is available from our stores, come and see us and we will give you all the help you need.

Protect your pet with knowledge. Knowledge is power and it could mean the difference between life and death.

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Hi There!

Found in Carvoiero 1 month ago young bitch. Shiva was wearing a red collar with her name inside but unfortunatly no address & no microchip. I think she escaped from her house and followed other dogs. Somobody brought her to us but she is missing her home. If you know anything about her or you think you recognize her, please call Valérie 913 860 865 or 282 342 823 (eves) lili10.evann@yahoo.fr





Yoyo is a very young small size bitch. She was "dumped" at the sanctuary by her owner who never took care of her. Yoyo needs a lot of attention and she wants cuddles all the time. attention and sne wants cuddles all the time. Yoyo has been wormed, deflead, vaccinated and spayed. Call Valérie for a visit 913 860 865 or

282 342 823 (eves) lili10.evann@yahoo.fr

Hi there! I am Dolly. very sweet young bitch (1 year old). Valérie found me wandering in Lagoa's streets with my 4 pups. She rescued me and I am much better now. I have been wormed, deflead and spayed. I am worth a visit and I am one of Valérie 's favourites.I will blossom in the



Bianca

Serafim is a young husky of less than 2 years old found on the streets of Sesimbra. It is difficult for us to introduce a new male dog to the shelter as other dogs want to attack him. This is why he needs to be isolated and on

the chain and we lack people to give daily walks to the dogs. He is very gentle and very friendly; please give him a new home. If you live in the area of Lisbon and would like to have Serafim or any other dog or cat, please contact Association Bianca in Sesimbra

sesimbra.bianca@gmail.com (English, French and Spanish spoken) and read about our work at www.bianca.pt/english and http://bianca-petrescue-adoption.blogspot.com/

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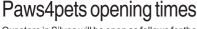
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Our store in Silves will be open as follows for the foreseeable future. Monday, Tuesday, Wednesday, Friday - open 10h00 until 16h00. Shut on Thursday and Saturday. Telephone 282 443 170.

Our store in Albufeira is open Monday till Friday 10h00 until

Saturday 10h00 until 14h00. Telephone 289 588 882 We deliver across the Algarve on Thursdays please contact us for further details.

Jan's mobile 916 273 376 Julie's mobile 917 152 209

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Vets and nurses from the Worldwide Veterinary Service travel from far away countries at their own expense to perform charity work for the many animal organisations around the world.

T h problem of street and feral cats minimised by the philanthropic work of vets and who offer their expertise to help keep the proliferation of street cats who live in colonies around us under contro 1 Thanks to Nurse Tracy Hewitt preparing a cat for surgery the animal

shelters (most of them run by brave and caring women), the problem seems non-existent and sometimes overlooked in the Algarve

We were invited to observe where the operations were performed in a villa generously

loaned bv the Marion owner, Moore, which was temporarily transformed into a surgery assemble line. The people who put together these campaigns are Lesley Normington(Founder "Amigos Gatos do Algarve"), Lynn Lionel Pedro,

Jacobs, Judy McKean (who invitedus), Marian Moore, and animal organization "Amigos dos Gatos do Algarve" through which the veterinarian volunteers

from the Worldwide Veterinary Service came to perform the operations on this particular campaign. During the year, neutering also takes place, but without the help of these

which kindly feed the street cats, were advised beforehand of the dates of the neutering campaigns for easy identification of the areas. Lynn, Judy and Kevin placed the cages/traps after dark in strategic places where colonies of fe-ral/street cats inhabited. Early



A cat fully recovered from surgery (notice the ear tipped)

next morning, each cage was collected, immediately identified on a form placed on the front of each cage where they register the area street cats are the offspring of tamed animals that belonged to somebody and can be elusive, do not easily trust humans, and are difficult to capture (Kevin proudly showed us a rather impressive cut on his finger made by one of the frightened cats).

The cages were then brought to the villa where each cat was prepared and put in line for operation. When their turn came, the cat had to be transferred into a special cage (crusher cage) to keep them still to enable Dr. Forbes to give the anaesthetic injection. After the cat was under sedation, Nurse Tracy put eye drops to protect the cats eyes and gave them an antibiotics and an anti-parasite injection and placed the 'patient' on the operating table where the experienced hands of Dr. Forbes made the first incision. Castration of males taking as little time as a minute and Tracy was able to do this operation. The process for the females obviously took longer. The females ended up with the smallest incision I have ever seen. Once the operation was over, Nurse Tracy put further eye drops and tipped the left ear, to prevent that in future neutering campaigns the cat is not op

erated again. Then caringly Tracy picked up the sleeping cat and, involving him in a clean sheet, placed him in his respective iden-tified cage where comfortably regain con-

sciousness. Judy and Kevin insured that the process kept flowing including sterilizing the cages

traps and cleaning up after each operation. All cats were taken the following day completely recovered and after hav-

i n g had a happy meal to fill their bellies to the exact where they found. The principle of Trap-Neu-

ter-Return is followed humanely by this wonderful team who even took care to not only pick up a mother cat, but also her litter to keep the family together so that the 4 day old kittens would come to no harm during mom's opera-

Dr. James Forbes, who came all the way from West Australia, told us that after a short stay in England where he visited his Mother, he arrived at the Faro airport on Saturday and Sunday morning started operating the cats. He retired 8 years ago and with the Worldwide Veterinary Service through which he travels to work in neutering campaigns around the world. The only work besides the neutering campaign that he maintains is treating and caring for horses Every year he has a tight schedule operating in different parts of the world in countries like Vietnam, Thailand and India. In these countries the campaigns are mostly for neutering dogs. He said that in India around 10,000 people die of rabies each year. He believes that neutering cats

has since been involved

and dogs is the only way to reverse the street cats and dogs overpopulation. The week 18 Oct to 24 Oct was dedicated to only neutering cats as the house was an improvised surgery and therefore not prepared to perform operations on larger animals such as dogs. The following week Dr James Forbes would be operat-ing dogs at Goldra where they have an operating theatre well prepared for neutering bigger ani-



Judy McKean helping in the surgery improvised theatre

mals. When this campaign is over, he will travel to Paxos, near Corfu, in Greece to help in one more neutering campaign.

Vet Nurse Tracy Hewitt arrived also on Saturday together with Vet Assistant Kevin Meehan, both from Glasgow, where they work at a PDSA veterinarian hospital. The PDSA is a non profit organization that live on donations to provide animal care to pet owners of low income or who live on

welfare. Animal lovers of all social status make donations or leave inheritance money to build a new wing for a hospital or buy the much needed medical or surgical appliances and supplies. Tracy and Kevin (who told us humorously that he is a reformed male stripper), are young and always smiling and you could see that this voluntary work was exactly what they had studied for, to make a difference. They even paid for their own airplane tickets to help in this campaign. The

Os Amigos dos Gatos do Algarve, an associated member of WSPA, is an all volunteer nonprofit organisation that runs feral and street cats sterilisation campaigns relying heavily on donations. 4.000 feral and street cats have been neutered through AGA since 2.000. Any person can make a donation to Os Amigos dos Gatos do Algarve, be it substantial or not, it is always welcome. Volunteer helpers are also

badly needed, to assist in projects. For every baby that is born on



Dr. James Forbes performing surgery assisted by Kevin Meehan



Cats recovering from operation in their identified cages.

three of them stayed at Lionel Moore's house who happily provided for everything, including food, during their stay.

To set up this campaign, Lesley arranged the help from Worldwide Veterinary Service and Lynn organised the logistics with the collaboration of Judy. The majority of the neutered cats were returned to their environment, and if any animal required special needs it would be sent to the animal shelter Goldra in Loulé, with whom Os Amigos dos Gatos has an agreement



any given day, 7 kittens are born. One cat has 4 kittens, each of the 4 kittens has 4, then each of each 4 has 4... and 16 months later there will be 36 cats. By these numbers, you will see that there will never be enough homes for all of these kittens. In seven years, one female cat and her offspring can produce 420,000 cats. Street cats neutering campaigns are the only way not only to keep their breeding under control, but also so the animals can lead safer and healthier lives. Although feral and street cats fear humans, they are still domestic animals and, unlike wild animals, cannot fend for themselves. Like Normington founder of Os Amigos dos Gatos do Algarve said, "do the street cats and dogs belong to nobody, or do they belong to all of us?"

A great THANK YOU to 'Os Amigos dos Gatos' and their team of helpers in the name of all feral and street cats (and dogs) living in Algarve. More Information on (T. 962 414 584/T. Fax: 289 514 218) www.agalgave.com

Lynn and James during a coffee break

kind volunteers it becomes very expensive and money is something that evades these animal protection groups.

Veterinary Dr. James Forbes, Vet Nurse Tracy Hewitt and Vet Assistant Kevin Meehan, worked non-stop neutering a total of 132 cats in 6 days. Almost all cats were captured in the Albufeira and Rocha Brava area. Cats can be found everywhere, in rural and populated areas, behind and alongside buildings, on rooftops, in trees, under cars, in hospitals, and even perched on air conditioning units on the sides of buildings. The local people, some of

where the animal was trapped, any particular information and presumed sex (the cat's sex was only confirmed after sedation). Cat trapping was also done manually during the day

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Lynn Pedro opening her present at lunchtime

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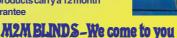
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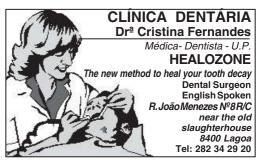
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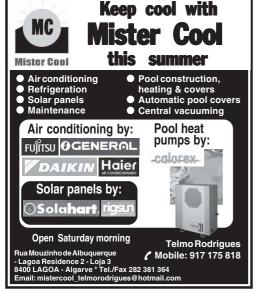
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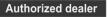
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ST MARIA, São Pedro do Estoril Catholic Service in English every Sunday at 10:15 Tel. 21 467

3771 OCEAN CHRISTIAN COMMUNITY - An Interna-OCEANCHISTIAN COMMONT 1-ATIMETINE tional Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Saboia, Rua Belmonte, No. 1, Estoril. For more information contact us on 21 9282019

INTERNATIONAL BAPTIST CHURCH OF LIS-BON 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1st Floor, 1050 Lisbon. Rev. Joseph Ian

Momoh
BAPTIST MISSION - Esqueira (Aveiro) Traditional Baptist church service in English on Sunday at 5pm Contact: Pastor David Loop Tel 965363-986.
GREATER GRACE WORLD OUTREACH has

Live(and archived!) upbeat and inspiring Wor-ship Services available for free viewing thru theirwebsite www.ggwo.org—the site also gives contact info for their ministries in northern and southern Portugal. Check it out and be blessed RIVERSIDE INTERNATIONAL CHURCH Of-Solvierin Forbiga, construction and excession in Terman Tonal CHURCH Office: Rus São José 178, 1 dto, Fontainhas, 2750-134 Cascais, Pronec: 21 4836590, Fax: 21 4836592, Church: ABLA (next to Rivieria Hotel), Praceta Infanta D. Henrique, N° 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 90.00m in Portuguese and 11:00am in English. Creche, children and youth ministries provided.

THE DOOR Christian International Church meets at Cladeo Desportive, Praceta Carlos Capitulo, Loja "B" Massama / Queluz, every Sunday at 10:00am and 7:00pm-al welcome. For more information call "Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

Bless! CHAPEL OF ST. PIUS X: PRIORADO S.PIO X, Estrada de Chelas, 31, 1900 Lisboa. Tel.(21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Monforte (Alentejo) also 2nd & 4th Sundays 6 30pm. Posidia 2

New monthly event

Modern worship

6.30pm for coffee

7.00pm for event

of the month

Every second Saturday

Focus

Ernesto Cardoso
ST GEORGE'S CHURCH, LISBON (Church of
England). Rua S.Jorge. Enter through British
Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30 am every Sunday.

ST PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (be hind Hotel Sana Estoril). Sunday School. Serv

hind Hotel Sana Estoril, Sunday School, Service 9.30 am every Sunday. T.E. 21.4692203.
ST. MARY'S, S. PEDRO DO ESTORIL. 368
Rua Ghufral, Mass each Sunday and Holyday.
10.15am Tel. 21.467.3771
ST. ANDREW'S CHURCH OF SCOTLAND.
(PRESBYTERIAN) Rua Amiaga, 13, Lisbon:Sun.
11.00. Minister's Tel: 214.837.885,
www.standrewsilsbon.com.sapo.pt
CASCAIS INTERNATIONAL CHRISTIAN.
CHIBCHA via Silvira. Nº 4154. Caseais (Gill.

CASCAIS INTERNATIONÀ CHRISTIAN CHURCHA v. de Sinta, Nº 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies. THE SALVATION ARMY, LISBON Reboleira Corps (Praceta Almada Negreiro, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Ruid de Sousa, Lote 65 A loja C); Laranjeiras Corps (Baliro de Laranjeiras). At all these corps: Moming Service 3 Joam Salvation Meeting 5 Oppm Picheleira Corp Rua Capitão Roby, Picheleira, Lisbon (21 805708).

Picneleira out rue capitate 16-57.

IGREJA DE CRISTO (CRISTA)
Carcavelos, Rio de Moura & Lisbon. At all three centres, services in Portuguese, bilingual courselling, (Tel. 21 2461596).

LISBON SYNAGOGUE:
Rua Alexandre Herculano 59, Tel 213 931 130
Facto 13 88 4304 e-mail: celesboa@mai Itelenac.bt

BAHÁ'Í FAITH – Av. Ventura Terra, nº 1, Lisboa.

unna I PAI III — Av. Ventlura Terra, nº 1, Lisboa, Tef. 217590474. E-mail gae@bahai, pl IGREJA BAPTISTA de Queijas (close to Cascais) Rus Cardos Santos B6, Queijas Netar the Olympic Stadium off the A5. Tef. 214 172 087. Sunday Service: English 10:15 / Portugues 12:00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English tolivered by Sunday School.

JEHOVAH'S WITNESSES - Public Talk in English. Rua João de Deus, 76. Sintra. (Behind Sintra train station). Sunday 3pm. Tel: 214 690

JEHOVAH'S WITNESSES - Public Talk in Eng-lish. Rua da Barroca, 122 (Bairro Alto), Lisbon-Saturday 6.30pm. Tel: 213 421 604. No collec-tion.

The Algarve

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Sat 8th Nov

for details on

email-

913 362 221 or

or just turn up.

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More info: www.stvincentsalgarve.org
ALL SAINTS ANGLICAN CHURCH, AIGARVE ALL SAINTS ANGLICAN CHURCH, AIGARVE—Contemporary, Evangeliad worship, Sundays: Holy Communion Service with Crèche and Adventurers. 10.30 am Communify Centre, Almandi (ASCA — Associção Social e Cultural de Almandi)! Service in Lagoa at Lagoa Convent Chapel épm. Details from 282 390311 or www.allsaintsalgarve.org. See our website for dates of Services of Holy Communion.

CENTRO CRISTÃO FONTE DE VIDA Penteostal Church. Sitio do Paul. Estrada do

CENTRO CRISTAO FONTE DE VIDA Pen-tecostal Church, Sific of Paul, Estrada do Sargaçal, Sargaçal 8600 Lagos. Apartado 438861/905. Fidays Youth meeting at 90.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Vebsile www.fontevida.org THESALVATION ARMY INSÃO Brasde Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril nº 19 (Angrut to the Market).

Army Citadel in Sao Bras at 5pm, Hua 25 de Abril, nº 19 (next to the Market) CATHOLIC MASS every Sunday partly in Eng-lish: 11am. at St. Lourengo Church - Almancii 6.30pm. at Four Seasons Country Club—Quinta do Lago — Almancii. Further information, please contact the International Catholic Community of Almancii (Griselda Neto on 966168120 or Vitor on von @ domogor.com).

INTERNATIONAL CHRISTIAN FELLOWSHIP in Portimão invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abril 117, R/C-D1 Portimão. forchildren. Av. 25 de Abril 17, RIC-D1 Portimão. Bible study on Tuesdays; 10,45 for 11 am at "The Bridge" (A Ponte) in the Cedipraia Shopping Centre near the church. Tel 282 461 985. LIVING HOPE BAPTIST CHURCH English speaking services every Sunday 5 p.m. About 100m North of builling circle in Albufeira. For more information contact pastor Mark: 96480765. Cennail; pastor 69bev. pt. CHURCHIN ALJEZUR/VALE DE TELHA. Our resistion. Methbeu 281:80.0146. no uteach from

INTERNATIONAL COMMUNITY CHURCH in INTERNATIONAL COMMONITY CHURCH IN Lagos invites you to attend its services in Eng-lish on Sundays at 11.00am. Sunday School for children. Urbanização Vila Praia da Dona Ana, Lote 11 B, 8600 Lagos (50 metres from the Hotel Golfinho). PIL 282-08860 40 r 282-897548. INTERNATIONAL EVANGELICAL CHURCH OF THE LOGARITY.

OF THE ALGARVE
Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterslide Park. Services in English, creche and Sunday School. For high part of the part of the 200 200005

further information: 289 328635. **LAGOA CHRISTIAN FELLOWSHIP** An International English speaking church. Contempo national English speaking church. Contemporary worship and Christ-centred study of the Bible. 'God Squad' for kids, toddler thru pre-teen. Service every Sunday 1 fam to 12:30 pm. Portuguese translation available. Address: EN125 - Vale de Lousas, Alcantarilha. Next to Auto Hael, SACI. & Centro de Laerieas. Pastor Alipolo Amaral Tel 282 381347. Visit our websile at www.lapore/clus-ship over

at www.lagoafellowship.com TAVIRA CHRISTIAN CENTRE Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Candido Reis. Full programme and further details from Jackie 281 322 857, Geoff 999 100 121 or Maria 966 390 404. E-mail: jackleandmo gylanoc.oc.uk RESGATE DE VIDA , LAGOS APOSTOLIC

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934 241 766 email finlan@sapo.pt
ROMAN CATHOLICST. ANDREWS, PENINA
R.C. Mass in English every Saturday 6pm, St.
Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151 Lion, please contact Padre Manuel 282 459151
SALVATION ARMY Service Sundays at
10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese
staring at 9.30 until 10.30. Rus 25 de Abnjn.
19. São Brás de Alportel
EREV SHABAT- For services Tel: 282 416710
JEHOVAH'S WITNESSES - Public Talkin English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emgembeiro Sarrea Prado,
Portimão (Next doort othe University), Saturday
4pm. Tel: 282 484 545. No olloetion.
JEHOVAH'S WITNESSES - Public Talkin English. Rus Bartolomeu Dias, Albuéria. (Next doine
lish. Rus Bartolomeu Dias, Albuéria. (Next doine)

lish. Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 1pm. Tel: 282 442 279. No collection.

Oporto

ENGLISH SERVICES In OPORTO— GREATER GRACE now has contemporary worship in Porto as of 11/18; Featuring uplifting ship in Porto as of 11/18; Featuring upliffting music and insightful Biblical teaching our meetings take place in the Sala Grande at Hotel Peninsular, Rua Sá da Bandeira, 21 (behind the McDonald's in the Praça de Liberdade) while we continue our search for a permanent location. Service time is 16 (hother service times are being considered for 2008). More information is available on www. NovaAurora.com, by emailto nova. aurora@clix.pt or by calling 91 711 2736. We are also looking for reinforcements for our worship team, so come and meet us. More information about Greater Grace, including live and archived services, can be seen at and archived services, can be seen at

www.ggwo.org. RIVERSIDE PORTO INTERNATIONAL RIVERSIDE PURIO INTERNATIONAL CHURCH - Oporto. A church that is fun and enriching: Bible based and relevant. Caring, supportive and international. Interdenomina-tional meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VMG, be-tween Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 404 611 for more details. Contact 914 949 611 for more details, contact or 914 949 611 for n @riversideporto.com

w.riversideporto.com

JAMES'S CHURCH, ANGLICAN CHAPINCY OF OPORTO. Largo da Maternidade, io Dinis. Sun. 11am Details from Chaplain
9 609 1006. www.stiamesporte.com

Julio Dinis. Sun. 11am Details from Chaplain (22) 669 1006 www.stjamesoporto.org THE SALVATION ARMY O'PORTO Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntá-rios; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm. Ladies Home League Meeting, JEHOVAH'S WITNESSES - Public Talkin English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH. At 6:00pm on the first Sunday of each month, except in August and January, Held in the Evangelical Baglist Church, Rua Dr. José Saudade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

QUICK **CLUES**

The Portugal News

Crossword No. 217

ACROSS

- 6. Malady (7) 7. Beneath (5)
- 9. Crease (5)
- 10. Least (7)
- 12. Command (11)
- 14. Component (11) 18. Unaffected (7)
- 19. Amusing (5)
- 21. Player (5)
- 22. Move forward (7)

DOWN

- 1. Passage (5)
- 2. Keep (6) 3. Employ (3)
- 4. Maintain (6)
- 5. Assault (3,4)
- 8. Alcoholic cordial (7)
- 11. Moral (7)
- 13. Sovereign (7)
- 15. Coma (6)
- 16. Usual (6)
- 17. Negligent (5)
- 20. Uneven (3)

QUICK SOLUTIONS Nº: 216

Across: 1 Successful; 7 Union; 8 Obtrude; 10 Intrigue; 11 Bump; 13 Attach; 15 Tiller; 17 Inns; 18 Platform; 21 Naively; 22 Stern: 23 Ingredient.

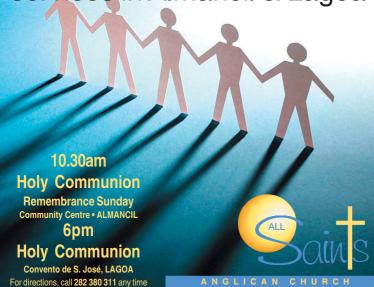
Down: 1 Stint; 2 Convince; 3 Exodus; 4 Sets; 5 Unusual; 6 Jubilation; 9 Experiment; 12 Distaste; 14 Tension; 16 Played; 19 Overt; 20 Sear

Upward Glance

"This is also why you pay taxes, for the authorities are God's servants, who give their full time to governing."-Romans 13:6



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Assistant Priest: Rev'd Jackie Nevill • 282 338 553 • Mobile: 914 781 453 Reader: Paul Luckman • Mobile: 917 240 123 info@allsaintsalgarve.org • www.allsaintsalgarve.org

Please enquire about Baptism Services, Marriage Blessings, Funeral Services etc.

Forgiveness

Recently I read a story about a man who complained to his coworker about a fight he had with his wife the night before. "She got really worked up. I mean eventually she got historical." friend laughed and said, "You mean she got hysterical." "No, she got historical. She brought up every mistake I have made in the last ten years of marriage.

We chuckle as we read this account but there is a lot of truth to it as well. That is the way we sometimes "for-give." We keep a mental record of the offenses others are guilty of, saving them to bring up and acuse them of again later. But God is not like that. Forgiven sin has no

"history." It is gone forever. Jesus came to make an end of sins and to bring in everlasting righteousness. (Daniel 9:24) If only we offered others the kind of forgiveness that God offers us. As humans, all of us are sin-

ners. Ever since the first man, Adam, sinned, all mankind has been born into sin. Most of us realize that we do things wrong and offend a perfect God. Because this is true, we need a Savior, Hebrews 8:12 says, "For I will forgive their wickedness and will remember their sins no more." Our sins are expunged from our official file when we accept His gift of forgiveness. He erases it all as only He can do. Since our sins have been

erased, they cannot be imputed. That is, God no longer holds our sins against us. The word, "impute" is a mathematical or bookkeeping term. In forgiving our sins. He no longer holds them against us. Our sin ledger has a zero balance. Since no sin is allowed in heaven, this is wonderful news. Through His deaf and resurrection, we can have the slate wiped clean and enter heaven on His What wonderful merits. news!

More information about how to have a relationship with God can be found at www.rbc.orgpersonal_ relationship_with_god.page

Announcements



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LONELY? BORED? Come and join out happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbar for details of our work. Tel.: 962 633811.

CASA - WELL-KNOWN local social club (over 300 members) who raise money to help many needs in the area. Open to all, with a monthly newsletter of events and dinners (local venues for reasonable prices). Plus outings to interesting places in Portugal and Spain. Find out more by calling Mary 282 357 275.

DON'T MISS a visit to the FARO JEWISH HERITAGE CENTRE - The only remaining vestige of the 1st post inquisition Jewish Presence in Portugal – Open Weekdays 9h30 – 12h30. Tel: FJH Centre: 289 829 525 or João (Guide) 936 394 488. www.forojewishheritage centre.org/

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Charities

DONKEYS, DOGS and kittens! Please call the Donkey Sanctuary if you can help home an animal in need. Mobile 965.019 796.

THE ANIMAL charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley-mobile 962414 584.

CAR BOOT Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail. telepac.ptformore information

ABA CHARITY shop, Av. do Tenis, No 41D, Albufeira. Open Tues. to Sat. 10.30am till 2pm. Donations of bricabrac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, 962 633 811, for details of our work for an imal welfare. Please help.

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Madeira parliament heats up as politician raises Nazi flag



A parliamentary hearing in Madeira was suspended this week when a PND - New Democracy Party - politician, José Manuel Coelho, raised a Nazi flag and called the PSD/Madeira parliament representatives

At the beginning of the session José Manuel Coelho had given red carnations to those present as a sign of protest against the region's 'dictatorial regime'. He was told to be seated as he was disrupting the normal business of parliament.

"Three Mayors have already tried to kill me on orders from fascist chief Alberto João Jardim", he said.

Leader of the Madeiran Social Democratic bench (PSD-M) Jaime Ramos revolted against the act, asking that the politician be suspended from Parliament and subjected to parliamentary immunity. This motion was approved by the majority of PSD-M members

"We will not pass on our rights and we will not admit that that deputy is here until things have been clarified", he said.

President of Parliament Miguel Mendonça also instructed José Manuel Coelho to "put away the flag" and summoned an emergency meeting with other leaders.

The following day, security guards prohibited Deputy José Manuel Coelho from entering

A1 GP want to bring car factory to Portimão

Tony Teixeira, President of A1 Grand Prix, is intending to transfer the single-seater competition car factory to the International Algarve Motorpark, in Portimão. Paulo Pinheiro, CEO of Parkalgar, has confirmed negotiations have taken place.

October car sales drop

are said to be gloomy.

Car sales in October have dropped by

seven per cent, in comparison to the same

month of 2007, and previsions for next year

The Portuguese businessman became head of A1 GP after Sheik Maktoum Hasher Maktoum Al Maktoum left in 2006, and now he wants to make some changes: "I'm Portuguese, I live here and I want to bring the A1 GP headquarters here, to make a Portuguese product for the world has always been my dream" said Tony Teixeira, who intends to "build the cars, do track testing and define the typology of the A1's, A2's and A3's" at the Algarve Motorpark.

Paulo Pinheiro told Lusa News Agency there "is an agreement for the occupation of 10,000 sq metres of the Technological Park, which includes

In total, in October, 19,203

vehicles were sold, and next

year's figures are expected to

Ricardo Oliveira, spokesper-

son for Renault, had no doubt in

saying "the market is in recession

and that tendency will carry on'

Hélder Pedro, general secre-

tarv of ACAP (Portuguese Au-

tomobile Club) said October's

figures are even worse than ini-

tially expected. He also said he

expected the total of yearly sales

continue to fall.

until 2009.

using the track for testing."

Unlike Formula 1, A1 GP cars are all the same and manufactured by the organisation. The engines are now being built by Ferrari and the company also assists with the design of the chassis. The components of the vehicles are built all over the world but the final assembly line is now to be moved from Sussex to Portimão, which should hire around 600 people.

Paulo Pinheiro also told the

Structural assessment vehicle to be

Designed by German manufacturers TÜV, the vehicle is to be used on the likes of bridge surfaces and airport runways, without causing damage to pavements or disrupting air or road

It is to be launched on November 13th at the National Laboratory for Civil Engineering

Project Manager Rodrigues explained how the machine, which can travel at speeds of up 100 kilometres per hour, uses cameras and lasers to gather data, which will allow experts to define and evaluate "with precision" any areas that require improvement.

"There is no impact whatsoever on the normal functioning of traffic or airports as the vehicle simply glides along surfaces and its cameras pick up information".

The Argus acts on three levels: identifying areas that need immediate intervention, highlighting critical points, and allowing planning for future work".

Regarding bridges, the system is installed along the infra-struc-

ture, and can, for example, count cracks.

In Germany, where the technology was developed, around 1000 studies have already been carried out using the Argus's in-

Based on the Argus' design a smaller vehicle has been developed to analyse walkways

José Manuel Coelho from the New Democracy Party in Madeira was suspended on Wednesday after raising a Nazi flag in Parliament and calling the PSD/Madeira representatives fascists. (Photo: Lusa / Homem Gouveia)

launched in Lisbon

traffic flow.

Lusa News Agency that, besides the A1 GP factory, negotiations are taking place to install two companies connected to the automobile industry at the Algarve Motor Park

Road deaths down ten percent

Official figures from the National Authority for Road Safety (ANSR) have confirmed that there were 74 fewer deaths on Portugal's roads this year, in comparison to 2007. representing a fall of 10.6 per cent.

to close with a drop of two per cent, in comparison to 2007. ACAP believes this confirms

a "strong deterioration in consumers' trust, associated with the financial crisis and the enormously volatile international

Difficulties in obtaining loans and credit are also being underlined as serious deterrents for car

In October 14,678 passenger vehicles were sold and 4,525 commercial vehicles.

Between January 1st 2008 and last Friday, 622 people had been killed on Portugal's roads, 10.6 per cent less than last year, when 696 people lost their lives in crashes during the same pe-

However, data released this week on ANSR's website does not include accidents in Madeira or the Azores, nor does it take into account accidents which happened on mainland Portugal on Sunday (November 2nd), when the national GNR brigade

registered 178 crashes in Portugal, causing six deaths.

According to ANSR, the number of seriously injured crash victims has also diminished this year, by 19.2 per cent.

Whilst in 2007, between January 1st and October 31st, the authorities had counted 2,619 serious injuries, this year that figure dropped to 2,114.

Lisbon registered the highest number of road fatalities (77), followed by Oporto (68), Aveiro (59) and Setúbal (56).

Failed ATM robbery

The Argus, a data-gathering vehicle for bridges, tunnels

structural safety, is being launched next week in Lisbon.

and roads, that assesses the state of surfaces and

Five hooded men attempted to rob an ATM at Lagoa's Galp petrol station on Wednesday morning, at around 05h30. The robbery was unsuccessful as the assailants fled the scene when a car approached.

The five hooded men arrived at the petrol station in two separate vehicles at 5.15 am. At the time of the incident there were three employees and three customers at the coffee shop. Four of the men, wearing hoodies and gloves, went straight for the cash point and told everybody to stay still and be quiet.

But one of the customers, inebriated from the previous night, kept on chatting with his friend as if nothing was happening, workers at the petrol station told The Portugal News the following mornants told him to be quiet, to which he answered: "Who are you to tell me to be quiet?"

After successfully ripping four men smashed the window of the coffee shop and dragged the machine out-doors to one of the vehicles.

The men were obviously by the arriving customer, and fled the scene in a rush with-out taking the ATM or any money. None of the men had any weapons.









The final round of the World Superbike Series had a dreamy end for Troy Bayliss as he retired from racing life with two victories at the brand new racetrack in Portimão. Despite having to qualify in the rain, riders were blessed as the clouds scattered for the weekend to make the inauguration of the Algarve Motor Park an unforgettable experience for Portugal

Although Troy Bayliss had already guaranteed his victory of the World Superbike Series in the previous round, he wanted to end his racing career with a victory at the brand new racetrack.

Getting pole position for both races, and winning both, Troy Bayliss retired from professional racing with a strong affirmation that he was probably one of the best and most successful riders ever in the Superbike Series.

The inauguration of the Algarve Motor Park was not plain sailing though as the A22 access road was only ready over the weekend, making access very dif-ficult during the first days and completely clogging up the back roads that access the Algarve Motor Park.

Although the event was a success overall, it was clear that the project was rushed to be ready in time and several finishing touches are needed to complete

Manuel Pinho, Minister of Economy; Manuel da Luz, Portimão Mayor; Bernardo Trindade, Secretary of State for Tourism and Laurentino Dias. Secretary of State for Youth and

Sport; were present for the official inauguration on Sunday and were honoured to attend the inauguration of such an ambitious project, which had various entertainment, such as Toro Rosso's Formula 1 car driving around the track, aerial shows and dance performances.

Michael Schumacher was the surprise guest at the racetrack and has shown his new interest in racing, the two-wheeled Superbikes. He has a great interest in motorbikes as it is an adrenalin rush which he has not mastered completely yet, unlike cars. The seven times Formula 1 World Champion had the open track to show his skills on Troy Bayliss' Ducati and Yamaha motorbikes on Monday and was extremely impressed by the track saying it is a very challenging circuit for riders.

This weekend the Algarve Motor Park is holding its second event, the Spanish GT Championship.

Tickets to races, etc. being held at the Algarve Motor Park are available from Fnac Shops; Forum Shopping, Faro; Guia Shopping Centre and online at: www.autodromodoalgarve.com



Michael Schumacher chats with Australian Superbike rider, Troy Bayliss, before the Superbike race at the Algarve Motor Park on Sunday in Portimão. (Photo: Lusa / Luis Forra)

Portuguese teams bounce back into Champions League contention

Sporting and FC Porto were both victorious in their Champions League draws this week, with Sporting beating the Ukrainian champions Shaktar by a single goal and FC Porto ending their losing streak by beating Dynamo Kiev two goals to one. Sporting are now in the knockout stages for the first time ever and FC Porto are strong contenders.

On Tuesday night, Sporting started with two strikers as Paulo Bento chose to put Hélder Postiga up front with Liedson, with hopes of giving the team a more attacking approach to the game.

The game was balanced throughout but it was Sporting who were the most dangerous in counterattacks, winning lots of corners and testing Shaktar's keeper at all times.

Paulo Bento's 69th minute substitution was a wise one as it was Derlei, who came in for Postiga, and scored the goal four minutes after playing on the pitch, guaranteeing Sporting's place in the knockout stages with two games to spare. They will now receive Barcelona at home with no targets to achieve on Wednesday 26th November at 20.45.

FC Porto had a nail biting game against Dynamo Kiev and were able to beat them in extra time with a last minute effort from Lucho Gonzalez. The game was fast paced throughout and FC Porto started very positively, just like their game against Arsenal, which ended dreadfully and Dynamo scored the first goal with an effort gliding past Helton after 21 minutes played.

Undeterred and unwilling to lose against Dynamo by one goal again, Porto persevered and it paid off as Rolando scored late in the second half, equalising the score. Dynamo almost took three points as a late effort hit the post. but the counterattack that came

from the effort allowed FC Porto to take the three points instead as Lucho converted a low cross from Lisandro Lopez

With this win, FC Porto are now placed second in their group with six points, two behind Arsenal. Their next fixture is away against Fenerbahce on 25th November at 20.45.



Algarve dominant in Portugal Rally 2009

The 2009 Portugal Rally, part of the WRC World Circuit, will have two new super special stages at the Algarve Stadium as well as a few changes in the routes.

According to the organizers of the event, the rally will take place in the Lower Alentejo and Algarve once again, with a total of 1,165 km over three stages.

Scheduled for 2nd to 5th April 2009, the first stage, going through Ourique and Malhão, will have a few changes and Silves will be part of the rally for the first time in a completely new route (21.5 km).

In the second stage, Santa Clara and Almodôvar will also have slight changes in the course.

The third and final stage will have the worlds best rally drivers competing in Loulé and finishing the event with an exciting, two-leg, super special stage at the Algarve Stadium, Faro.



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